Xbox Live Privacy Settings allow you to control how your child interacts with other players online and how much content they’re exposed to. You can also add individual Xbox Live restrictions through your Xbox 360 and Xbox One settings.
What do I need?
An Xbox account. (Email address and Password)

Restrictions you can apply

Browser Access

Chatting

Game Ratings

Inappropriate content
Step by Step instructions

1. Go to Your Xbox account and sign into the Xbox Live account using the email address and password.
2. On your account home screen click on the ‘Security, family & forums’ icon.

3. Click on the ‘Privacy settings’ button.
4. Select your protection level in each category to suit your family needs.