

# My5 Parental Controls

## Controls & Settings guide

Channel 5 content can be streamed via the My5 platform on a range of devices. Through the platform you can set up a PIN to block access to G-rated content (guidance). The G-rating is for content that Channel 5 deem unsuitable for children.



## What do I need?

My5 account username and password.

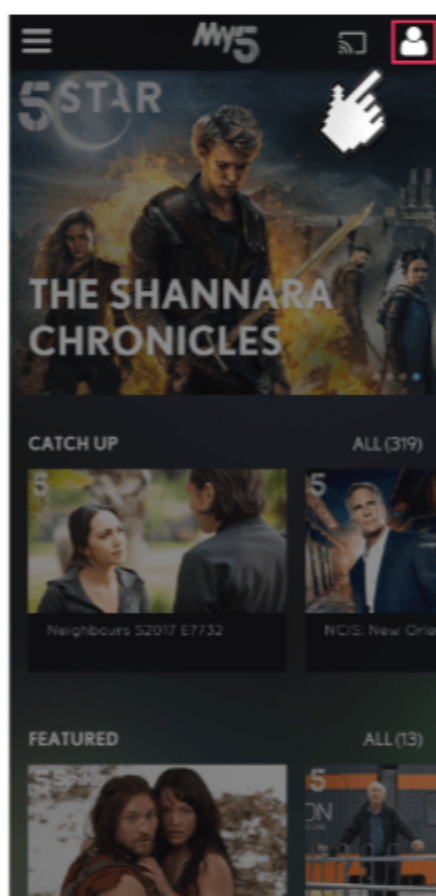
## Restrictions you can apply



Inappropriate content

# Step by Step instructions

1. Open your my5 app and tap the profile icon.



## 2. If you have an account sign in.

SIGN IN

Sign in with your social network:

f t G

Register for My5 to watch Channel 5, 5Spice, 5STAR and 5USA shows beyond 7 days, premieres and exclusives, and keep track of what you've watched.

or

Sign in with your My5 account

Email address \*

Password \*

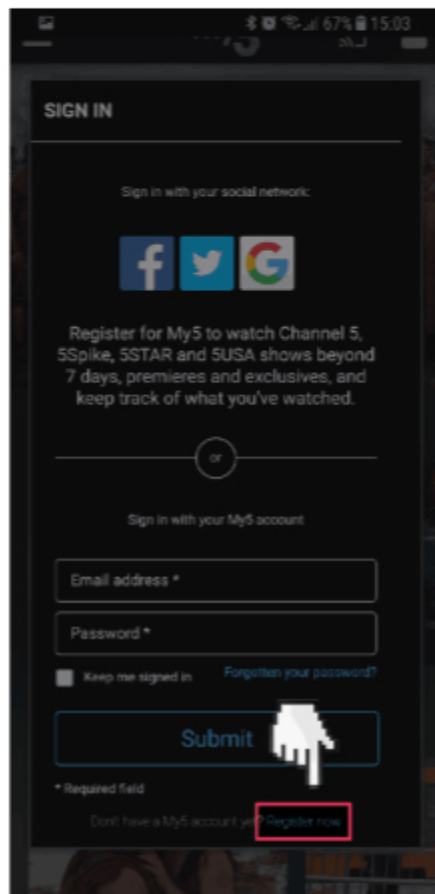
Keep me signed in [Forgotten your password?](#)

Sign in

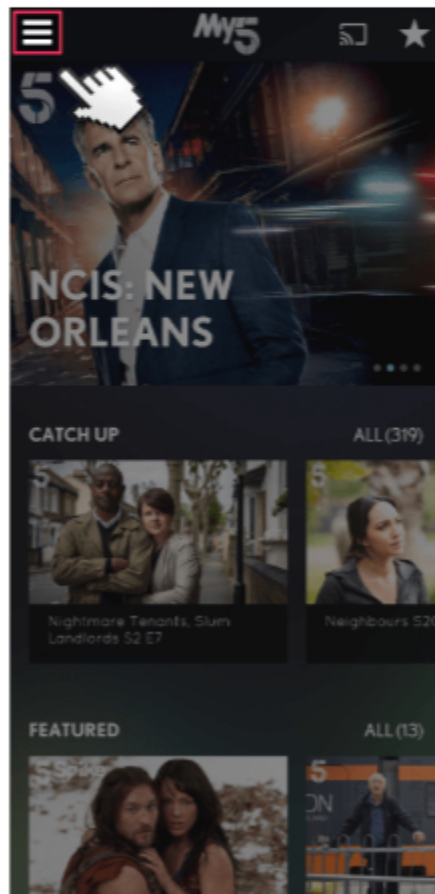
\* Required field

[Don't have a My5 account yet? Register now](#)

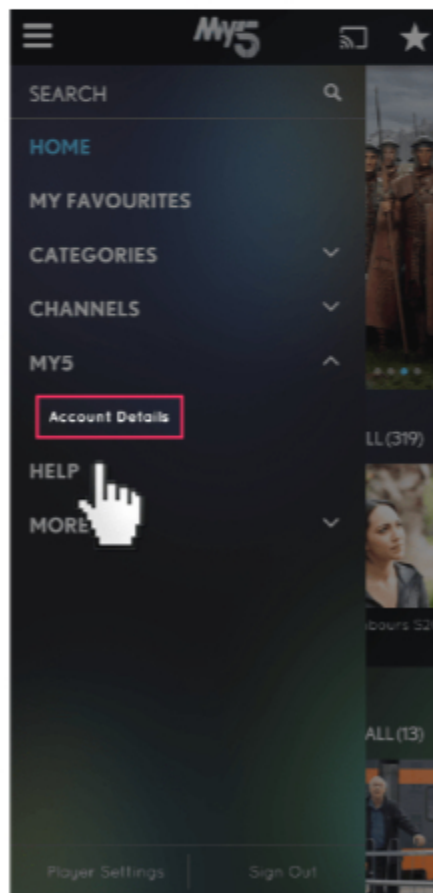
3. If you need to set up an account, tap the “Register now” link.



4. Once signed in select the menu button.



5. From the menu select “my5” and then “Account Details”.

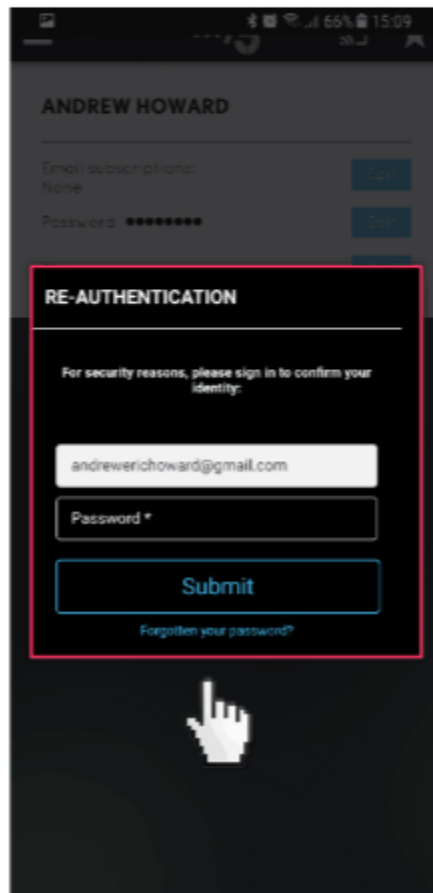


6. From the “Account Details” screen select the PIN “Set” button.





7. In the “RE-AUTHENTICATION” pop-up input your password and select “Submit”.



8. In the “SET A PIN” pop-up input your chosen PIN and select the “Save” button.



9. You have now set a PIN that will need to be entered when selecting content that has a G-rating.