Parental controls guide
Facebook guide

Parental Controls information

Type of guide
Social media privacy guides

Features and Benefits
Facebook features a number of functions to help your teen manage who can see their content and how they interact with others. They can also use the reporting function to flag content that breaks community guidelines and upsets them.

What specific content can I restrict?

- Chatting
- In App purchasing
- Inappropriate content
- Location sharing
- Parental control
- Privacy
- Privacy and identity theft
- Social networking

What do I need?
A Facebook account (username and password)
Step by step guide

Privacy Checkup is a great tool to use as you can manage your and your family’s privacy and security settings. To go to Privacy Checkup: Step 1 – From the home feed, click the three horizontal lines in the bottom right corner, scroll down and tap Settings & Privacy. Step 2 – Tap Privacy shortcuts, then Review a few important privacy settings. Step 3 – Here you can choose to control who can see your posts, how to keep your account, data settings, and much more.
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Privacy shortcuts

- Your time on Facebook
- Dark mode
- App language
- Mobile data use
- Code Generator
- Also from Facebook

Privacy

- Control who sees what you share on Facebook, and manage data that helps us personalise experiences.

Review a few important privacy settings

- Learn about your privacy on Facebook
- Manage your location settings

Account security

- Take actions to make your account more secure.

Privacy Checkup

We'll guide you through some settings so that you can make the right choices for your account.

What topic do you want to start with?

- Who can see what you share
- How to keep your account secure
- How people can find you on Facebook
- Your data settings on Facebook
- Your ad preferences on Facebook

You can check more privacy settings on Facebook in Settings.
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Step by step guide

Manage screen time You can see how your child is spending their time on Facebook. If you want to manage your time on Facebook: Step 1 – From the home feed, click the three horizontal lines in the bottom right corner, scroll down and tap Settings & Privacy. Step 2 – Tap Your time on Facebook, under Manage your time, tap See Tools. Step 3 – Here you can enable quiet mode, schedule quiet mode, or set a daily reminder.
Facebook guide

Focus when you need to
Turn on quiet mode when you need to study, do homework, work or just have time without distraction.

Manager your time
Use built-in mindfully with tools such as quiet mode and a daily time reminder.

Quiet mode
Mute most push notifications and limit notification data. The next time you open the app on this device, you’ll get a reminder that quiet mode is on.

Daily time reminder
Receive a reminder after you’ve used Facebook for the amount of time you choose.
Block someone There is more than one way to block someone. To block someone from their page: Step 1 – From your home feed, either search or click on their name, then tap the three dots next to the Message button. Step 2 – Tap Block, then Block again To block someone from your privacy settings: Step 1 – From your home feed, tap the three horizontal bars in the bottom left-hand corner. Step 2 – Scroll down and tap Settings & Privacy, then tap Settings. Step 3 – Scroll down and tap Blocking, then Add to blocked list. Step 4 – Then search for the name or email and tap block.
Enzo Decarlo Our brand is about tackling mental health through self-care methods.

If there are any males here that would love to answer my questions I would really appreciate it so I could give you guys better products that are suiting to your needs.

**QUESTION:**

1) What kind of skincare products do you use? Would you like to have? Need some suggestions on some more.

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![Facebook guide](image1)

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![Facebook guide](image2)

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![Facebook guide](image3)

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![Facebook guide](image4)
The list below shows results for people whose profile includes words similar to "lo". These people may not be your friends or followers.

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