Parental controls guide
Facebook safety and privacy settings

Parental Controls information

Type of guide
Social media privacy guides

Features and Benefits
Facebook features a number of functions to help your teen manage who can see their content and how they interact with others. They can also use the reporting function to flag content that breaks community guidelines and upsets them.

What specific content can I restrict?

- Chatting
- In App purchasing
- Inappropriate content
- Location sharing
- Parental control
- Privacy
- Privacy and identity theft
- Social networking

What do I need?
A Facebook account (username and password)
Facebook safety and privacy settings

Step by step guide

1. Block someone
   There is more than one way to block someone. To block someone from their page:
   Step 1 – From your home feed, click the magnifying glass in the top right and search for the person to block. When blocking someone in the comments section, tap on their profile picture or name to get to their profile. Step 2 – On their profile, select the 3 dots under their name. Step 3 – Then select Block and Block again.
   To block someone from your privacy settings:
   Step 1 – From your home feed, tap the 3 horizontal bars in the top right-hand corner. Step 2 – Select the gear icon in the top right. Step 3 – Scroll down to Audience and visibility, then tap Blocking to see the account’s list of blocked users. Step 3 – Tap + ADD TO BLOCKED LIST Step 4 – Then search for the name or email and tap Block and then Block again.
Blocked people
Once you’ve blocked someone, that person can no longer see things you post on your Timeline, tag you, invite you to events or groups, start a conversation with you or add you as a friend. This doesn’t include apps, games or groups you both participate in.

ADD TO BLOCKED LIST

Steve
UNBLOCK

Okemow
UNBLOCK

The list below shows results for people whose profile includes words similar to "mar". These people may not be your friends or followers.

Mark
BLOCK

Mary
BLOCK

Mariano
BLOCK

Marian
BLOCK
Report users and comments If users or comments go against Facebook’s community standards, they can be reported. To report a comment: Step 1 - Long-press the comment that you wish to report until a menu comes up. Tap Find support or report comment. Follow the instructions to select which standards it goes against and then tap Submit. To report a user: Step 1 – Tap on their name or profile picture from their comment and select the 3 dots under their name. Step 2 – Select Report profile and follow the instructions then Submit.
Who can see your profile and content Facebook has many settings to help users manage who can see what they post. To manage how people can find your account: Step 1 – From your news feed, tap the 3 horizontal lines in the top right corner and then the gear icon. Scroll down to Audience and visibility and tap How people can find and contact you. Step 2 – Change each option to Friends and change the search engines option to No. To manage who can see posts: Step 1 – From your news feed, tap the 3 horizontal lines in the top right corner and then the gear icon. Scroll down to Audience and visibility and tap Posts. Step 2 – Set each section to Friends. Individual posts can be edited to change the audience for that post only. To manage who can see stories: Step 1 – From your news feed, tap the 3 horizontal lines in the top right corner and then the gear icon. Scroll down to Audience and visibility and tap Stories. Step 2 – Select each option to limit who can see your stories. Options include Public and Friends as well as Custom options and options to hide stories from specific people. To manage who can see reels: Step 1 – From your news feed, tap the 3 horizontal lines in the top right corner and then the gear icon. Scroll down to Audience and visibility and tap Reels. Step 2 – Select from Public and Friends as well as Friends except... which allows you to select individual people to keep from seeing your reels.
Facebook safety and privacy settings

Audience and visibility
Control who can see your posts, stories and profile.

- Profile information
  - How people can find and contact you

- Posts
- Stories
- Reels
- Followers and public content
- Profile and tagging
- Blocking
- Active Status

Permissions
Manage what info Facebook uses to make your experience better, such as your interests and location.

- Ad preferences
- Location
- Face recognition
- Apps and websites
Facebook safety and privacy

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Who can contact you Under Audience and visibility, you can also manage who can follow and tag you or your teen. To manage followers: Step 1 - Tap Followers and public content. Decide who can follow you, who can comment on public posts, who you receive public push notifications from and who can interact with public information on your profile like your profile picture. To manage who can tag you: Step 1 - Tap on Profile and tagging. Adjust settings for viewing and sharing content on your profile, tagging you in photos and posts and whether you want to review tags that people add of you.
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Manage screen time You can see how you or your child is spending their time on Facebook. If you want to manage your time on Facebook: Step 1 – From the home feed, click the 3 horizontal lines in the top right corner and then the gear icon. Step 2 – Tap Your time on Facebook, under Preferences. You can set up quiet mode by tapping Manage your time or can manage which notifications you receive by tapping Control your notifications.
Welcome,
See how you’re spending your time on Facebook and get tools to help you make the most of that time.

- See your time
  See how much time you’re spending on Facebook and what you’re doing with your time.
  See Time

- Manage your time
  Use your time productively with tools such as a daily reminder.
  See Tools

- Get more from your time
  Make the most of your time on Facebook by staying in touch with friends.
  See Settings

- Control your notifications
  Choose which Facebook notifications you receive and when you get them.
  See Settings
Privacy Checkup This is a great tool to use as you can manage your and your family’s privacy and security settings. To go to Privacy Checkup: Step 1 - From the home feed, tap the 3 horizontal lines in the top right corner then select the gear icon. Select Privacy Checkup under Account. This will give you a step-by-step guide to review your account privacy.
Privacy Checkup
We'll guide you through some settings so that you can make the right choices for your account.
What topic do you want to start with?

- Who can see what you share
- How to keep your account secure
- How people can find you on Facebook
- Your data settings on Facebook
- Your ad preferences on Facebook
Security Checkup

Make sure your or your child’s account is secure by reviewing these settings. Step 1 – Tap the 3 horizontal lines in the top right corner and then the gear icon. Under Account, select Privacy and security. Step 2 – Under Recommended, tap Check your important security settings and follow the prompts to update important account information.
Security Checkup
No issues found

- **Your password is OK**
  - If you use your Facebook password for other online accounts then it's a good idea to change it.

- **Two-factor authentication is on**
  - Your account is protected with an extra layer of security.

- **Login alerts are on**
  - We'll tell you if someone logs in to your account from a device or browser you don't normally use.