Apple iPhone & iPad

Controls & Settings guide

You can enable restrictions to stop your children from using specific features and applications on an iPhone or iPad, including blocking access to iTunes, restrict explicit content and in-app purchasing. You can also limit access to the camera and sharing of photos.
### What do I need?

An iPhone or iPad device and account

### Restrictions you can apply

<table>
<thead>
<tr>
<th>Apps Access</th>
<th>Browser Access</th>
</tr>
</thead>
<tbody>
<tr>
<td>In App purchasing</td>
<td>Inappropriate content</td>
</tr>
<tr>
<td>Media streaming</td>
<td>Online games</td>
</tr>
<tr>
<td>Parental control</td>
<td>Sharing Data</td>
</tr>
<tr>
<td>Sharing location</td>
<td>Social networking</td>
</tr>
<tr>
<td>Timer</td>
<td></td>
</tr>
</tbody>
</table>
Step by Step instructions

Enable screen time

Managing in-app purchases in screen time

Guided access

Prevent web content

Restrict Siri web search

Restrict game center

Allow changes to privacy settings

Allow changes to other settings and features
1. **Enable screen time**

Using Screen Time to set content privacy restrictions and manage in-app purchases

Go to “Settings” and tap “Screen Time”.

![Settings screenshot](image)
2. Tap Continue, then choose “This is My [Device]” or “This is My Child’s [Device].”

If it’s a shared device and you’d like to ensure settings are not changed then tap “Use Screen Time Passcode”.

Then re-enter the passcode to confirm. If it’s a child’s device, you can follow prompts until you get to Parent Passcode and enter a passcode. Re-enter to confirm.
3. Tap "Content & Privacy Restrictions". If asked, enter your passcode, then you can turn on Content & Privacy.

Once you have set up your code, in this section, you can manage in-app purchase, access to apps and automatically filter website content to limit access to adult content in Safari and apps on your device.

<table>
<thead>
<tr>
<th>Setting</th>
<th>Allow</th>
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</thead>
<tbody>
<tr>
<td>Content &amp; Privacy Restrictions</td>
<td></td>
</tr>
<tr>
<td>iTunes and App Store Purchases</td>
<td></td>
</tr>
<tr>
<td>Allowed Apps</td>
<td></td>
</tr>
<tr>
<td>Content Restrictions</td>
<td></td>
</tr>
<tr>
<td>Location Services</td>
<td>Allow</td>
</tr>
<tr>
<td>Contacts</td>
<td>Allow</td>
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<tr>
<td>Calendars</td>
<td>Allow</td>
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<tr>
<td>Reminders</td>
<td>Allow</td>
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<tr>
<td>Photos</td>
<td>Allow</td>
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<tr>
<td>Share My Location</td>
<td>Allow</td>
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<tr>
<td>Bluetooth Sharing</td>
<td>Allow</td>
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<tr>
<td>Microphone</td>
<td>Allow</td>
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</table>
4. Managing in-app purchases in screen time

Tap “iTunes & App Store Purchases”. Choose a setting and set it to “Don’t Allow”.

Please note you can also change your password settings for additional purchases from the iTunes & App Store or Book Store. Follow steps 1-3, then choose Always Require or Don’t Require.

![iTunes and App Store Purchases settings](image)

5. Guided Access

Guided Access allows you to lock your iPhone or iPad when in an app. This may be useful for children as they won’t be able to come out of that particular app and will stop them from accessing other apps and settings.

To enable:

Go to your “Settings” tap “Accessibility” then scroll down and tap “Guided Access”.

Settings

Accessibility

- Touch
- Face ID & Attention
- Switch Control
- Voice Control
- Slide Button
- Apple TV Remote
- Keyboards

Hearing
- Hearing Devices
- Sound Recognition
- Audio/Visual
- Subtitles & Captioning

General
- Guided Access
- Siri
- Accessibility Shortcut

Off
6. **Tap the Guided Access toggle so it turns green.**

Then to start the Guided Access, tap the side (power) button three times. When enabled, the buttons and touchscreen will be disabled.

In this section, you can also set a passcode, time limit and enable auto-lock features.

To turn it off, tap the side button three times.

![Guided Access Settings](image)

7. **You can change the options which will appear in the bottom left of your screen which will allow the configure the settings for the app you or your child is on.**

Tip: Alternatively, you can easily turn on Guided Access by giving the command to Siri which Siri will automatically do for you.
8. **Prevent web content**

iOS can automatically filter website content to limit access to adult content in Safari and apps on your device. You can also add specific websites to an approved or blocked list, or you can limit access to only approved websites. Follow these steps:

Go to Settings, then Screen time. Tap ‘Content & Privacy Restrictions’ and enter your Screen Time passcode. Then, tap ‘Content Restrictions’, then tap ‘Web Content’.

Choose Unrestricted Access, Limit Adult Websites, or Allowed Websites Only.
Settings: Screen Time

ALL DEVICES

Daily Average
5h 49m

See All Activity

Updated today at 15:21

- **Downtime**
  Schedule time away from the screen.

- **App Limits**
  Set time limits for apps.

- **Communication Limits**
  Set limits based on your contacts.

- **Always Allowed**
  Choose apps you want at all times.

- **Content & Privacy Restrictions**
  Block inappropriate content.

FAMILY

- **Johnny Appleseed**
9. **Restrict Siri web search**

Go to Settings, then Screen time. Tap ‘Content & Privacy Restrictions’ if asked, enter your Screen Time passcode. Then, tap ‘Content Restrictions’. Scroll down to Siri, then choose your settings.

You can restrict these Siri features:

- **Web Search Content**: Prevent Siri from searching the web when you ask a question
- **Explicit Language**: Prevent Siri from displaying explicit language
Settings

Miss Sims
Apple ID, iCloud, iTunes & App Store

Airplane Mode

Wi-Fi

Bluetooth

Mobile Data

Personal Hotspot

Notifications

Sounds & Haptics

Do Not Disturb

Screen Time

General

Control Centre

Display & Brightness

Accessibility
10. **Restrict game center**

Go to Settings, then Screen time. Tap ‘Content & Privacy Restrictions’ and enter your Screen Time passcode. Then, tap ‘Content Restrictions’ Scroll down to Game Center, then choose your settings.

You can restrict these Game Center features:

- Multiplayer Games: Prevent the ability to play multiplayer games
- Adding Friends: Prevent the ability to add friends to Game Center
- Screen Recording: Prevent the ability to capture the screen and sound
ALL DEVICES

Daily Average
5h 49m
0% from last week

See All Activity

Updated today at 15:21

Downtime
Schedule time away from the screen.

App Limits
Set time limits for apps.

Communication Limits
Set limits based on your contacts.

Always Allowed
Choose apps you want at all times.

Content & Privacy Restrictions
Block inappropriate content.

FAMILY

Johnny Appieseed
11. Allow changes to privacy settings

If you have the iOS 14.5 update or above, the App Tracking Transparency feature lets you decide if you want apps to track your activity for advertising purposes. This may not be suitable for children as it may encourage in-app spending.

To disable:

Go to Settings, then ‘Privacy’. Tap ‘Tracking’. The toggle button should be grey – this means the feature is disabled. Green means enabled.

Important: If you allow apps to ask to track you, you’ll start to see prompts when you launch updated apps requesting permission to track your activity. If you don’t allow apps to ask you for permission, all apps will automatically be blocked from tracking your activity.
12. **Allow changes to privacy settings**

The privacy settings on your device give you control over which apps have access to information stored on your device or the hardware features

Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Tap 'Privacy', then choose the settings you want to restrict
Screen Time

ALL DEVICES

Daily Average

5h 49m  22% from last week

See All Activity

Updated today at 15:21

- Downtime
  Schedule time away from the screen.

- App Limits
  Set time limits for apps.

- Communication Limits
  Set limits based on your contacts.

- Always Allowed
  Choose apps you want at all times.

- Content & Privacy Restrictions
  Block inappropriate content.

FAMILY

Johnny Appleseed
13. **Allow changes to other settings and features**

You can allow changes to other settings and features, the same way you can allow changes to privacy settings.

Go to Settings, then Screen time. Tap 'Content & Privacy Restrictions' if asked, enter your Screen Time passcode. Always Allowed, select the features or settings you want to allow changes to and choose Allow or Don't Allow.
<table>
<thead>
<tr>
<th>Screen Time</th>
<th>Always Allowed</th>
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</thead>
</table>

**ALLOWED CONTACTS**
Limit who you can communicate with during downtime. Limits apply to Phone, FaceTime and Messages.

<table>
<thead>
<tr>
<th>Contacts</th>
<th>Everyone</th>
</tr>
</thead>
</table>

**ALLOWED APPS**
Always-allowed apps are available during downtime or if you selected the “All Apps & Categories” app limit.

<table>
<thead>
<tr>
<th>Phone</th>
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<tbody>
<tr>
<td>Messages</td>
</tr>
<tr>
<td>FaceTime</td>
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<tr>
<td>Maps</td>
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</tbody>
</table>

**CHOOSE APPS:**

- 9 Cut
- Acrobat
- AdBlock for Safari
- Adobe Acrobat Reader DC
- Adobe Bridge CSG
- Adobe Flash Player Install Manager
- Adobe Illustrator CC 2015
- Alibaba.com