

# My Family's Digital Toolkit

Hi andre

Thanks for completing the toolkit! Based on your answers, we've pulled together some handy resources to help keep your children safe online.

The PDF is tech-savvy too! It has clickable links, so just click on the blue boxes to access what you need in your browser.

We really hope you find these resources helpful for your family's online safety. If you've got questions or need more help, just [get in touch](#) with us. Together we've got this!

And to stay in the know with the latest advice and tips, subscribe to our [newsletter](#), if you haven't already. We'll send you insights straight to your inbox.

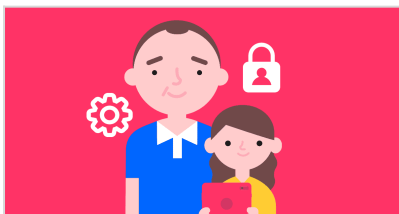
## For your child(ren) aged 0-5



About my children

3 Resources

Age-specific advice about online safety to support your child.

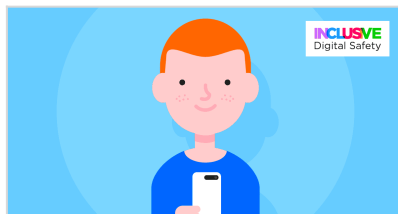


**Online safety guide 0-5 year olds**

Medium minute read

Internet safety checklist for children under 5.

SEE RESOURCE



**Supporting children with care experience online**

SEE RESOURCE



**Supporting LGBTQ children and young people online**

SEE RESOURCE





## Supporting activities online

11 Resources

Safety advice to help children manage their online activities.

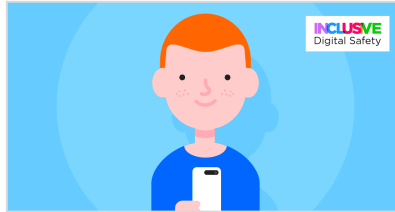


### Recommended streaming for good quality family downtime

6 minute read

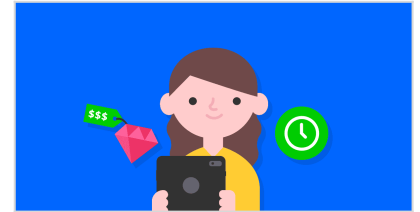
See recommendations of top streaming TV apps to encourage healthy viewing.

[SEE RESOURCE](#)



### Supporting children with care experience online

[SEE RESOURCE](#)



### Gaming guide for Pre-schoolers

Medium minute read

Top tips to help young children game safely online.

[SEE RESOURCE](#)

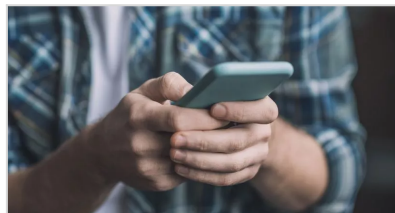


### What is wearable technology and is it safe for children?

Medium minute read

Expert advice on the impact of wearable tech on children.

[SEE RESOURCE](#)



### Research into online misogyny and image-based abuse

Long minute read

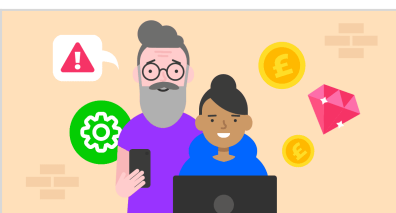
Get insight on the reach and influence of online misogyny.

[SEE RESOURCE](#)



### What are cryptocurrencies and NFTs?

[SEE RESOURCE](#)



### Online money management guide

20 minute read



### Online gaming advice hub

Medium minute read

Get to grips with the basics



### What skills do kids need for future technology?



Get tips on how to help children manage money safely and smartly online.

[SEE RESOURCE](#)



of online gaming.

[SEE RESOURCE](#)



[SEE RESOURCE](#)



**What is immersive learning in the metaverse?**

[SEE RESOURCE](#)



**Tech and Kids: Making the most of digital futures**

[SEE RESOURCE](#)



## App and platform safety

11 Resources

Advice on the most popular apps and platforms kids use.



**Fall Guys parental controls guide**

10 minute read

Help children stay safe when playing Fall Guys with these steps for managing spending, communication and more.

[SEE RESOURCE](#)



**YouTube Kids parental controls guide**

5 minute read

Get tips on how to set up parental controls on YouTube Kids account.

[SEE RESOURCE](#)



**YouTube parental controls**

5 minute read

Get tips to set safety and privacy settings on YouTube accounts.

[SEE RESOURCE](#)



**Facebook safety and**



**iTunes Parental Controls**



**Now TV guide**

## privacy settings

6 minute read

Use the guide to set safety and privacy settings on Facebook accounts.

[SEE RESOURCE](#)



### Disney Plus parental controls guide

7 minute read

Use the guide to set controls on Disney+ accounts.

[SEE RESOURCE](#)



### Google SafeSearch guide

3 minute read

A step-by-step guide on making the best use of Google SafeSearch to filter search results.

[SEE RESOURCE](#)



7 minute read

Get tips to set up parental controls on iTunes accounts.

[SEE RESOURCE](#)



### My5 App guide

2 minute read

Use the guide to set parental controls on My 5 streaming app.

[SEE RESOURCE](#)



### Bing SafeSearch guide

3 minute read

See how to set SafeSearch on Bing.

[SEE RESOURCE](#)



3 minute read

Use the set-up-safe guide to make use of NOW Broadband and NOW TV's Broadband Buddy tool.

[SEE RESOURCE](#)



### Zoom security guide

5 minute read

Use the guide to set privacy settings on the Zoom platform.

[SEE RESOURCE](#)



## Tackling online issues

9 Resources

Insights on your top concerns to help children manage online risks.



### Protect your child from inappropriate content

[SEE RESOURCE](#)

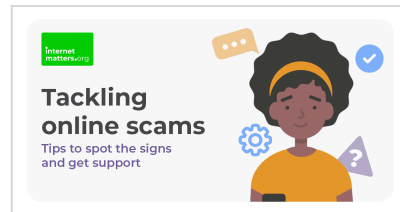


### Protect your child from cyberbullying

Medium minute read

Tools and tips to protect children from cyberbullying.

[SEE RESOURCE](#)



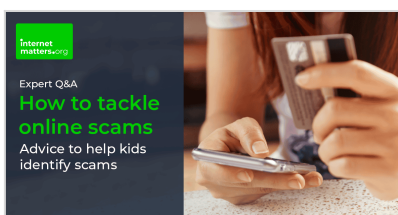
### Tackling online scams interactive guide

[SEE RESOURCE](#)



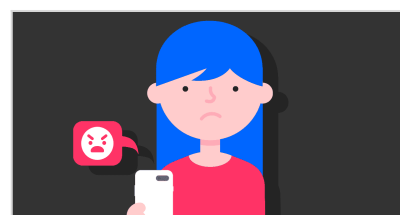
### What is cyber security?: Advice for families

[SEE RESOURCE](#)



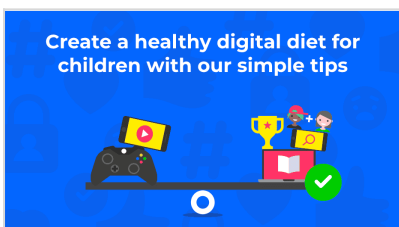
### How to tackle online scams

[SEE RESOURCE](#)



### Tackling online hate and trolling

[SEE RESOURCE](#)



### Creating a balanced digital diet with screen time tips

4 minute read

Find simple tips to help children develop healthy online habits and a good digital diet to help them thrive on and offline.

[SEE RESOURCE](#)

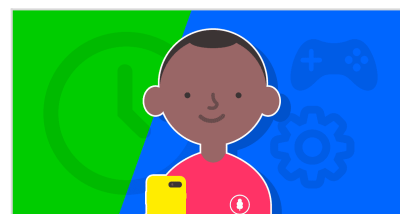


### Screen time tips to support 0-5 year olds

7 minute read

Get simple tips to put balance and purpose behind screen time to help young children in Early Years (0-5) benefit from their screen use.

[SEE RESOURCE](#)



### Screen time tips to support 5-7 year olds

8 minute read

Get 5 top tips to put balance and purpose behind screen time to help children in Key Stage 1 (5-7s) benefit from their screen use.

[SEE RESOURCE](#)



## RECOMMENDED TOOLS

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Interactive tools and platforms to improve children's understanding of the online world.



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10 minute read

Read more about the benefits of gaming to support your child.

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### Skill-building apps guide for kids

15 minute read

See our list of apps designed to help children and teens learn and develop new skills.

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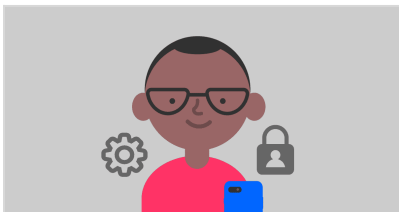
## For your child(ren) aged 6-10



## About my children

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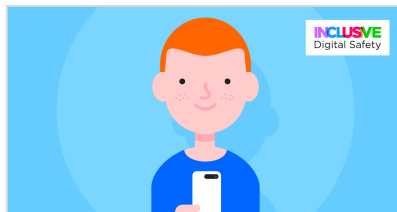


### Online safety guide 6-10 year olds

3 minute read

Take a look at our internet safety checklist for young children.

[SEE RESOURCE](#)



### Supporting children with care experience online

[SEE RESOURCE](#)



### Supporting LGBTQ children and young people online

[SEE RESOURCE](#)





## Supporting activities online

15 Resources

Safety advice to help children manage their online activities.



### Recommended streaming for good quality family downtime

6 minute read

See recommendations of top streaming TV apps to encourage healthy viewing.

[SEE RESOURCE](#)

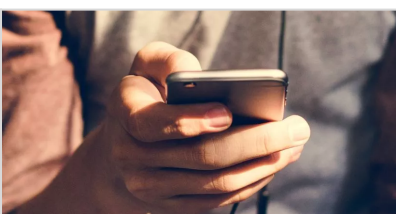


### Gaming guide for Pre-teens

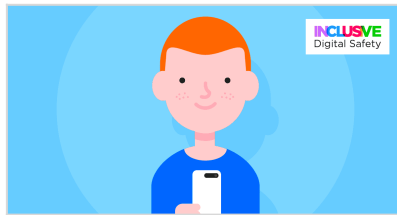
4 minute read

Use our practical gaming tips to help pre-teens gaming online get the best out of their experience and stay safe.

[SEE RESOURCE](#)



### One dad's advice on dealing with misogyny content teen boys



### Supporting children with care experience online

[SEE RESOURCE](#)



### Staying safe while gaming – Supporting LGBTQ+ CYP

[SEE RESOURCE](#)

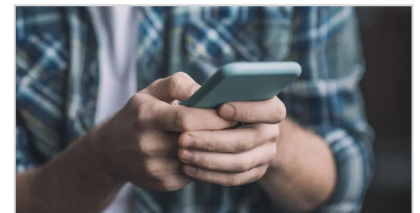


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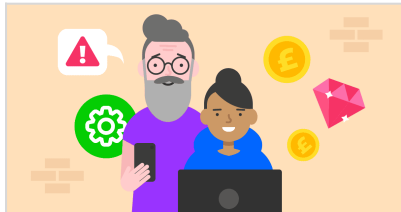


### What are cryptocurrencies and NFTs?



consume

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### What skills do kids need for future technology?

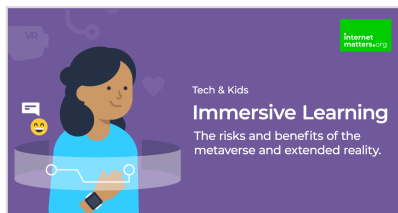
[SEE RESOURCE](#) 

[SEE RESOURCE](#) 



### Socialising online safety advice for younger children

[SEE RESOURCE](#) 



### What is immersive learning in the metaverse?

[SEE RESOURCE](#) 

[SEE RESOURCE](#)



### Online gaming advice hub

Medium minute read

Get to grips with the basics of online gaming.

[SEE RESOURCE](#) 



### Tech and Kids: Making the most of digital futures

[SEE RESOURCE](#) 



## App and platform safety

18 Resources

Advice on the most popular apps and platforms kids use.



### Roblox privacy controls guide

6 minute read

Use the guide to apply



### Minecraft parental controls guide

5 minute read

Learn how to manage your



safety features on a child's Roblox account.

[SEE RESOURCE](#)



### Discord App safety settings guide

6 minute read

Set privacy and safety settings on Discord accounts with this guide.

[SEE RESOURCE](#)



child's online safety on Minecraft with our step-by-step parental controls how-to guides.

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6 minute read

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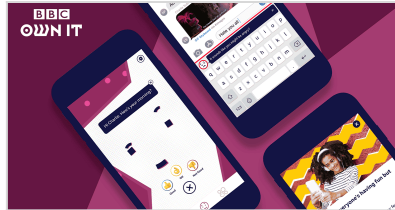


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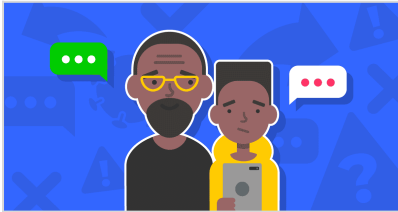




## Tackling online issues

17 Resources

Insights on your top concerns to help children manage online risks.



### Protecting children from fake news

[SEE RESOURCE](#)



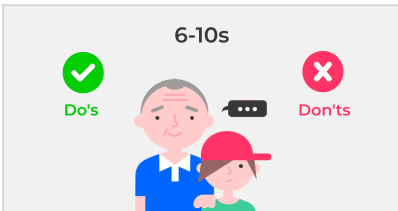
### Protect your child from inappropriate content

[SEE RESOURCE](#)



### Protect your child from online pornography

[SEE RESOURCE](#)



### Addressing Online pornography: Supporting 6-10s – Do's and Don'ts

[SEE RESOURCE](#)



### Protect your child from cyberbullying

Medium minute read

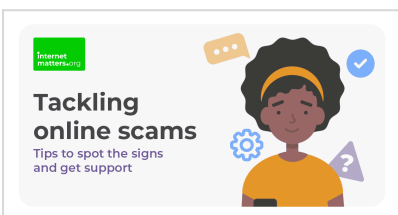
Tools and tips to protect children from cyberbullying.

[SEE RESOURCE](#)



### Protect your child from online grooming

[SEE RESOURCE](#)



### Tackling online scams interactive guide

Tips to spot the signs and get support

### Tackling online scams interactive guide

[SEE RESOURCE](#)



### Common online scams targeting teenagers

#### Common online scams targeting teenagers

Learn how they work & how to keep kids safe & secure online.

[SEE RESOURCE](#)



### What is cyber security?

Guidance to keep your family safe

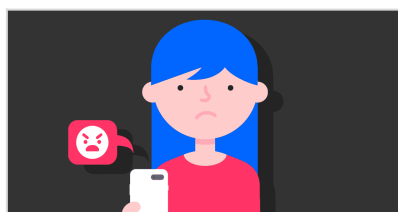
### What is cyber security?: Advice for families

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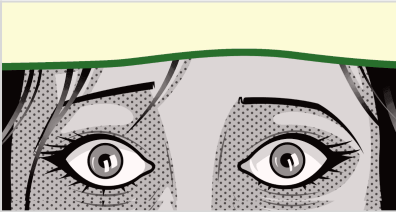
### Expert Q&A: How to tackle online scams

Advice to help kids identify scams



## How to tackle online scams

[SEE RESOURCE](#) 



### So you got naked online guide for young people with SEND

20 minute read

Advice for young people with SEND to deal with sexting incidents.

[SEE RESOURCE](#) 

## Tackling online hate and trolling

[SEE RESOURCE](#) 



### In-game spending tips to support young people

30 minute read

Learn how to help children have a better understanding of how to manage their money online.

[SEE RESOURCE](#) 

## Protect your child from online reputation

8 minute read

[SEE RESOURCE](#) 

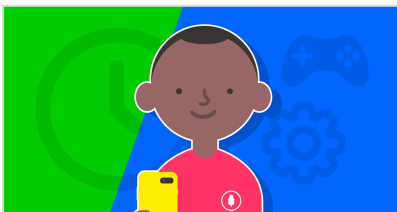


### Creating a balanced digital diet with screen time tips

4 minute read

Find simple tips to help children develop healthy online habits and a good digital diet to help them thrive on and offline.

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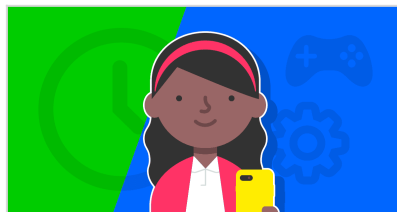


### Screen time tips to support 5-7 year olds

8 minute read

Get 5 top tips to put balance and purpose behind screen time to help children in Key Stage 1 (5-7s) benefit from their screen use.

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### Screen time tips to support 7-11 year olds

8 minute read

See our top tips to put balance and purpose behind screen time to help children in Key Stage 2 (7-11s) benefit from their screen use.

[SEE RESOURCE](#) 



## RECOMMENDED TOOLS

2 Resources

Interactive tools and platforms to improve children's understanding of the online

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### Online video gaming benefits

10 minute read

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[SEE RESOURCE](#)



### Skill-building apps guide for kids

15 minute read

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## For your child(ren) aged 11-13



### About my children

3 Resources

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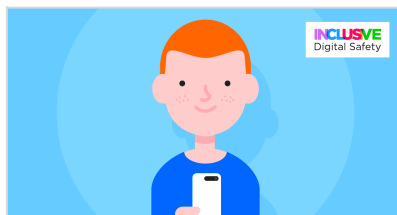


### Online safety guide 11-13 year olds

3 minute read

Take a look at our internet safety checklist for 11 - 13-year-olds.

[SEE RESOURCE](#)



### Supporting children with care experience online

[SEE RESOURCE](#)



### Supporting LGBTQ children and young people online

[SEE RESOURCE](#)





## Supporting activities online

16 Resources

Safety advice to help children manage their online activities.



### Recommended streaming for good quality family downtime

6 minute read

See recommendations of top streaming TV apps to encourage healthy viewing.

[SEE RESOURCE](#)

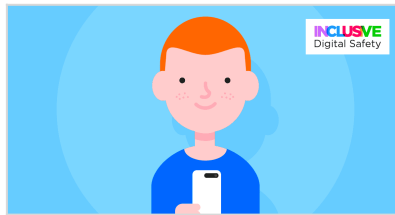


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[SEE RESOURCE](#)



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### Staying safe while gaming – Supporting LGBTQ+ CYP

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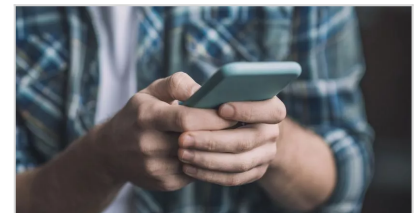


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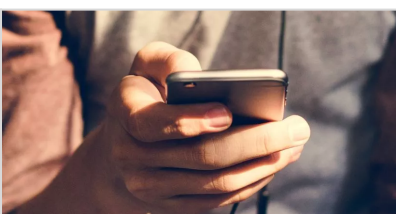


### Research into online misogyny and image-based abuse

Long minute read

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### One dad's advice on dealing with misogyny content teen boys



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8 minute read



### What are cryptocurrencies and NFTs?



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### Online money management guide

20 minute read

Get tips on how to help children manage money safely and smartly online.

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### Social networking and messaging apps

15 minute read

Learn more about the latest messaging and social networking apps that kids are using to help them stay safe when sharing and connecting with others.

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SEE RESOURCE



### Online gaming advice hub

Medium minute read

Get to grips with the basics of online gaming.

SEE RESOURCE 



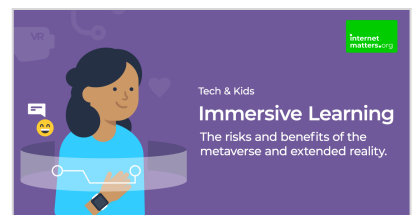
### Aistriúchán Gaeilge (Irish translation)

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### What skills do kids need for future technology?

SEE RESOURCE 



### What is immersive learning in the metaverse?

SEE RESOURCE 



### Tech and Kids: Making the most of digital futures

SEE RESOURCE 



## App and platform safety

32 Resources

Advice on the most popular apps and platforms kids use.



### Roblox privacy controls guide

6 minute read

Use the guide to apply safety features on a child's Roblox account.

[SEE RESOURCE](#)



**FORTNITE**

### Fortnite Battle Royale parental controls guide

10 minute read

Help children stay safe when playing Fortnite with these steps for managing spending, communication and more.

[SEE RESOURCE](#)



### Twitch TV

6 minute read

Get tips on how to set up safety and privacy settings on Twitch TV accounts.

[SEE RESOURCE](#)



### Discord App safety settings guide

6 minute read

Set privacy and safety settings on Discord accounts with this guide.

[SEE RESOURCE](#)



**MINECRAFT**

### Minecraft parental controls guide

5 minute read

Learn how to manage your child's online safety on Minecraft with our step-by-step parental controls how-to guides.

[SEE RESOURCE](#)



### Fall Guys parental controls guide

10 minute read

Help children stay safe when playing Fall Guys with these steps for managing spending, communication and more.

[SEE RESOURCE](#)





## Steam platform guide

4 minute read

Learn how to manage your parental control settings on Steam online game platform with our step-by-step how-to guides.

[SEE RESOURCE](#) 



## YouTube parental controls

5 minute read

Get tips to set safety and privacy settings on YouTube accounts.

[SEE RESOURCE](#) 



## Facebook safety and privacy settings

6 minute read

Use the guide to set safety and privacy settings on Facebook accounts.

[SEE RESOURCE](#) 

## Pokemon GO guide

4 minute read

Use the guide to apply safety settings on a Pokemon GO account.

[SEE RESOURCE](#) 



## Instagram parental controls

5 minute read

Get tips to set privacy settings on Instagram accounts.

[SEE RESOURCE](#) 



## Pinterest privacy and safety settings

6 minute read

Use the guide to manage safety settings on Pinterest accounts.

[SEE RESOURCE](#) 

## YouTube Kids parental controls guide

5 minute read

Get tips on how to set up parental controls on YouTube Kids account.

[SEE RESOURCE](#) 



## TikTok parental control and safety settings

6 minute read

Get tips to apply safety and privacy settings on TikTok accounts.

[SEE RESOURCE](#) 



## What is Omegle? What parents need to know

8 minute read

Learn about how Omegle works as a video-chat social media site and what risks children could be exposed to to protect them.

[SEE RESOURCE](#) 



### Yubo safety guide

7 minute read

Use the guide to set privacy settings on Yubo accounts.

[SEE RESOURCE](#)



### Wattpad safety and privacy guide

10 minute read

Help teens stay safe on Wattpad with these steps for managing content, reporting and more.

[SEE RESOURCE](#)



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7 minute read

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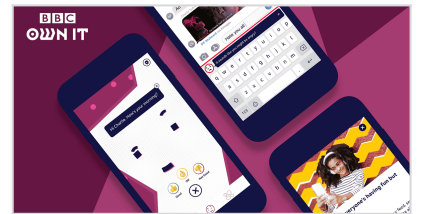


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### My5 App guide

2 minute read

Use the guide to set parental controls on My 5 streaming app.

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[SEE RESOURCE](#)



### Facebook Messenger privacy and security settings

5 minute read

Set privacy settings on the Facebook Messenger app.

[SEE RESOURCE](#)



### Zoom security guide

5 minute read

Use the guide to set privacy settings on the Zoom platform.

[SEE RESOURCE](#)



### Microsoft Teams app for friends and families

5 minute read

Set privacy settings on Teams app.

[SEE RESOURCE](#)



### Google Meet security settings guide

5 minute read

Set privacy settings on the Google Meet platform with a step-by-step guide.

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### Skype security and privacy settings

5 minute read

Set privacy settings on the Skype platform.

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### Google SafeSearch guide

3 minute read

A step-by-step guide on making the best use of Google SafeSearch to filter search results.

[SEE RESOURCE](#)



### Bing SafeSearch guide

3 minute read

See how to set SafeSearch on Bing.



### Snapchat privacy settings guide

See step by step guide to set up Snapchat privacy settings on an account.

[SEE RESOURCE](#)



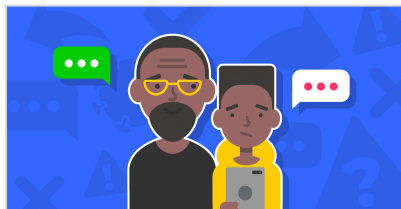
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## Tackling online issues

22 Resources

Insights on your top concerns to help children manage online risks.



### Protecting children from fake news

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### Protect your child from inappropriate content

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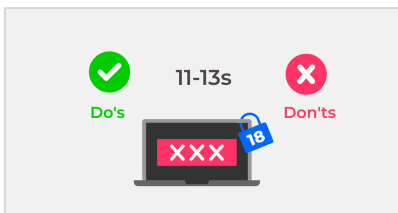
### Dealing with self-harm

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### Protect your child from online pornography

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### Addressing Online pornography: Supporting 11-13s – Do's and Don'ts

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### Protect your child from cyberbullying

Medium minute read

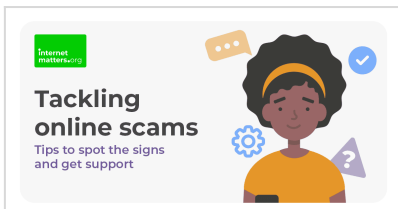
Tools and tips to protect children from cyberbullying.

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### Protect your child from online grooming

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### Tackling online scams interactive guide

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### Common online scams targeting teenagers

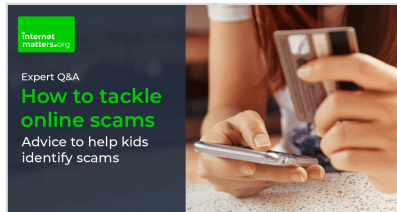
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Internet matters.org  
**What is cyber security?**  
Guidance to keep your family safe

### What is cyber security?: Advice for families

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Internet matters.org  
Expert Q&A  
**How to tackle online scams**  
Advice to help kids identify scams

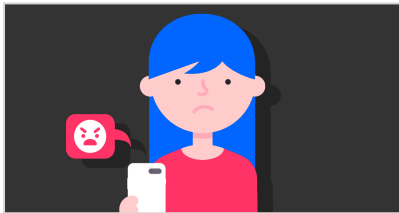
### How to tackle online scams

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### Online child-on-child abuse

SEE RESOURCE



### Tackling online hate and trolling

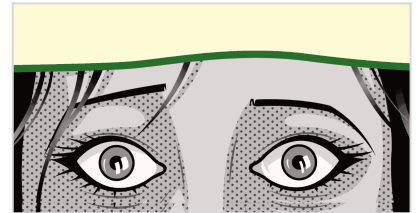
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### Protect your child from online reputation

8 minute read

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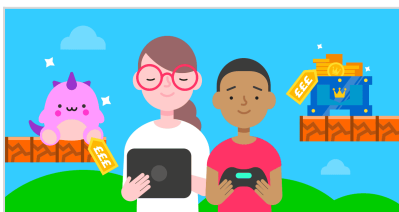


### So you got naked online guide for young people with SEND

20 minute read

Advice for young people with SEND to deal with sexting incidents.

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### In-game spending tips to support young people

30 minute read

Learn how to help children have a better understanding of how to manage their money online.

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### TikTok explores effective responses to dangerous online challenges

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Create a healthy digital diet for children with our simple tips

### Creating a balanced digital diet with screen time tips

4 minute read

Find simple tips to help children develop healthy online habits and a good digital diet to help them thrive on and offline.

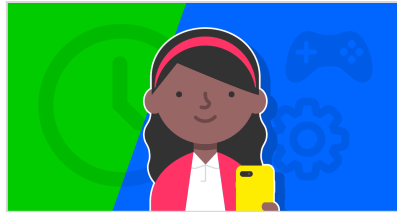
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### Screen time tips to support 11-14 year olds

8 minute read

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### Screen time tips to support 7-11 year olds

8 minute read

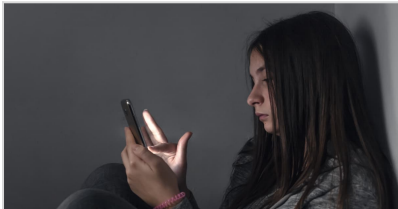
See our top tips to put balance and purpose behind screen time to help children in Key Stage 2 (7-11s) benefit from their screen use.

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### Protect children from sexting

[SEE RESOURCE](#) 



### What steps can I take if my child has sent a nude?

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## RECOMMENDED TOOLS

2 Resources

Interactive tools and platforms to improve children's understanding of the online world.



### Online video gaming benefits

10 minute read

Read more about the benefits of gaming to



### Skill-building apps guide for kids

15 minute read

See our list of apps designed to help children

support your child.

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and teens learn and develop new skills.

SEE RESOURCE



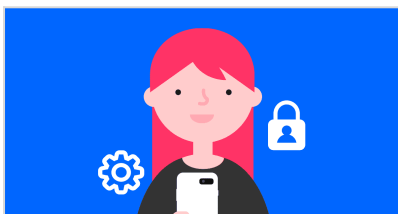
## For your child(ren) aged 14+



### About my children

3 Resources

Age-specific advice about online safety to support your child.

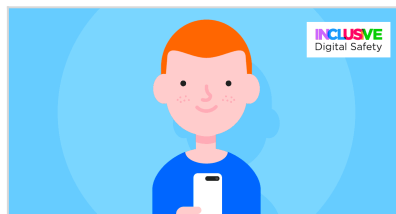


#### Online safety guide 14+ year olds

3 minute read

Take a look at our internet safety checklist to support teens.

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#### Supporting children with care experience online

SEE RESOURCE



#### Supporting LGBTQ children and young people online

SEE RESOURCE



### Supporting activities online

17 Resources

Safety advice to help children manage their online activities.



#### Recommended streaming for good quality family downtime

6 minute read

See recommendations of



#### Supporting children with care experience online

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#### Staying safe while gaming – Supporting LGBTQ+ CYP

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top streaming TV apps to encourage healthy viewing.

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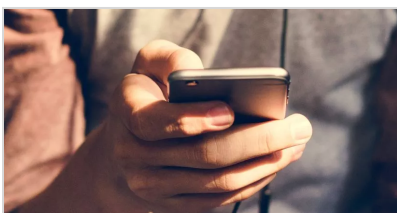


### What is Yubo? – What parents need to know

10 minute read

Teens use Yubo to chat and send pictures to friends and strangers. See what you can do to keep them safe on the platform.

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### One dad's advice on dealing with misogyny content teen boys consume

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### What are cryptocurrencies and NFTs?

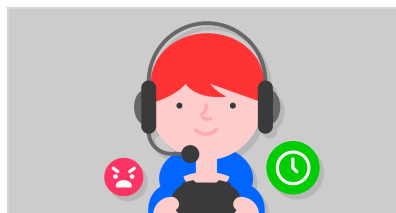


### What is wearable technology and is it safe for children?

Medium minute read

Expert advice on the impact of wearable tech on children.

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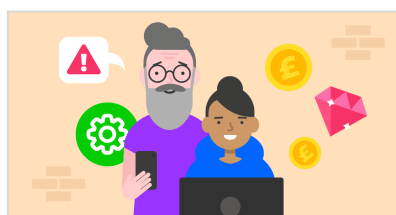


### Gaming guide for Teens

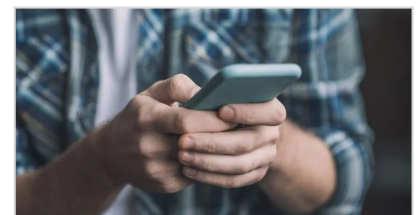
4 minute read

Use our practical gaming tips to help teens gaming online get the best out of their experience and stay safe.

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### Online money management guide



### Research into online misogyny and image-based abuse

Long minute read

Get insight on the reach and influence of online misogyny.

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### Protect your child from online reputation

8 minute read

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### Social networking and messaging apps



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20 minute read

Get tips on how to help children manage money safely and smartly online.

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15 minute read

Learn more about the latest messaging and social networking apps that kids are using to help them stay safe when sharing and connecting with others.

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### Online gaming advice hub

Medium minute read

Get to grips with the basics of online gaming.

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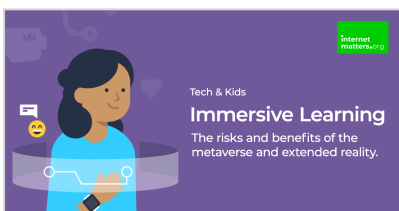
### Aistriúchán Gaeilge (Irish translation)

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### What skills do kids need for future technology?

SEE RESOURCE



### What is immersive learning in the metaverse?

SEE RESOURCE



### Tech and Kids: Making the most of digital futures

SEE RESOURCE



### App and platform safety

32 Resources

Advice on the most popular apps and platforms kids use.



FORTNITE



### **Roblox privacy controls guide**

6 minute read

Use the guide to apply safety features on a child's Roblox account.

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### **Discord App safety settings guide**

6 minute read

Set privacy and safety settings on Discord accounts with this guide.

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### **Steam platform guide**

4 minute read

Learn how to manage your parental control settings on Steam online game platform with our step-by-step how-to guides.



### **Fortnite Battle Royale parental controls guide**

10 minute read

Help children stay safe when playing Fortnite with these steps for managing spending, communication and more.

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### **Minecraft parental controls guide**

5 minute read

Learn how to manage your child's online safety on Minecraft with our step-by-step parental controls how-to guides.

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### **Pokemon GO guide**

4 minute read

Use the guide to apply safety settings on a Pokemon GO account.

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### **Twitch TV**

6 minute read

Get tips on how to set up safety and privacy settings on Twitch TV accounts.

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### **Fall Guys parental controls guide**

10 minute read

Help children stay safe when playing Fall Guys with these steps for managing spending, communication and more.

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### **YouTube Kids parental controls guide**

5 minute read

Get tips on how to set up parental controls on YouTube Kids account.

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### YouTube parental controls

5 minute read

Get tips to set safety and privacy settings on YouTube accounts.



### Instagram parental controls

5 minute read

Get tips to set privacy settings on Instagram accounts.



### TikTok parental control and safety settings

6 minute read

Get tips to apply safety and privacy settings on TikTok accounts.

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### Facebook safety and privacy settings

6 minute read

Use the guide to set safety and privacy settings on Facebook accounts.

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### Pinterest privacy and safety settings

6 minute read

Use the guide to manage safety settings on Pinterest accounts.

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### What is Omegle? What parents need to know

8 minute read

Learn about how Omegle works as a video-chat social media site and what risks children could be exposed to to protect them.

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### Yubo safety guide

7 minute read

Use the guide to set privacy settings on Yubo accounts.



### Wattpad safety and privacy guide

10 minute read

Help teens stay safe on Wattpad with these steps for managing content,



### iTunes Parental Controls

7 minute read

Get tips to set up parental controls on iTunes accounts.

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### Now TV guide

3 minute read

Use the set-up-safe guide to make use of NOW Broadband and NOW TV's Broadband Buddy tool.

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### Channel 4 controls guide

3 minute read

Use the guide to set up parental controls on the Channel 4, formerly All 4, platform.

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### Facebook Messenger privacy and security settings

5 minute read

reporting and more.

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### Disney Plus parental controls guide

7 minute read

Use the guide to set controls on Disney+ accounts.

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### My5 App guide

2 minute read

Use the guide to set parental controls on My 5 streaming app.

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### Zoom security guide

5 minute read

Use the guide to set privacy settings on the Zoom

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### Amazon Prime Video guide

5 minute read

Get tips to set parental controls on Amazon Prime.

[SEE RESOURCE](#)



### WhatsApp privacy guide

5 minute read

Use the guide to set privacy settings on WhatsApp accounts.

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### Microsoft Teams app for friends and families

5 minute read

Set privacy settings on

Set privacy settings on the Facebook Messenger app.

platform.

Teams app.

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### Google Meet security settings guide

5 minute read

### Skype security and privacy settings

5 minute read

### Google SafeSearch guide

3 minute read

Set privacy settings on the Google Meet platform with a step-by-step guide.

Set privacy settings on the Skype platform.

A step-by-step guide on making the best use of Google SafeSearch to filter search results.

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### Bing SafeSearch guide

3 minute read

### Snapchat privacy settings guide

See step by step guide to set up Snapchat privacy settings on an account.

See how to set SafeSearch on Bing.

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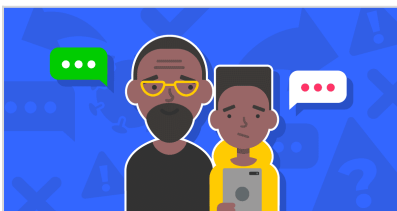
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## Tackling online issues

22 Resources

Insights on your top concerns to help children manage online risks.



## Protecting children from fake news

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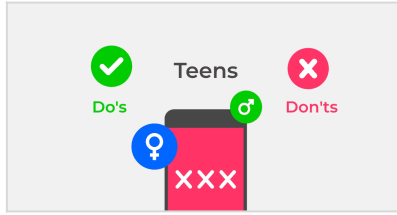


## Protect your child from online pornography

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## Protect your child from inappropriate content

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## Addressing Online pornography: Supporting teens – Do's and Don'ts

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## Dealing with self-harm

[SEE RESOURCE](#)



## Protect your child from cyberbullying

Medium minute read

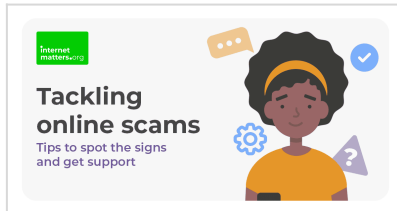
Tools and tips to protect children from cyberbullying.

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## Protect your child from online grooming

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## Tackling online scams interactive guide

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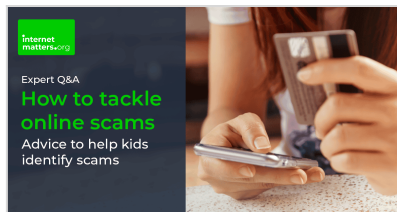
## Common online scams targeting teenagers

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## What is cyber security?: Advice for families

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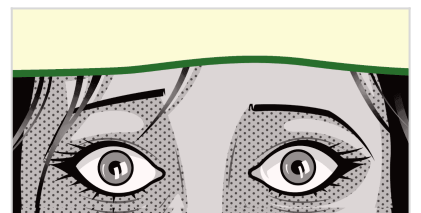
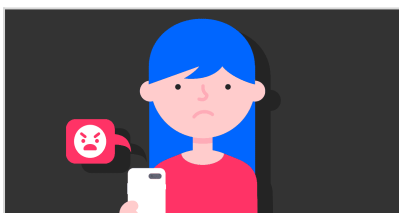
## How to tackle online scams

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## Online child-on-child abuse

[SEE RESOURCE](#)



## Tackling online hate and trolling

[SEE RESOURCE](#) 



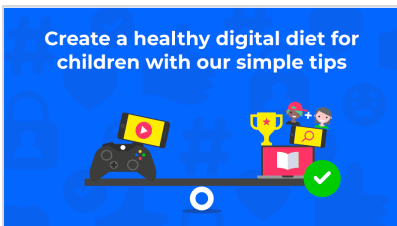
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30 minute read

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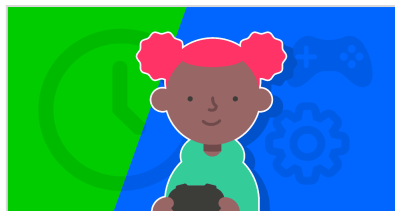
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### TikTok explores effective responses to dangerous online challenges

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### Teens and Online Dating: Advice & Resources

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### Protect children from sexting

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**What steps can I take if my child has sent a nude?**

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