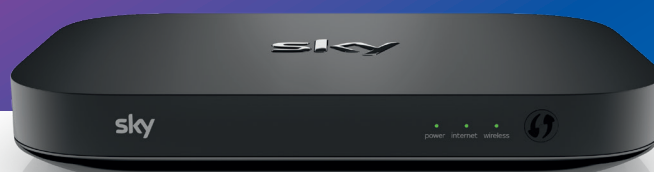


sky broadband

Activity Pack

We know how important it is to be able to moderate and manage the time that your family spends online. Team up with Sky Broadband Buddy and manage each screen in your home from an app on your phone.

To help inspire you with a few fun ideas on how to enjoy your newly acquired time together, we've created this activity pack. Try out some simple baking, a scavenger hunt and there's even a rewards chart.



**internet
matters.org**

Sky are proud partners of Internet Matters, who work with online safety experts to offer advice and support to parents about keeping kids safe in the digital world. Internet Matters provide a helping hand to guide parents to find the right balance of screen time with expert tips.

To learn more about your child's online safety, visit
www.internetmatters.org

ILLUMINATION PRESENTS
**THE SECRET
LIFE OF**
Pets 2
ONLY IN CINEMAS

Scavenger Hunt

- 1 Set the boundary – whether in your garden or the local park, make sure everyone knows how far they're allowed to go to find the items
- 2 Set a time-limit – how long does everyone have to check off all the items on the list?
- 3 Make sure you've got your list and a pen/pencil handy

Outdoor & Garden

<input type="checkbox"/>		Flower	<input type="checkbox"/>		Worm	<input type="checkbox"/>		Cloud
<input type="checkbox"/>		Bird Feather	<input type="checkbox"/>		Spiderweb	<input type="checkbox"/>		Tree
<input type="checkbox"/>		Green Leaf	<input type="checkbox"/>		Brown Leaf	<input type="checkbox"/>		Grass
<input type="checkbox"/>		Twig	<input type="checkbox"/>		Acorn	<input type="checkbox"/>		Snail

Instead of removing the items on the list from their natural habitat, you could encourage the children taking part to take a photo or draw a picture of what they've found!



All Sky Broadband Buddy features work across 3G and 4G (on any mobile network) as well as WiFi.





Spot The Difference

Spend some time before bed winding down away from screens. We've hidden 5 differences in the pictures below. Can you find them all?



Circle any differences you spot on the images



Keep tabs on screen time with Sky Broadband Buddy. Set regular time limits and create different filters for everyone in the family so they only see what they should.



Reward Chart

1

First, decide on what tasks/chores will be rewarded e.g.

- I completed my homework on time
- I tidied my bedroom
- I helped with the washing up
- I played nicely and shared my toys with my brother/sister/friends
- I found all the items in the Scavenger Hunt

2

Next, what will the rewards be and how many tasks need to be completed? E.g.

- When I've coloured in 2 characters from The Secret Life Of Pets 2, my reward will be an extra 10 minutes playing on my favourite game
- When I've coloured in 4 characters, my reward will be to stay up half an hour later this Saturday

3

Colour in Snowball, Max, Chloe or Rooster once tasks/chores are finished





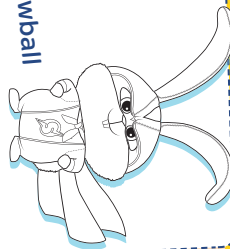




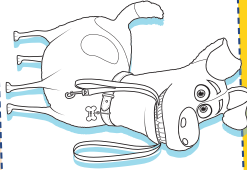




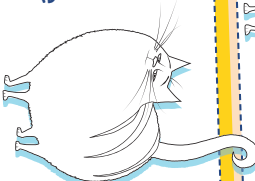




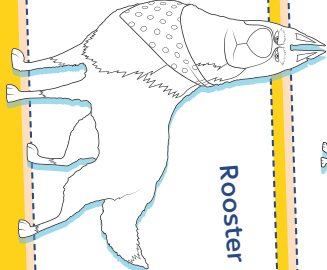


Washing up done? Bedroom tidied? Use the Sky Broadband Buddy app as your digital carrot.

Screen time rewards keep everyone happy with more of their favourite apps, games or sites.



Reward Chart

				 Snowball
				 Max
				 Chloe
				 Rooster
Task	Task	Task	Task	

Word Search

Max, Duke, Gidget and Snowball are back for new adventures in The Secret Life of Pets 2.

Filter through our word-search and find all of the characters.

T	M	O	L	L	Y	J	S
T	E	J	D	G	X	N	L
D	I	G	U	A	O	A	E
U	T	X	D	W	I	O	M
K	A	C	B	I	L	S	Y
E	K	A	K	H	G	S	Y
U	L	Q	C	M	A	I	L
L	R	E	T	S	O	O	R

- ☒ Max
- ☐ Katie
- ☐ Duke
- ☐ Rooster
- ☐ Liam
- ☐ Gidget
- ☐ Chloe
- ☐ Snowball
- ☐ Molly
- ☐ Daisy

Sky Broadband Buddy lets you easily set online filters for each family member so they can only access apps and sites appropriate for them. You can even set the filters by device.



Recipe

Super Simple Goopy Flapjack Recipe

Ingredients

400g porridge oats

300g unsalted butter

200g light soft brown sugar

180g golden syrup

*for a sugar-free alternative, mix 150g milk, 2 ripe mashed bananas, 150g porridge oats and a handful of dried cranberries/raisins in a large bowl. Spread evenly in the lined baking tray and bake for 35 minutes at 170 °C

Method

- Ask an adult to help you
- Pre-heat the oven to 180 °C (gas mark 4) or 160 °C (gas mark 3) for fan-assisted
- Line a baking tray (30x20cm) with baking paper (using a tiny bit of butter to help it stick to the tin)
- In a large saucepan warm the butter, golden syrup and sugar and stir regularly until all melted together
- Weigh out the oats and add to a large bowl, then stir in the melted mixture until the oats are fully covered
- Transfer the mixture to the lined tray and push it into all the corners so that it's all level
- Bake in the pre-heated oven for 20 minutes. The edges will be slightly darker golden but the middle should still have a gentle wobble. Don't worry if it doesn't feel fully cooked – it will set more once removed from the oven

Top tip

If you prefer a crunchier flapjack, leave to cook for an additional 5 minutes

- Leave to cool completely before removing from the tray and cutting into bite-sized pieces

**Should be enjoyed as part of a balanced diet*

Pause the internet

Homework time or family time? Tap pause on one person or the whole home and they won't be able to get online.