

# Sky Broadband Buddy – things you need to know!



A simple to use app included with Sky Broadband Boost that lets parents and carers manage internet access on each connected screen in their home.

- 1. Pause your internet:** whether it's homework or family time, tap pause on one person or the whole home and they won't be able to get online
- 2. Keep tabs on screen time by setting regular time limits and bedtimes**
- 3. Create different filters** for everyone in the family so they only see what they should
- 4. See what your family does online** and the sites they visit
- 5. Washing up done? Bedroom tidied? Use screen-time rewards** to keep everyone happy with more time for their favourite apps, games or sites