

Grandparents Guide to Online Safety

internet
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Know the rules and stick to them:

Get to grips with tech rules in place for your grandchild and try and be consistent with the messaging of what they can and can't do online.



Gen Up on Your Technology:

Stay informed on devices your grandchild uses and ensure you know how they work.

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Understand if the tech they're using is age-appropriate:

Talk to your grandchild about what apps, games and sites they are using and make sure you know that whatever they are doing is age-appropriate.



Check Parental Controls:

Many parents set parental controls through their broadband – make sure that parental controls are in place on your broadband where necessary.

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Be prepared if something

goes wrong: Have an action plan in place so you're well prepared to support them if they come across anything that upsets them online.

