

Little Digital Helps Toolkit.

Supporting children aged 11-13

Support pre-teens and teens navigate online spaces confidently and safely as they become more social online.

Did you know? At this stage, pre-teens and teens are beginning to make the transition to social media, with apps like Instagram, TikTok, and Snapchat becoming increasingly popular.

Why it matters: As children start using social media, it's important to have the right safety measures in place to ensure their experiences are safe, positive, and supportive.

Check out our age-appropriate example toolkit for helpful resources here or **create your own personalised toolkit - free for everyone.**

The family online safety plan



Age-appropriate online safety tips for your family

12 Resources

Find tailored advice to help children stay safe online.



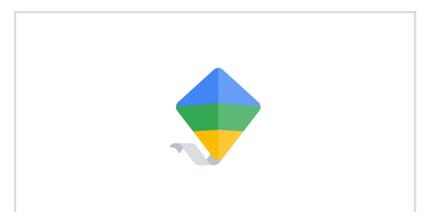
**Online safety guide 11-13
year olds**

See resource



Tesco Mobile safety

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Google Family Link guide

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Xbox Series X|S parental controls

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Apple iPhone and iPad parental control guide

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YouTube parental controls

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Snapchat privacy settings guide

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TikTok parental controls

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Instagram parental controls

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Fake news and misinformation

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Cyberbullying

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Social media concerns

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