Parental controls guide
TikTok privacy and safety settings

Parental Controls information

Type of guide

Social media privacy guides

Features and Benefits

TikTok features a number of privacy and safety settings to restrict who can contact and comment on your child's posts and profile. It also features a Digital Wellbeing feature to restrict inappropriate content and help them manage how long they spend on the app.

What specific content can I restrict?

- Chatting
- Cyberbullying
- Inappropriate content
- Location sharing
- Privacy
- Privacy and identity theft
- Social networking

What do I need?

A TikTok account
Digital wellbeing – Manage screen time

Turning on Screen Time means you can set your child’s watch time by using a passcode.  

Step 1 – Go to Me, then tap the three dots located in the top right-hand corner.  

Step 2 – Go to Digital Wellbeing, then Screen Time.  

Step 3 – Follow the steps in the app to turn on Screen Time Management.
Screen Time Management: Off

- Set a limit on your watch time
- Once you reach the time limit, you’ll need to enter a passcode to keep using TikTok
- You can turn Screen Time Management on or off anytime

Set a time limit: 60 minutes

Turn on
Digital wellbeing – Restricted mode

The Restricted Mode feature can help limit the appearance of content that may not be suitable for children. Step 1 – Go to Me, then tap the three dots located in the top right-hand corner. Step 2 – Go to Digital Wellbeing, then Restricted Mode. Step 3 – Follow the steps in the app to turn on Restricted Mode.
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Settings and privacy

CONTENT & ACTIVITY
- Push notifications
- App language
- Dark mode
- Content preferences
- Ads
- Digital Wellbeing
- Family Pacing
- Accessibility

CACHE & CELLULAR DATA
- Clear cache
- Data Saver

SUPPORT
- Report a problem
- Help Center

Digital Wellbeing

Screen Time Management
- Off

Restricted Mode
- Off

Restricted Mode: Off

Restricted Mode limits content that may not be appropriate for some viewers. If you find an inappropriate video in Restricted Mode, help us improve by reporting it.

You can turn Restricted Mode on or off anytime using a password.
TikTok privacy and safety settings

Make an account private Please note that even with a private account your child’s profile photo, username, and bio will be visible to all TikTok users. It is best to ensure no sensitive or personal information is included here. Step 1 – From your profile page, tap the three dots located in the top right-hand corner. Step 2 – Go to Privacy settings, then tap the toggle until it turns green.
Manage video comments You can apply different privacy settings to each video you share, even if you have your account set to “Public”. To change video view settings for an existing video: Step 1 – Go to the video. Step 2 – Tap the three dots located in the top right-hand corner. Step 3 – Go to Privacy settings, then Who can view this view. Step 4 – Choose the relevant privacy settings. To change video view settings before uploading a video: Step 1 – On the post page, tap Who can view this video. Step 2 – Choose the relevant privacy settings.
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Step by step guide

Filter comments

If you select Filter all comments, all comments will be hidden unless you approve them. Step 1 - Go to Me, then tap the three dots located in the top right-hand corner. Step 2 - Select Privacy then Comment filters. Step 3 - Turn on Filter all comments. This will also automatically filter offensive comments and you can also enter specific keywords to filter.
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Comment filters

Filter all comments
Recent comments on your videos will be hidden unless you approve them.

Filter spam and offensive comments
Recent comments that may be offensive or spam will be hidden unless you approve them.

Filter keywords
Recent comments with specified keywords on your videos will be hidden unless you approve them.

Comment management

Review filtered comments
Only approved comments will be displayed.
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Step by step guide

1. Choose who can DM you

To change your default direct message (DM) settings: Step 1 – Go to Me, then tap the three dots located in the top right-hand corner. Step 2 – Go to Privacy then Who can send you direct messages then select a setting.
Manage Duet and Stitch

Stitch encourages users to reinterpret and add to other users’ content. Duet lets you have your video playing side by side next to someone else’s. To change your default settings: Step 1 – Go to Me, then tap the three dots located in the top right-hand corner. Step 2 – Go to Privacy. Step 3 – Choose the feature you want to change then choose a setting. To change settings for a single video: Step 1 – Go to the video, then tap the three dots located in the top Step 2 – Go to Privacy settings then turn the setting on or off.
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Report a problem

You can report a live video, comment, video, DM, user, sound, hashtag, or anything else. Step 1 - Go to Me, then tap the three dots located in the top right-hand corner. Step 2 - Tap Report a problem then Privacy/Report abuse. Step 3 - Follow the on-screen prompts.