



## **Windows 7 Safety**

### **Controls & settings guide**

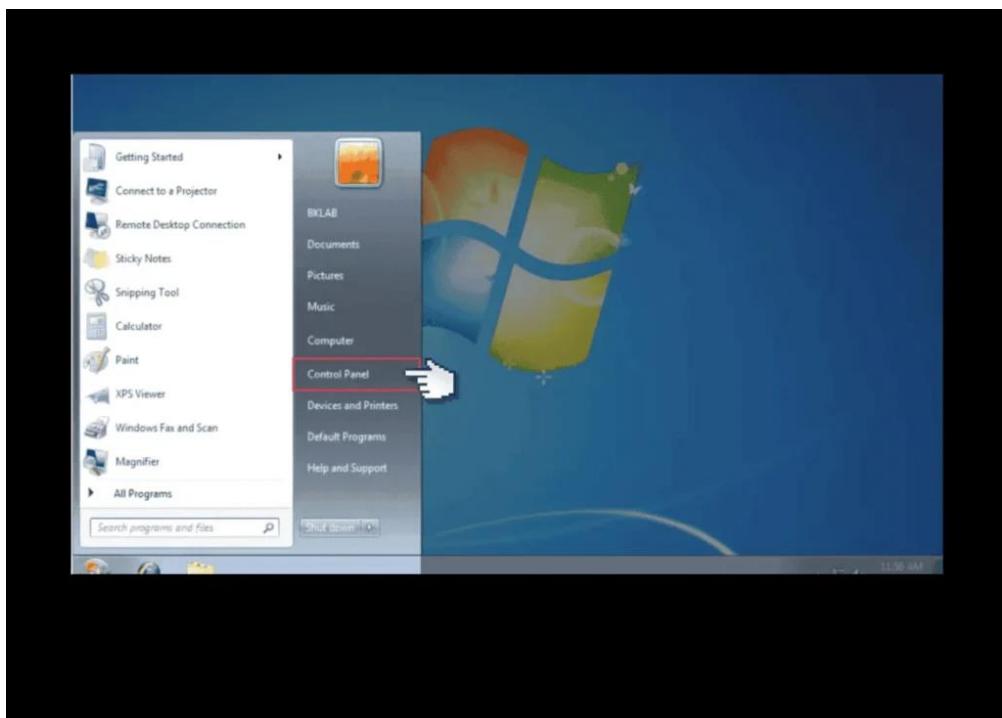
Windows 7's parental controls are a valuable tool for restricting the content a child can have access to on the computer. Note that Microsoft no longer supports Windows 7, so using this system could leave your child's device open to greater security threats.

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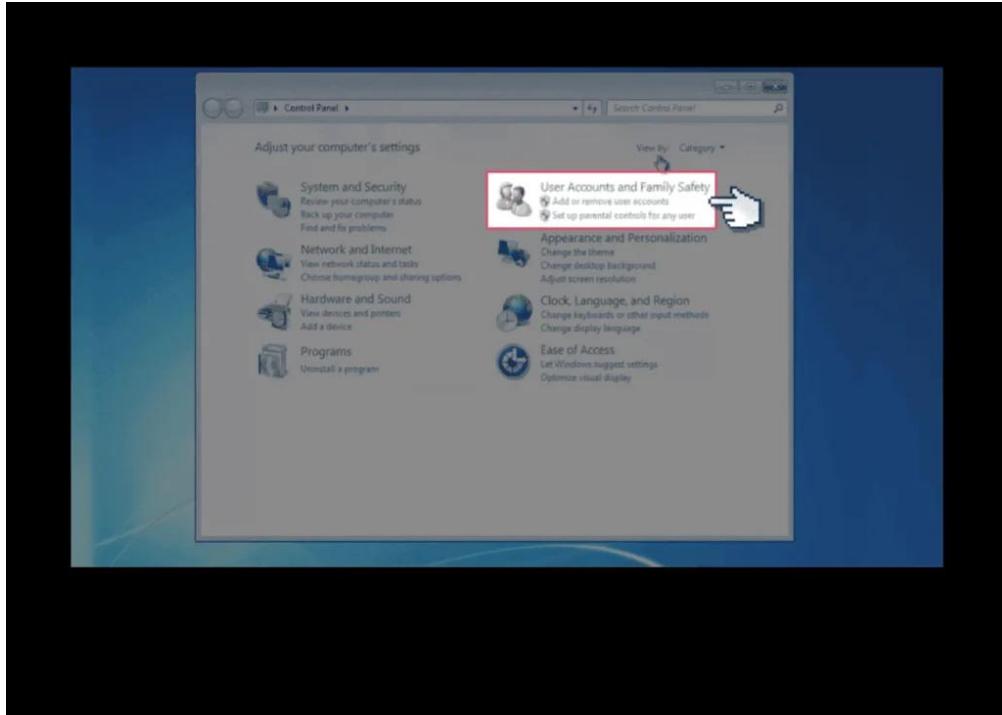
# How to set parental controls on Windows 7

## To set parental controls on windows 7:

**Step 1** – From the desktop, click Windows menu and click on control panel.

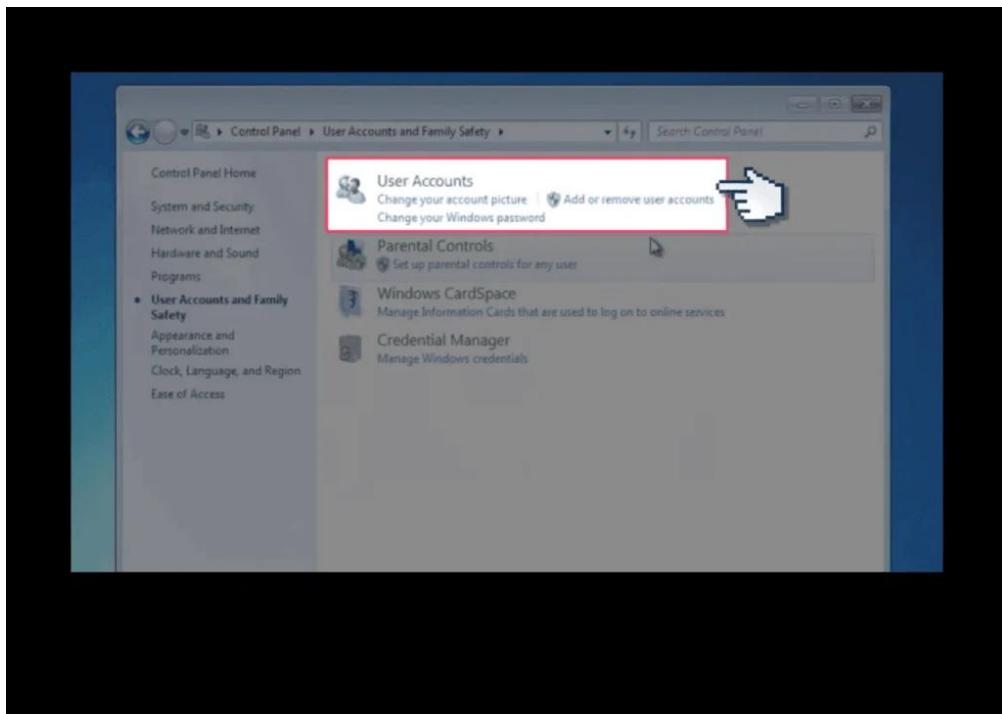


**Step 2** – From the desktop, click windows menu and click on control panel.

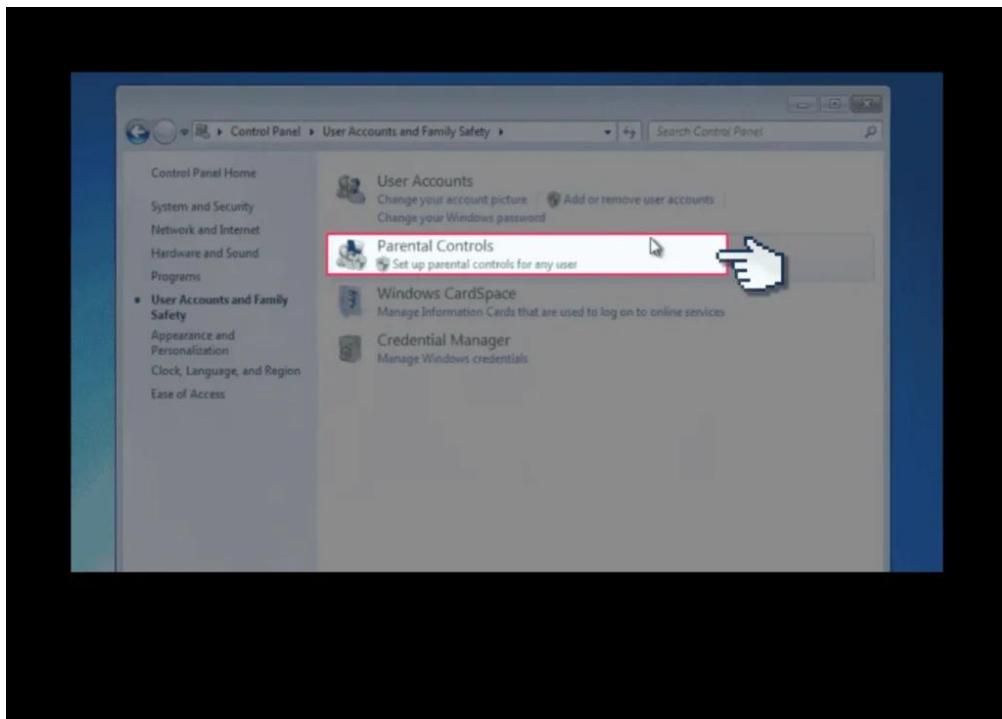


**Step 3** – Select '**User Accounts and Family Safety**' to create a new account for your child.

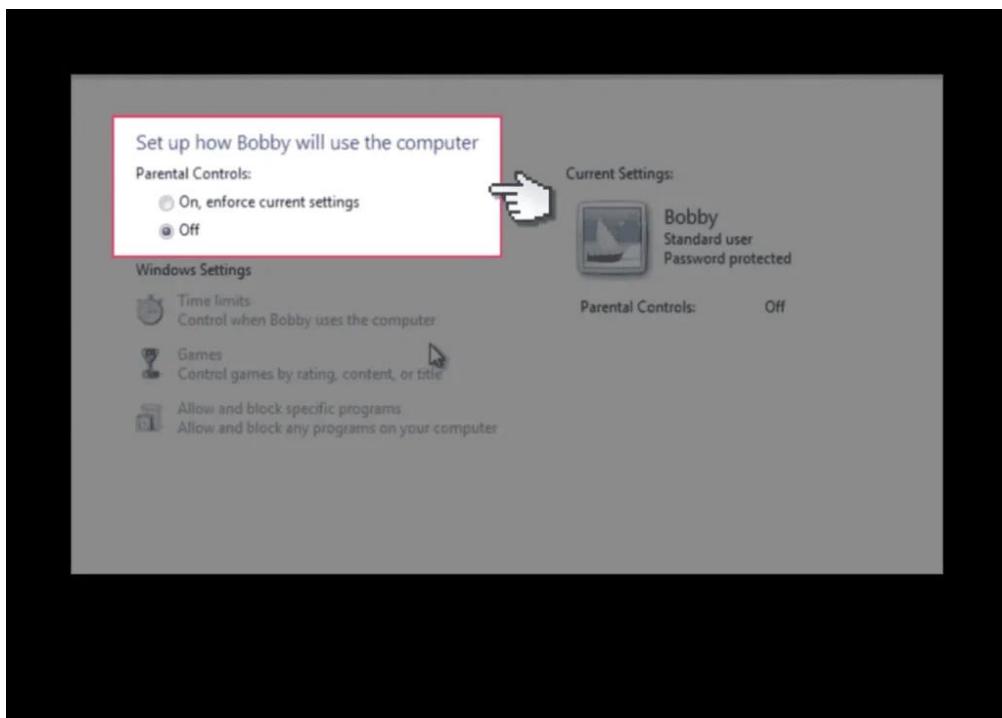
You will need to add a password to the account.



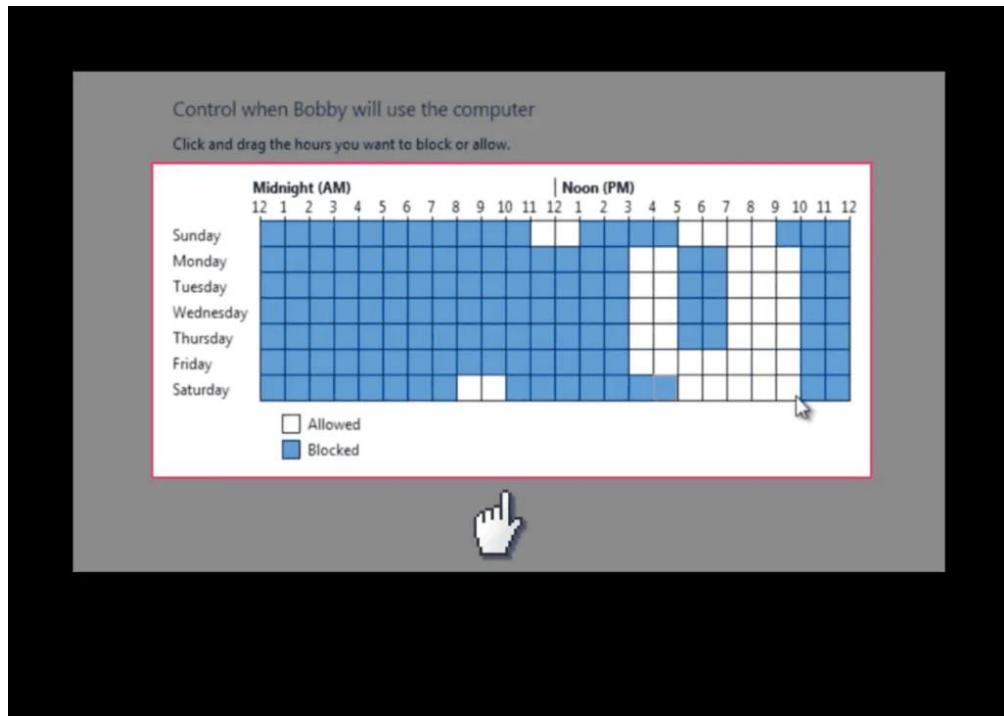
**Step 4** – Then go back to ‘**User Accounts and Family Safety**’ and select ‘Parental Controls’.



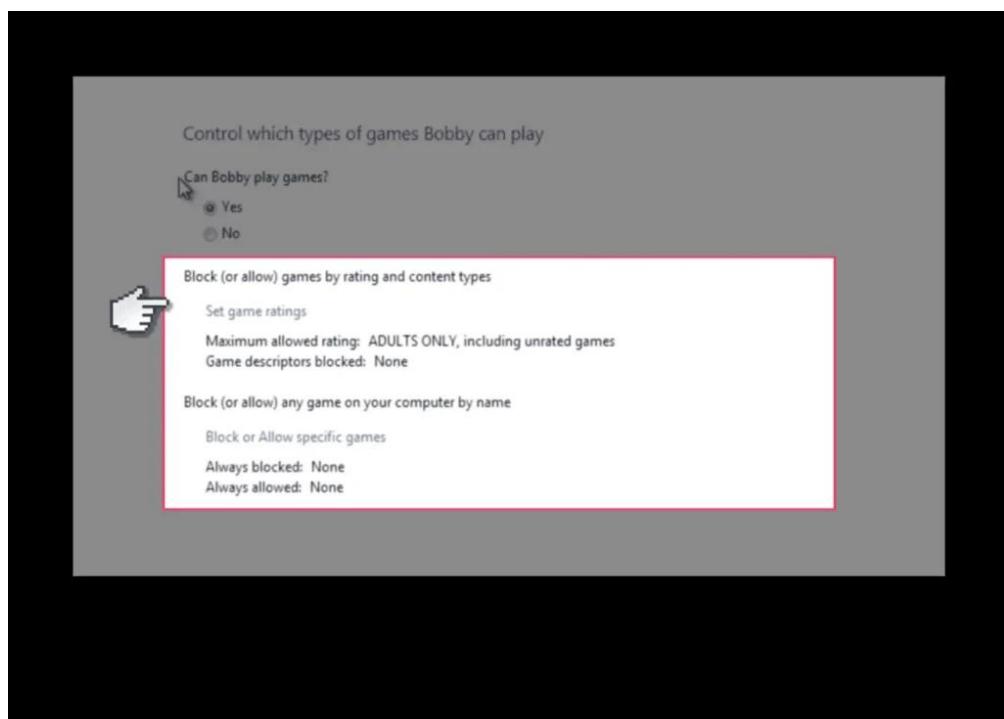
**Step 5** – Turn parental controls ‘on’.



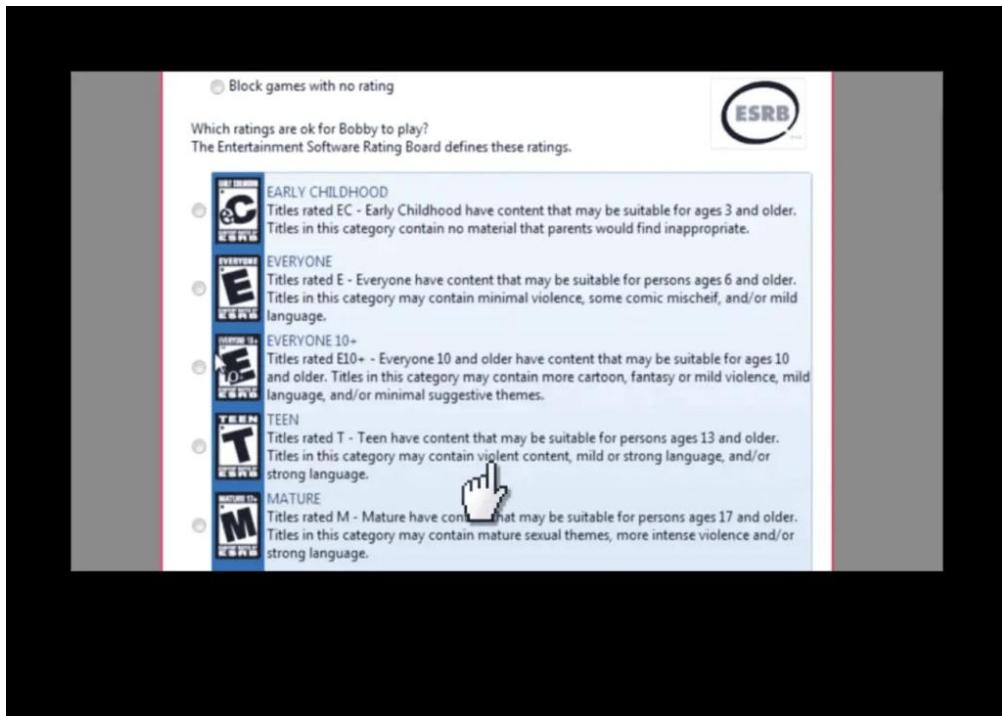
**Step 6** - Select the '**Time Limits**' options and select the squares to turn them blue.



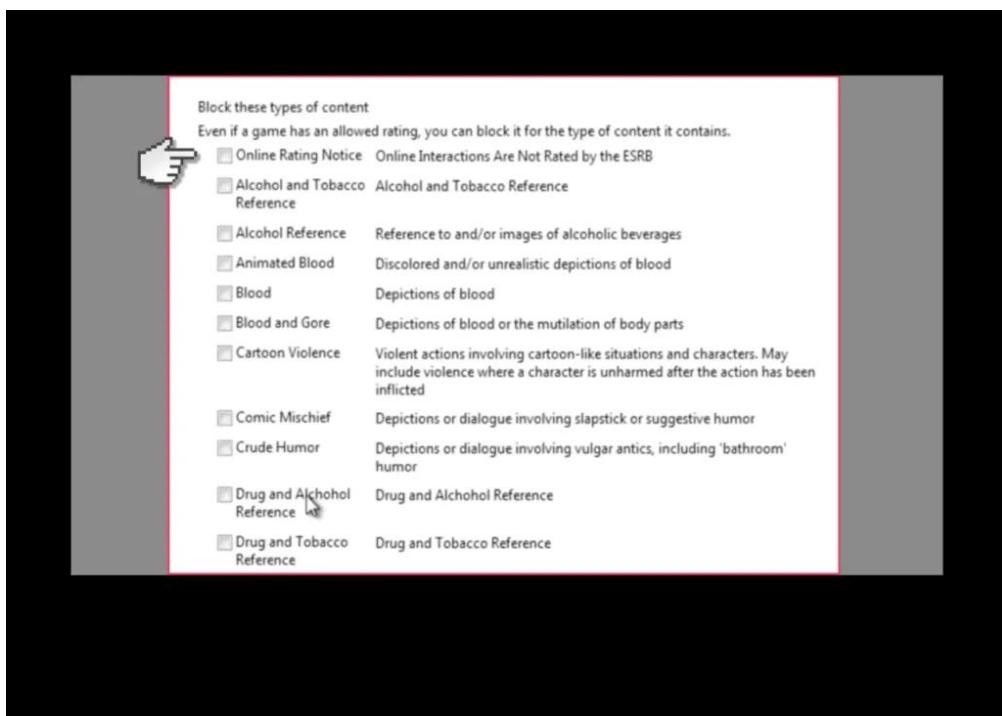
**Step 7** - Then select '**Games**' to restrict which games can be played.



**Step 8** - Choose '**Set game ratings**'.



**Step 9** - Scroll down and select different types of content you want to block.



**Step 10** - Next, select the 'Allow and block specific programs' option.

