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Qustodio Parental Controls

Controls & settings guide

Qustodio offers a wide range of safety features and controls, giving parents the ability to monitor and manage their child's digital life.

1 Qustodio setup for parents

To begin using Qustodio to monitor and manage your child's device use, you must first create your parent account.

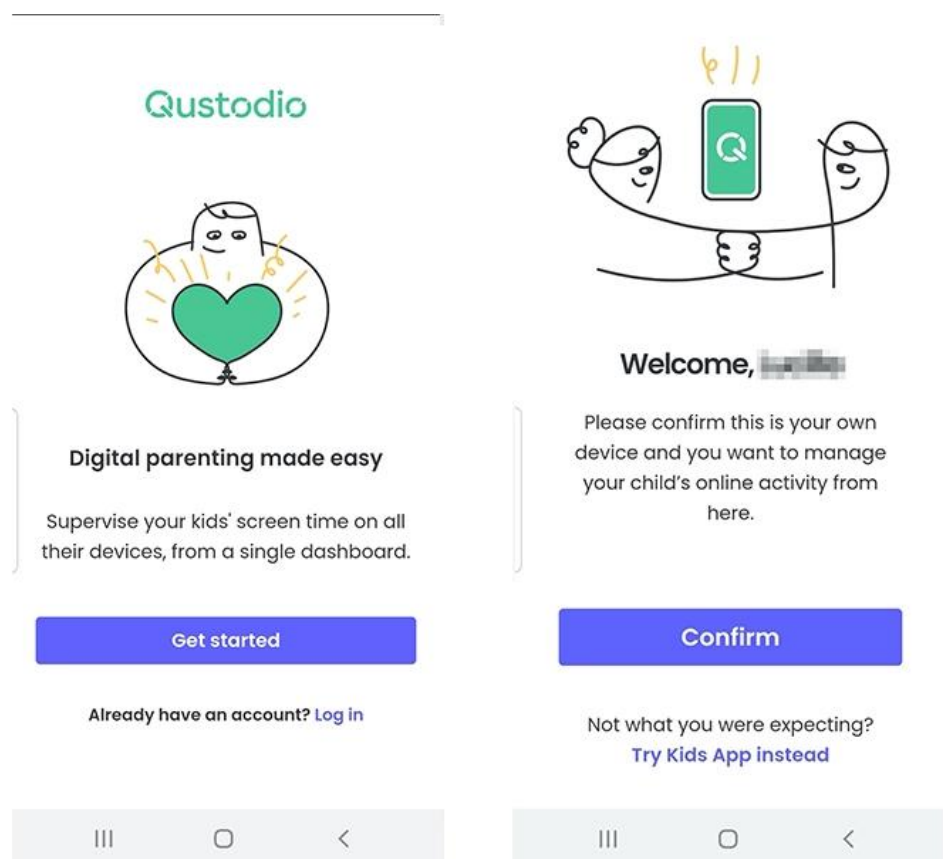
To create a parent account:

Step 1 – Download the Qustodio Parental Control app.

Step 2 – Open the app and **click** on **Get started** to create your account.

Step 3 – Tap **Confirm** to confirm that the device is your own.

Step 4 – Follow the instructions to create your account.



Step 4 – Once you've created your account, improve your account security by going into settings and **toggling on** the **Protect the Parents App** setting. Your biometric authentication will now be required after 30 seconds of inactivity.

Settings

Protect the Parents App



Require authentication after 30 seconds of inactivity.

2 Setting up Qustodio on mobile device

Once you have created a parental account, you can begin downloading the **Qustodio Kids App** onto the mobile device you want to monitor. (These images show the app being set up on iOS, but the steps are very similar on Android).

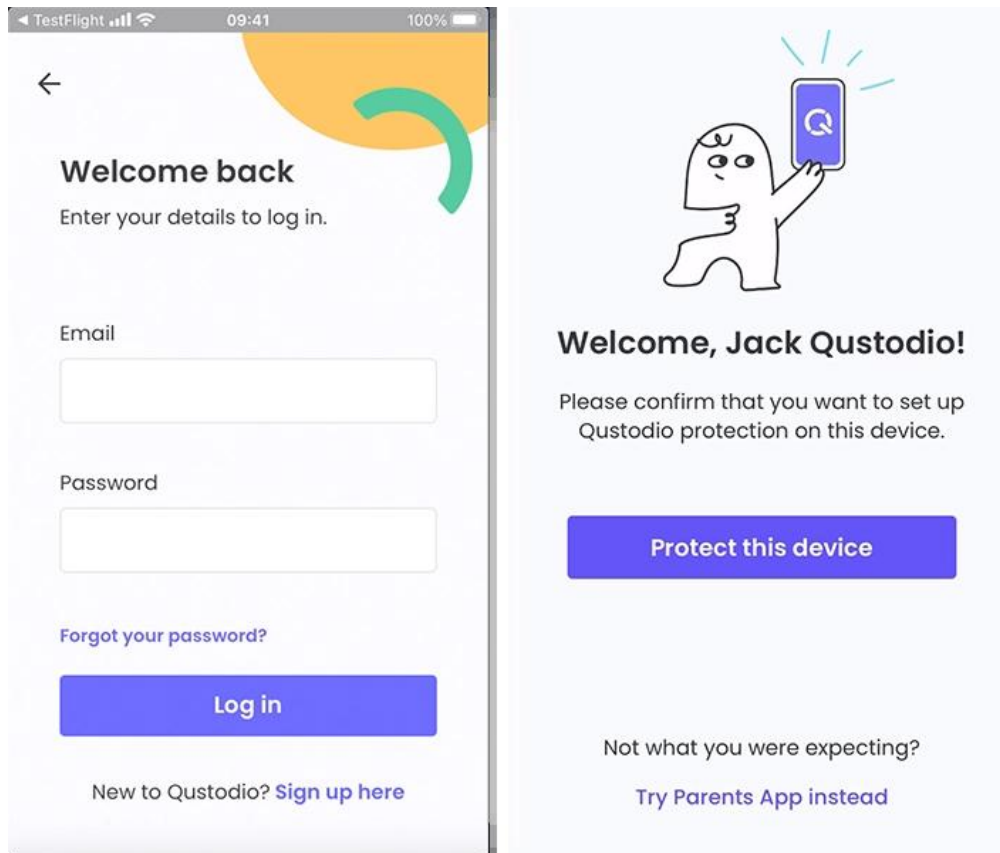
To set up Qustodio on a child's device:

Step 1 – Go to the **App Store** (for iOS) or **Google Play Store** (for Android), search for **Kids App Qustodio**, download and install the app on the child's device.

Step 2 – **Open** the **Qustodio app** you just downloaded.

Step 3 – **Log in** with your Qustodio account.

Step 4 – Click **Protect this device**.



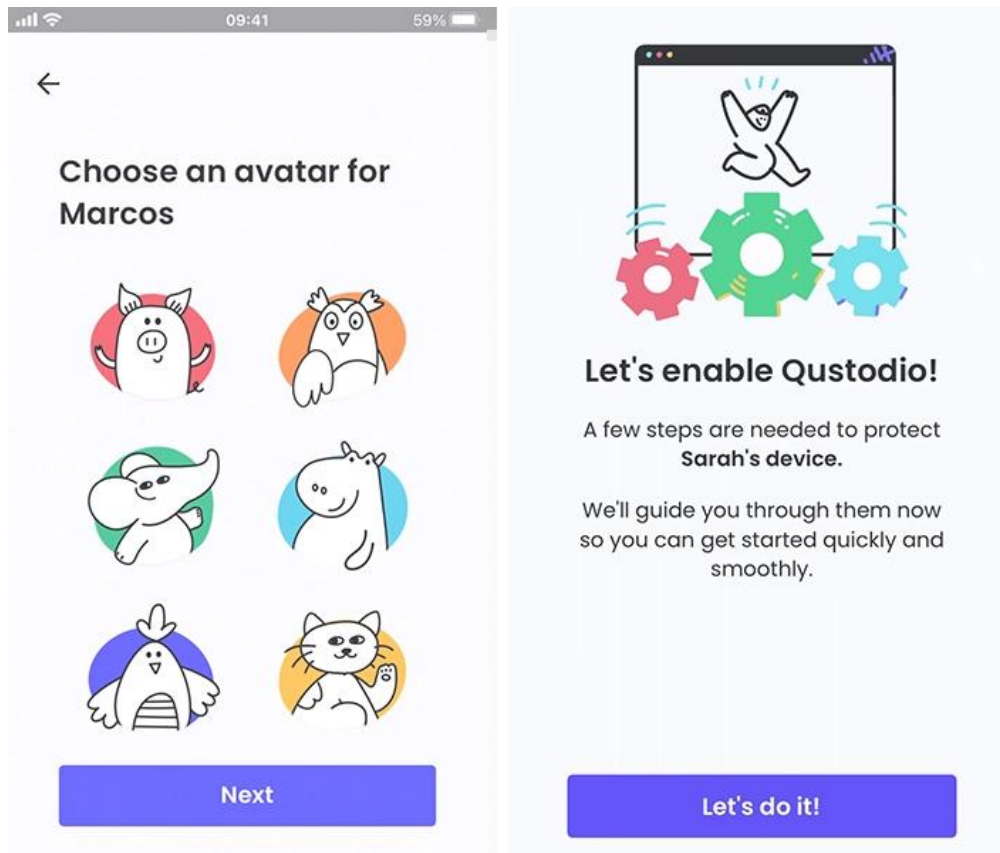
Step 5 – Enter a name for the device and **click Next**.

Step 6 – Enter your child's details and **click Next**.

The image displays two side-by-side screenshots of a mobile application interface. The left screen, titled 'Enter a name for this device', features a 'Device name' label and a text input field containing 'iPhone 8'. A blue 'Next' button is at the bottom. The right screen, titled 'Enter your child's details', includes fields for 'Name', 'Birth year (YYYY)' (containing '2012'), and 'Gender' (a dropdown menu with 'Select' and a downward arrow). A blue 'Next' button is also at the bottom. Both screens have a 'Back' arrow in the top left corner. The right screen's status bar shows 'App Store', '12:47', and '72%' battery.

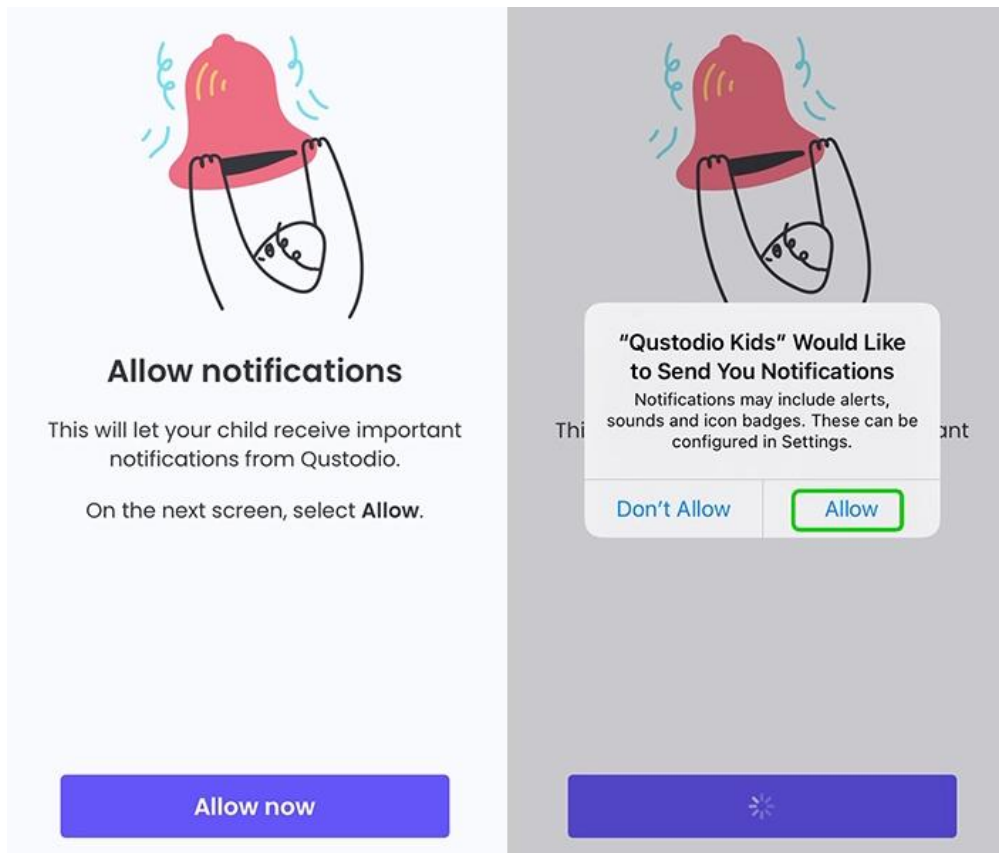
Step 7 – Select an avatar for your child.

Step 8 – Click **Let's do it!**.

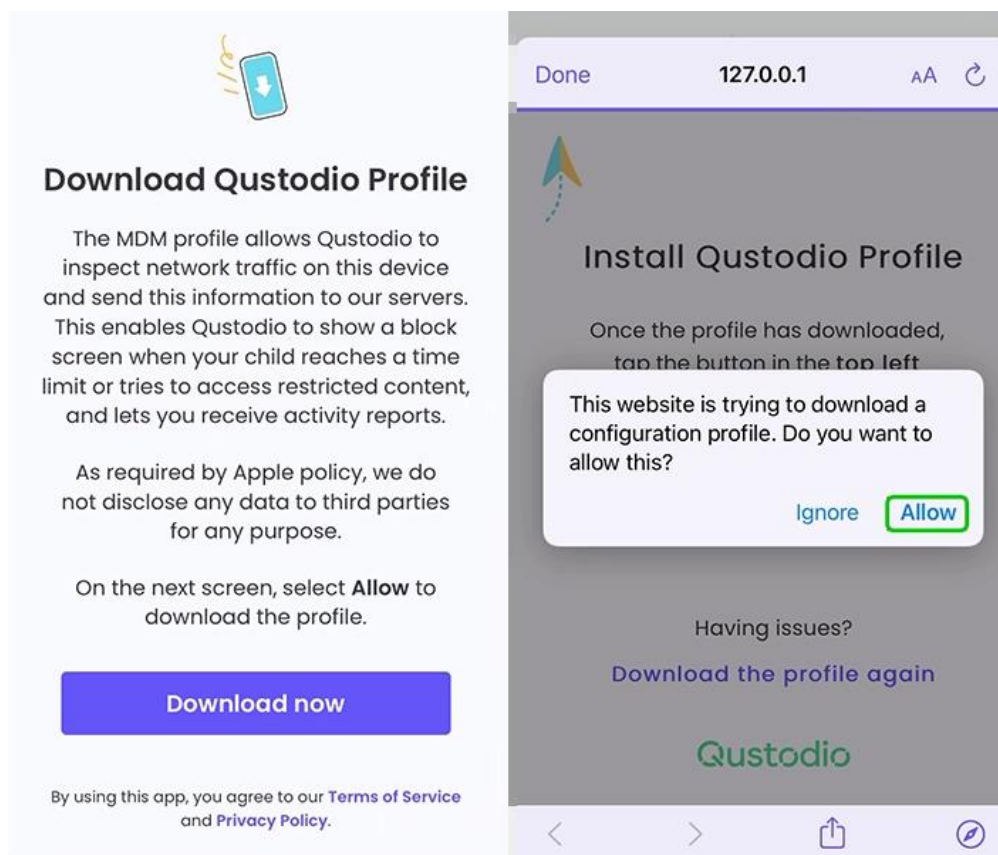


Step 8 – Click **Allow now**.

Step 9 – When a popup appears, **select Allow**.

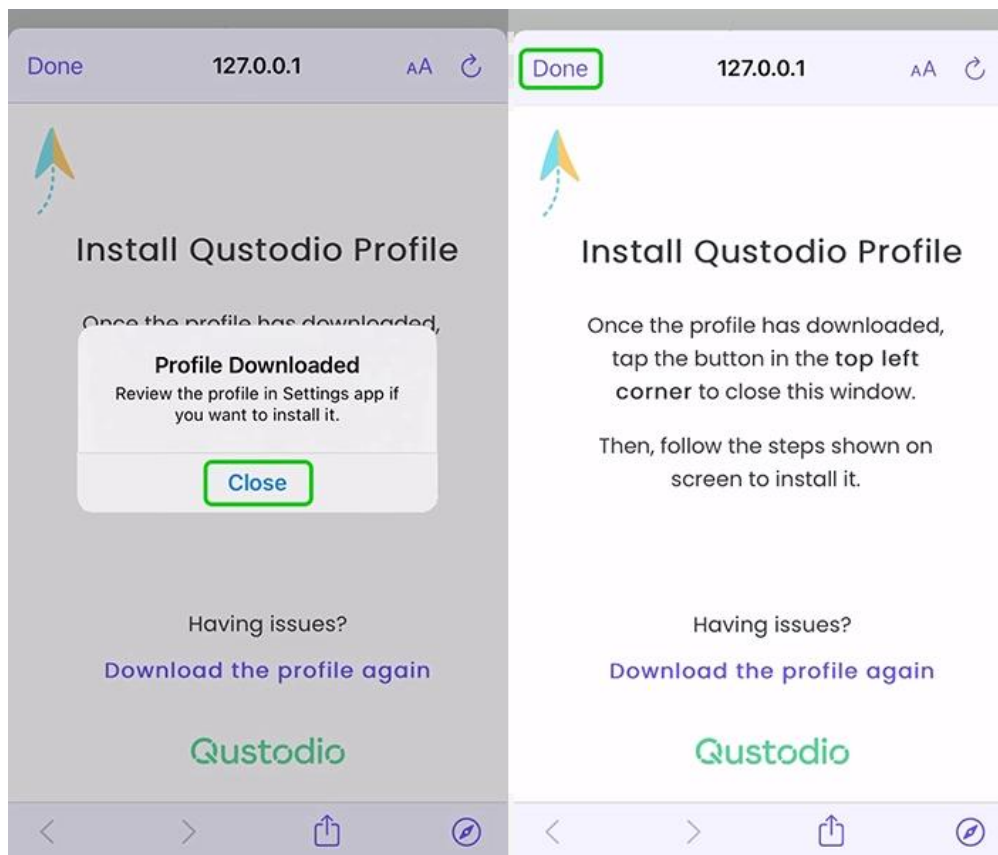


Step 10 – On the next page, click **Download now**. When a popup appears, **select Allow**.



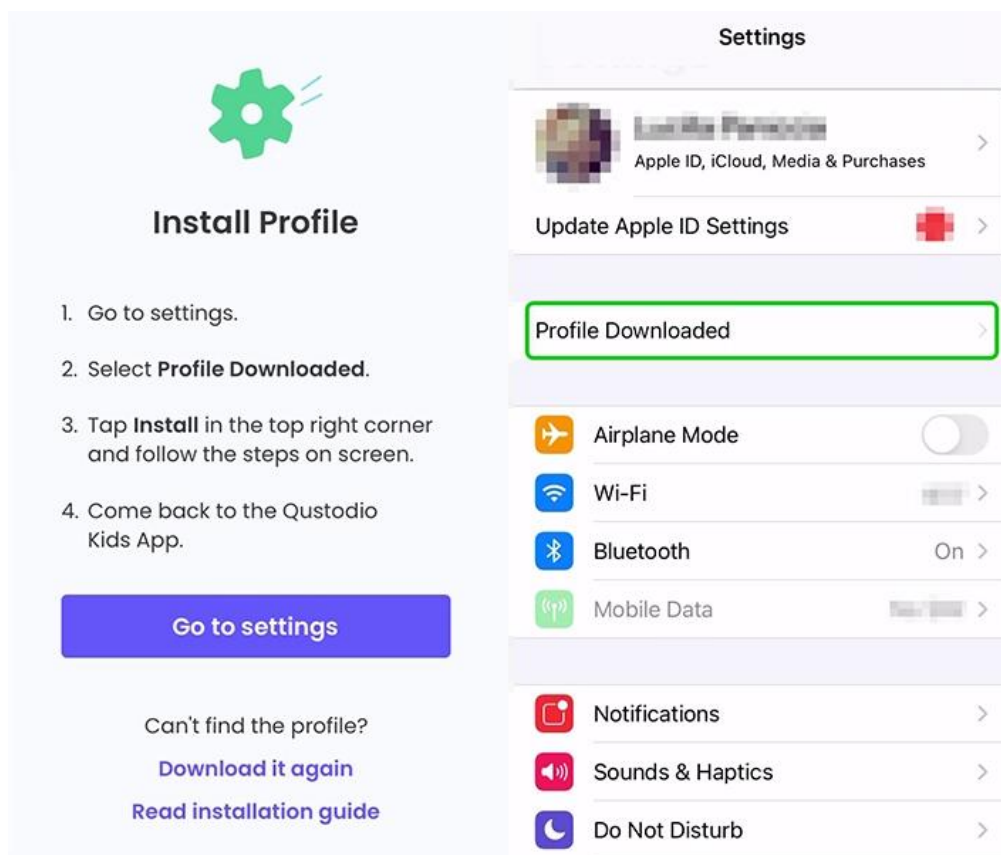
Step 11 – Once the profile is downloaded, **click Close**.

Step 12 – **Click Done** in the top left corner of the screen.

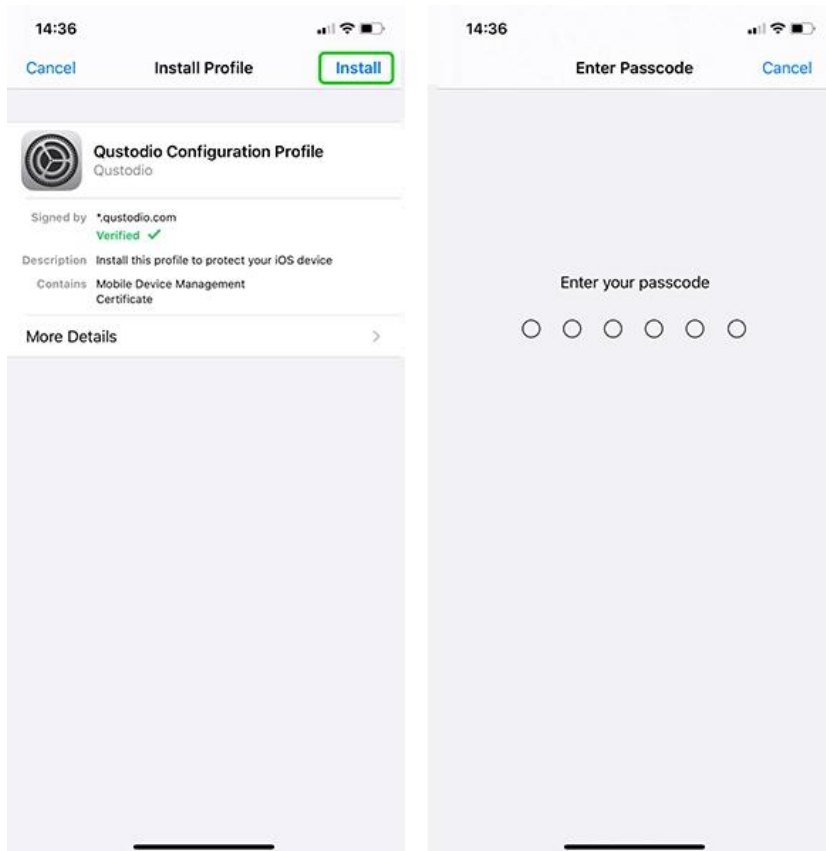


Step 13 – Tap **Go to settings**.

Step 14 – In Settings, click **Profile Downloaded**.

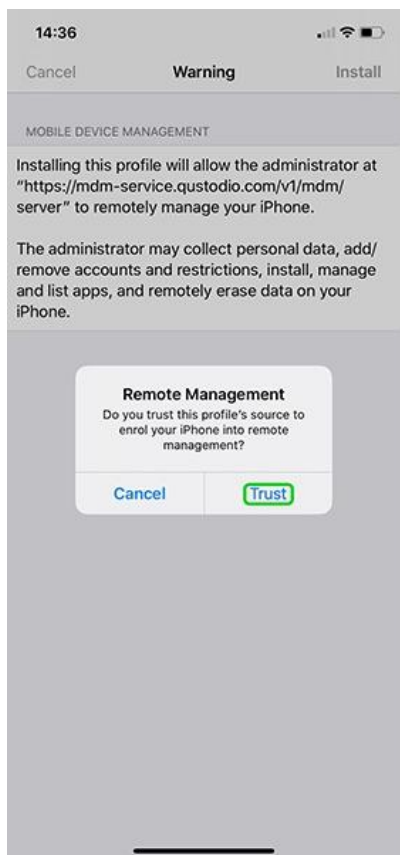



Step 15 – On the Install Profile screen, tap **Install**. You must enter your passcode before continuing.



Step 16 – Read the next screen and then **click Trust**.


Step 17 – Wait for Qustodio to install the profile.





Install Profile

1. Go to settings.
2. Select **Profile Downloaded**.
3. Tap **Install** in the top right corner and follow the steps on screen.
4. Come back to the Qustodio Kids App.

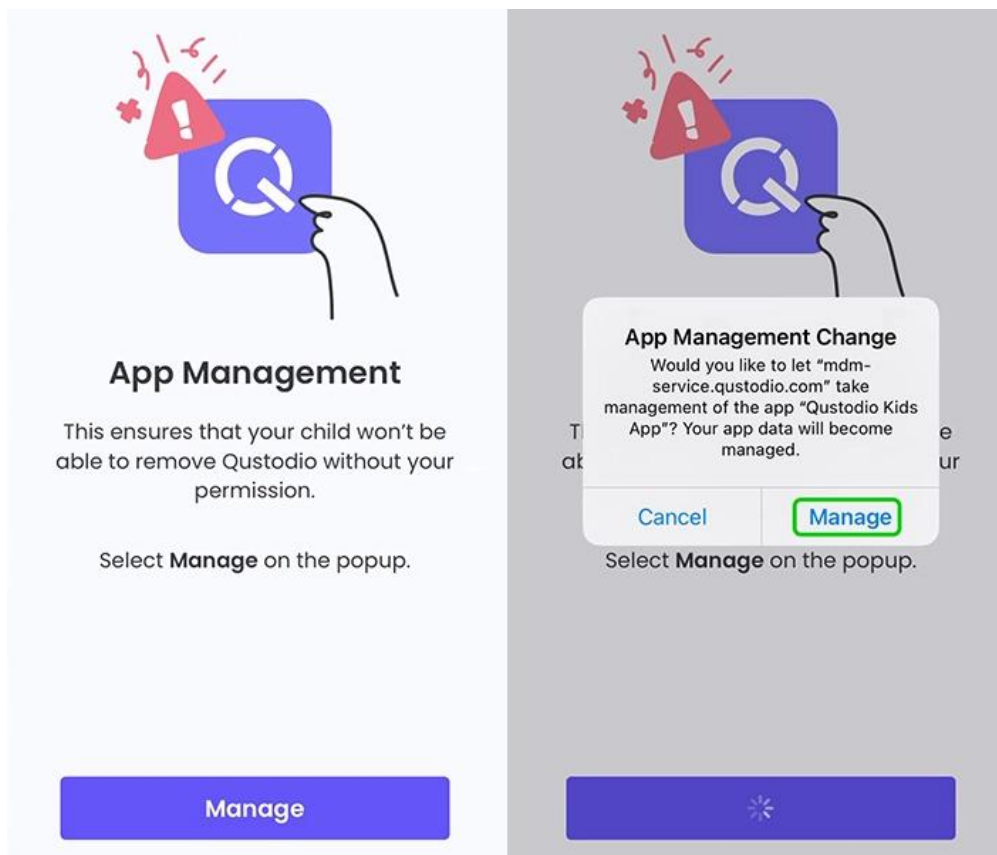


Can't find the profile?

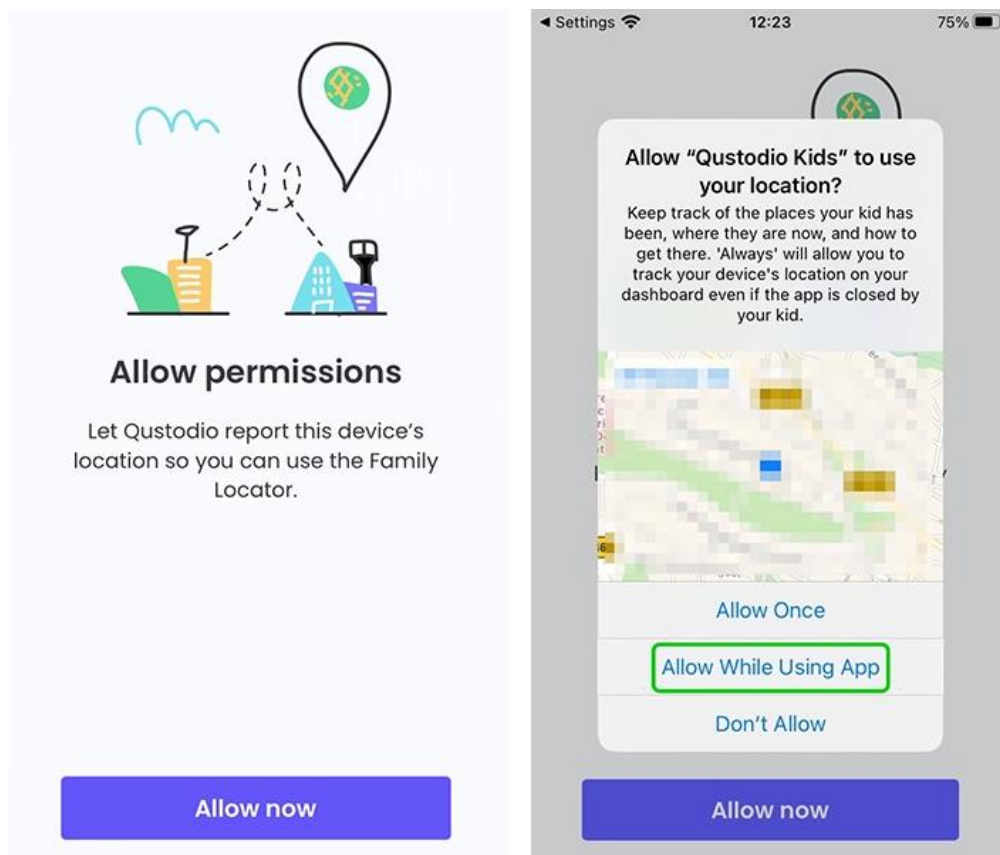
[Download it again](#)

[Read installation guide](#)

Step 18 – On the next page, **click Manage** and then **select Manage** on the popup.

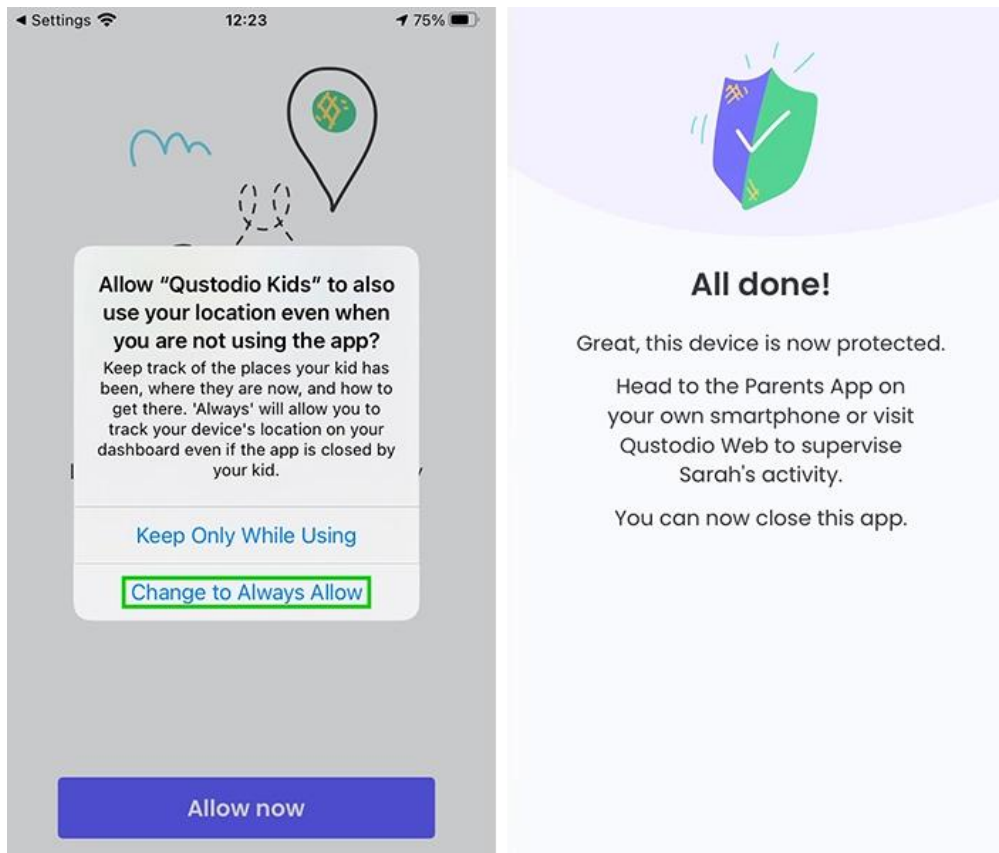


Step 19 – Click Allow now, and when the popup appears, **select Allow While Using App**.



Step 20 – When the app asks to use your location, **click Change to Always Allow**.

Step 21 – The app is now set up. You can now close the app and begin managing your child's device from your own Parents App.



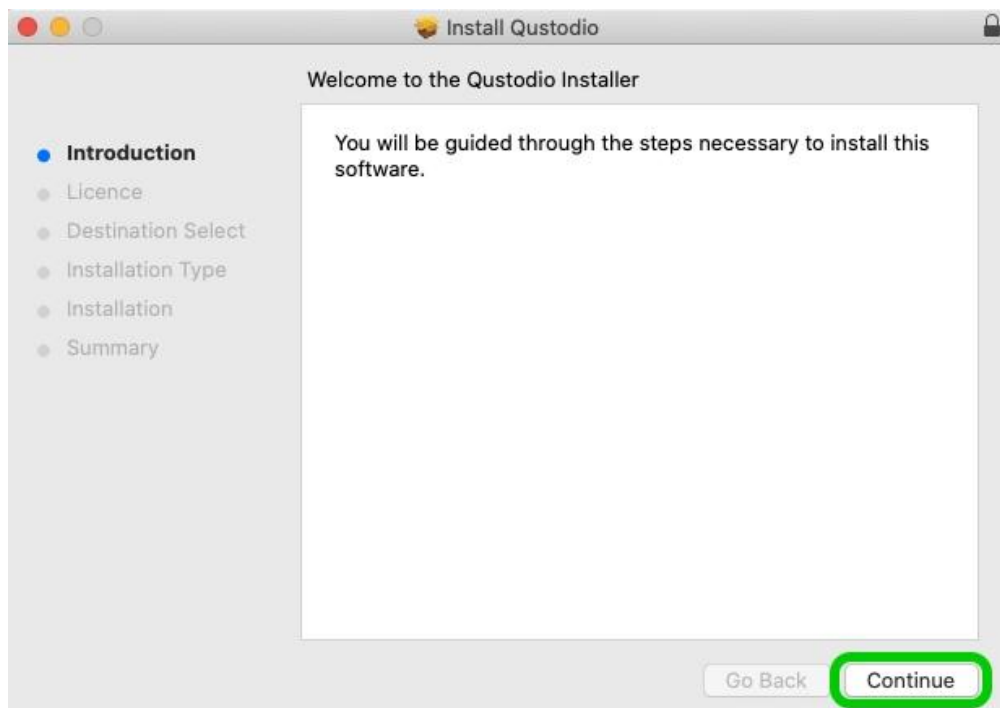
3 Setting up Qustodio on a computer

The **Qustodio Kids App** can also be downloaded onto a computer, allowing you to manage and monitor your child's activity on the device.

To set up Qustodio on a computer:

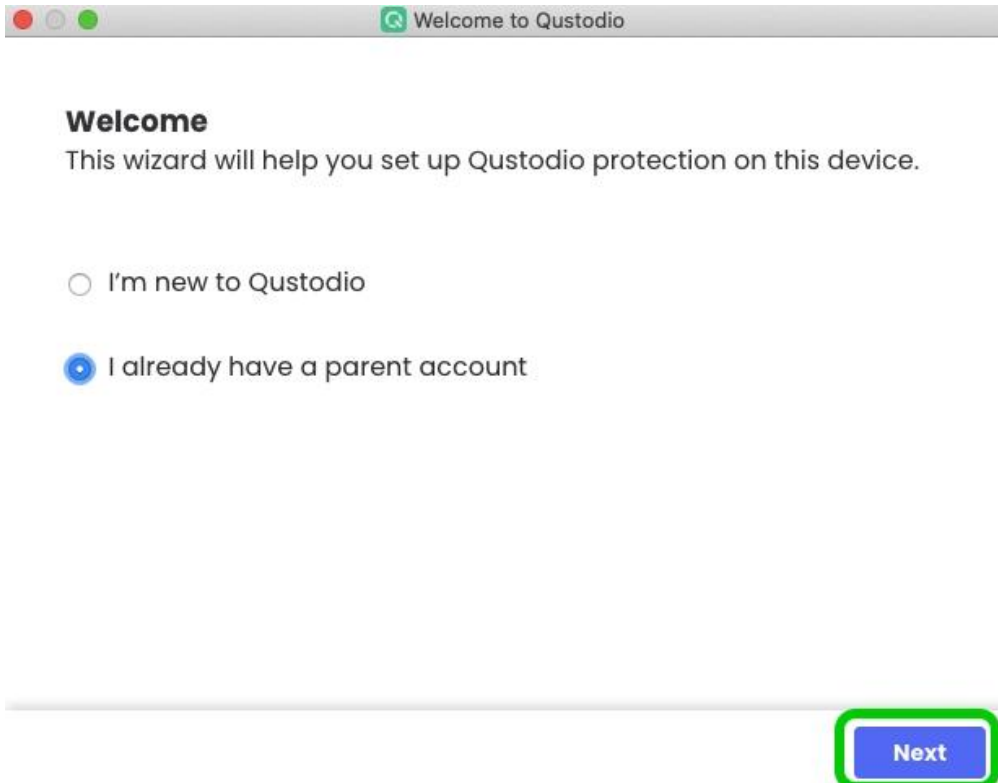
Step 1 – Log in to your Qustodio account from the device you want to protect. Look for the **Add Device** or **Download** option on your dashboard. Follow the prompts to **download the installer file**.

Step 2 – Run the downloaded installer file.



Step 3 – Follow the on-screen instructions. You'll be asked to log in with your Qustodio account details.

Step 4 – Next, choose the appropriate option, depending on if you already have a Qustodio account or not. Click **Next**.



Welcome to Qustodio

Welcome

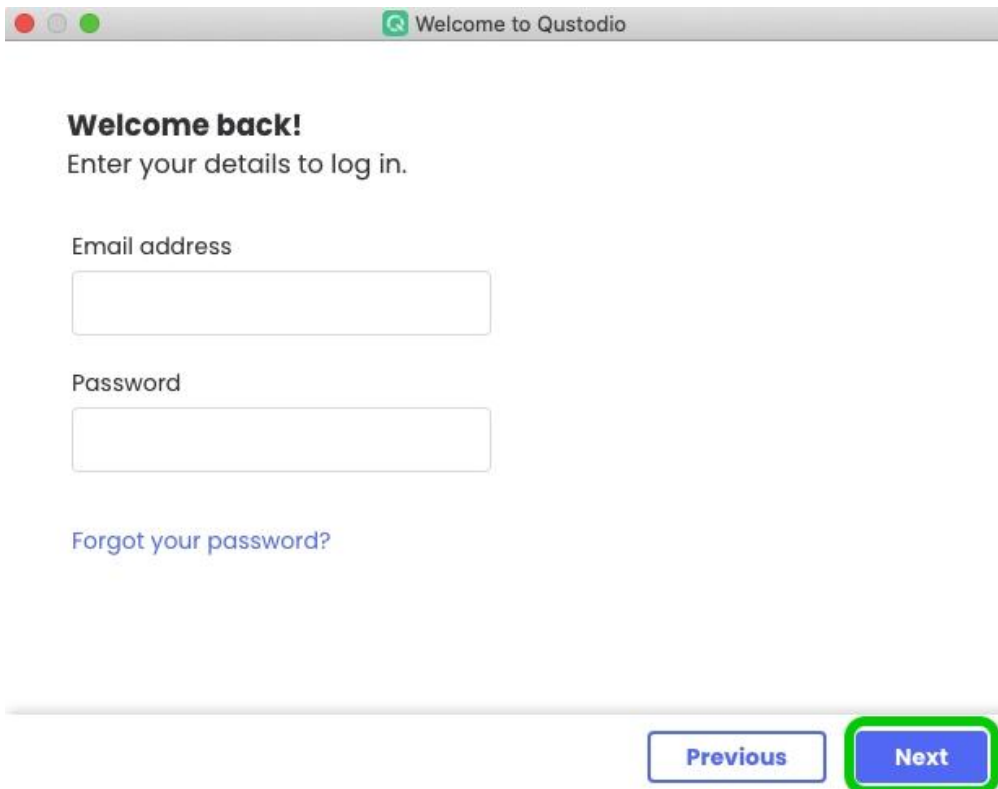
This wizard will help you set up Qustodio protection on this device.

☐ I'm new to Qustodio

☒ I already have a parent account

Next

Step 5 – Create a profile if you haven't already, or login to **an existing one**.



Welcome to Qustodio

Welcome back!

Enter your details to log in.

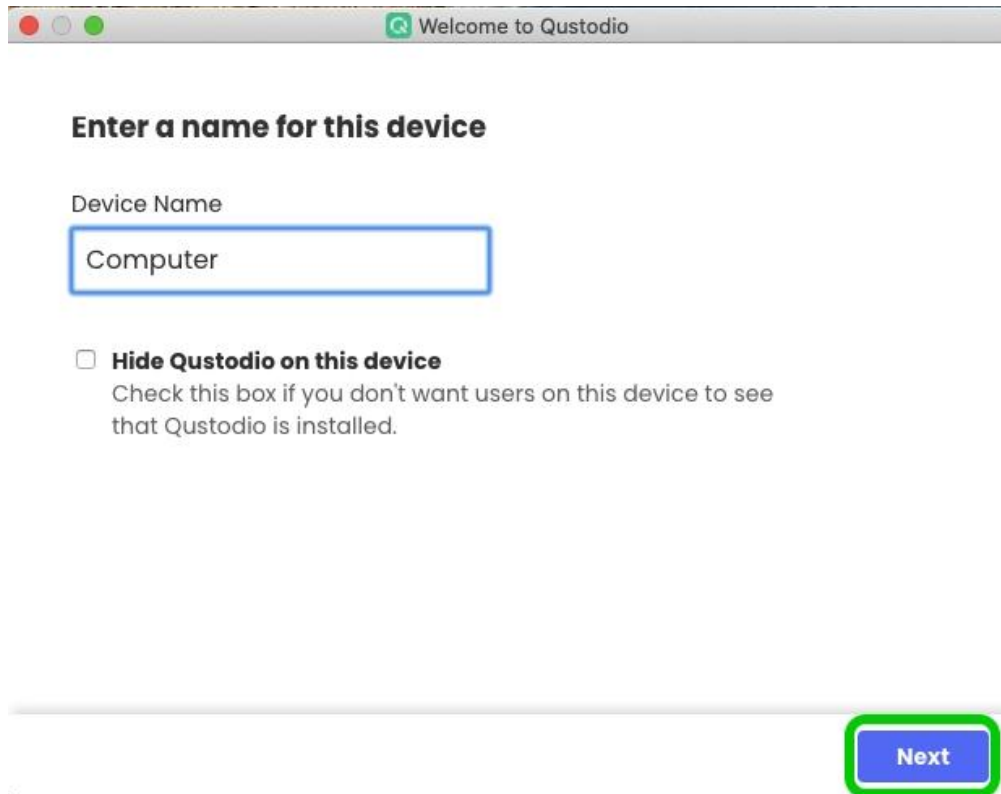
Email address

Password

[Forgot your password?](#)

Previous Next

Step 6 – Choose a name for the computer to help identify the device.



Welcome to Qustodio

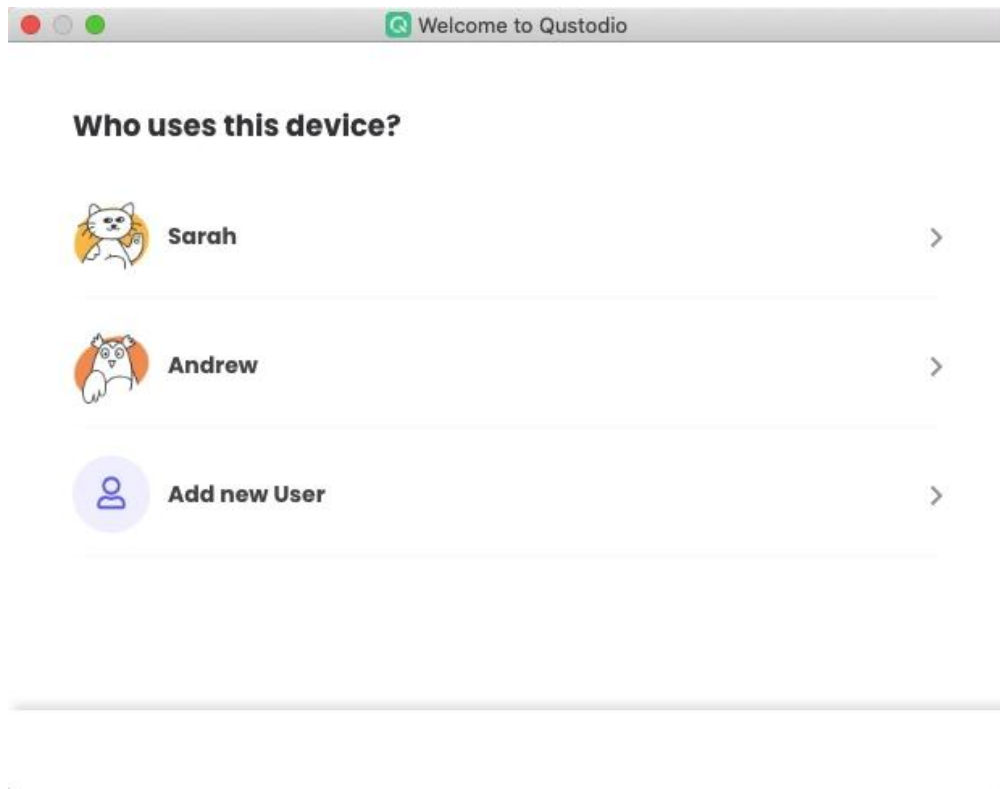
Enter a name for this device

Device Name

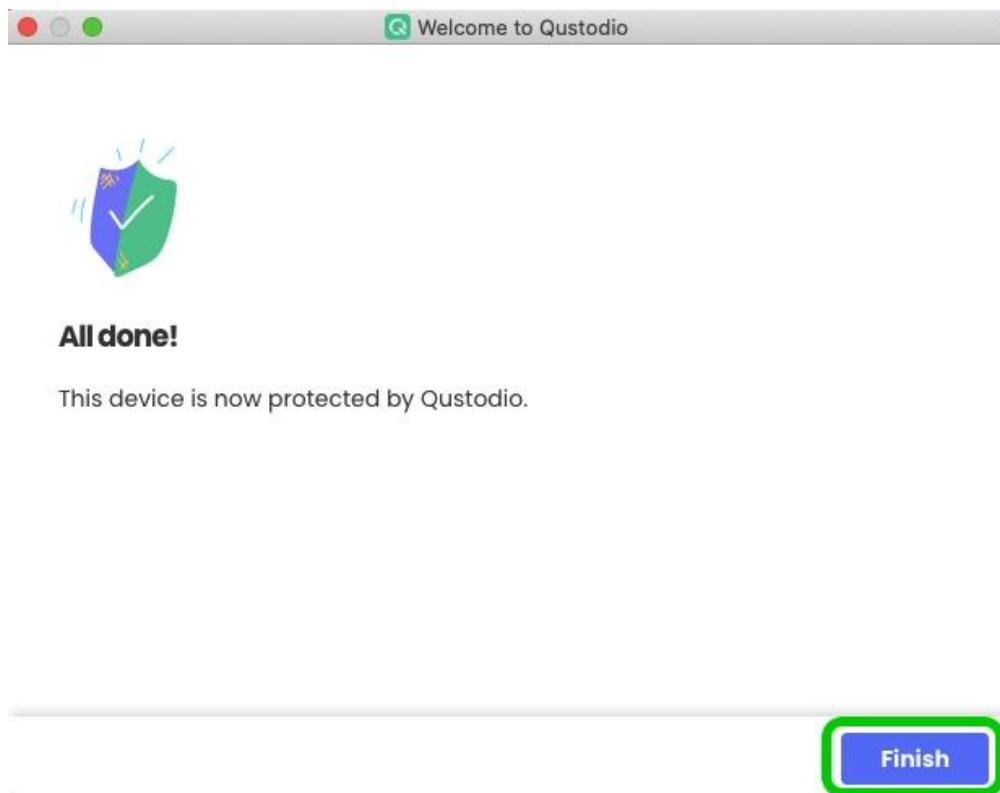
☐ **Hide Qustodio on this device**
Check this box if you don't want users on this device to see that Qustodio is installed.

Next

Step 7 – Create or select your child's profile.



Step 7 – Qustodio is now set up on the device. Click **Finish** to close the installer.



4 Managing settings

Once installed, the kids' device will be linked to your Qustodio parent account. Now, you can manage its settings from your **Qustodio Family Portal** (your online dashboard).

To manage settings:

Step 1 – Log in to your Qustodio Family Portal from any web browser or into your Qustodio Parents app.

Step 2 – You should now see the newly installed device listed under your **protected devices**.

From here, follow the wizard rules for customizing each child's profile, blocking apps or websites, activating the search alerts, setting screen time limits and daily routines, and safe key places to get real-time alerts when the child arrives or leaves those places! You are ready to start monitoring your child's activity online.