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# Qustodio Parental Controls

## Controls & settings guide

Qustodio offers a wide range of safety features and controls, giving parents the ability to monitor and manage their child's digital life. [Get started with Qustodio here.](#)

## 1 Qustodio setup for parents

To begin using Qustodio to monitor and manage your child's device use, you must first create your parent account.

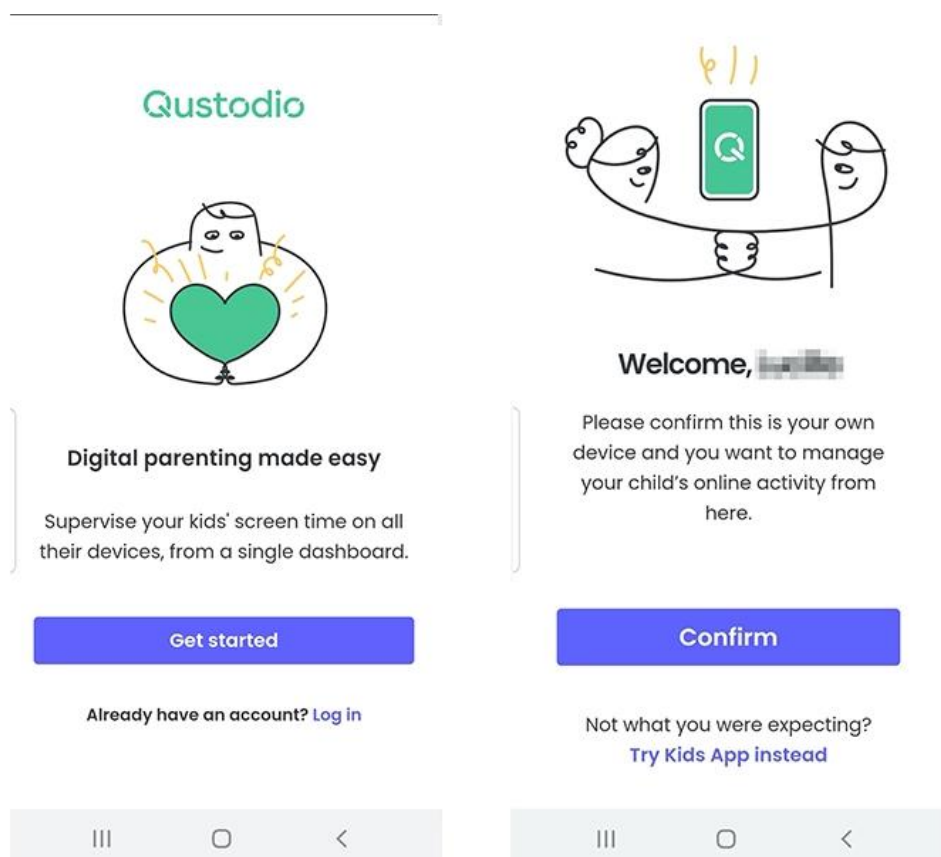
### To create a parent account:

**Step 1** – Download the Qustodio Parental Control app.

**Step 2** – Open the app and **click** on **Get started** to create your account.

**Step 3** – Tap **Confirm** to confirm that the device is your own.

**Step 4** – Follow the instructions to create your account.



**Step 4** – Once you've created your account, improve your account security by going into settings and **toggling on** the **Protect the Parents App** setting. Your biometric authentication will now be required after 30 seconds of inactivity.

## Settings

### Protect the Parents App



Require authentication after 30 seconds of inactivity.

## 2 Setting up Qustodio on mobile device

Once you have created a parental account, you can begin downloading the **Qustodio Kids App** onto the mobile device you want to monitor. (These images show the app being set up on iOS, but the steps are very similar on Android).

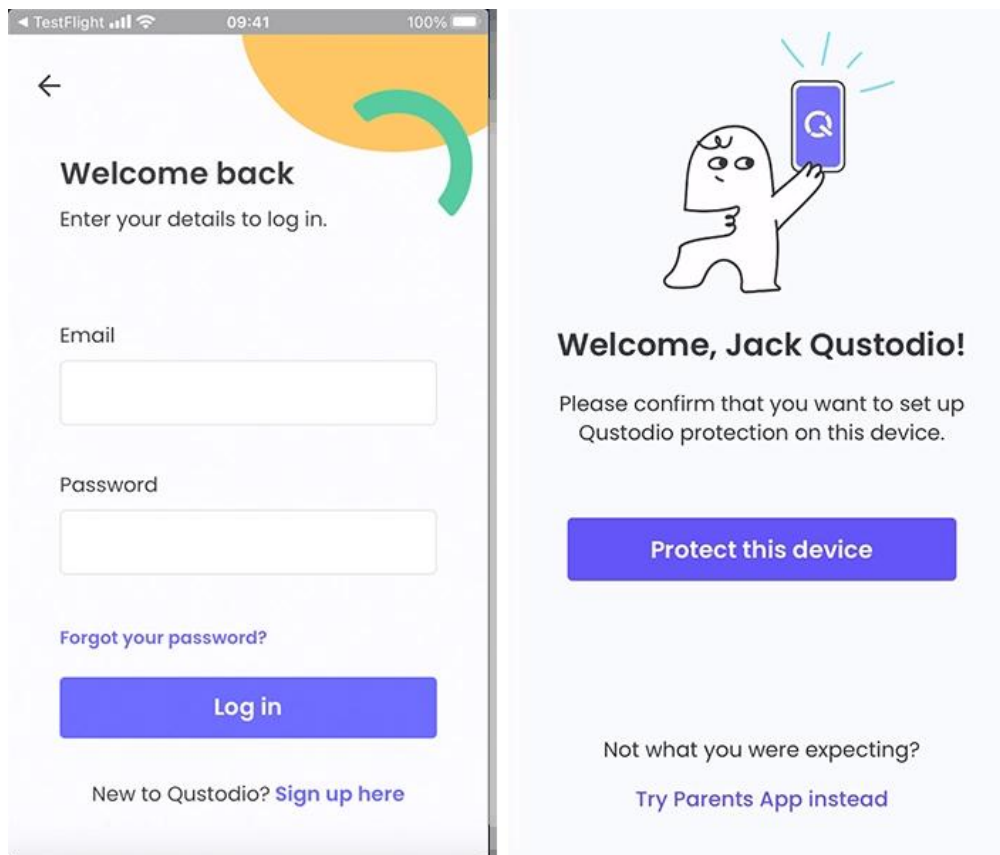
### To set up Qustodio on a child's device:

**Step 1** – Go to the **App Store** (for iOS) or **Google Play Store** (for Android), search for **Kids App Qustodio**, download and install the app on the child's device.

**Step 2** – **Open** the **Qustodio app** you just downloaded.

**Step 3** – **Log in** with your Qustodio account.

**Step 4** – Click **Protect this device**.



**Step 5** – Enter a name for the device and **click Next**.

**Step 6** – Enter your child's details and **click Next**.

< Back

### Enter a name for this device

Device name

Next

< Back

### Enter your child's details

Name

Birth year (YYYY)

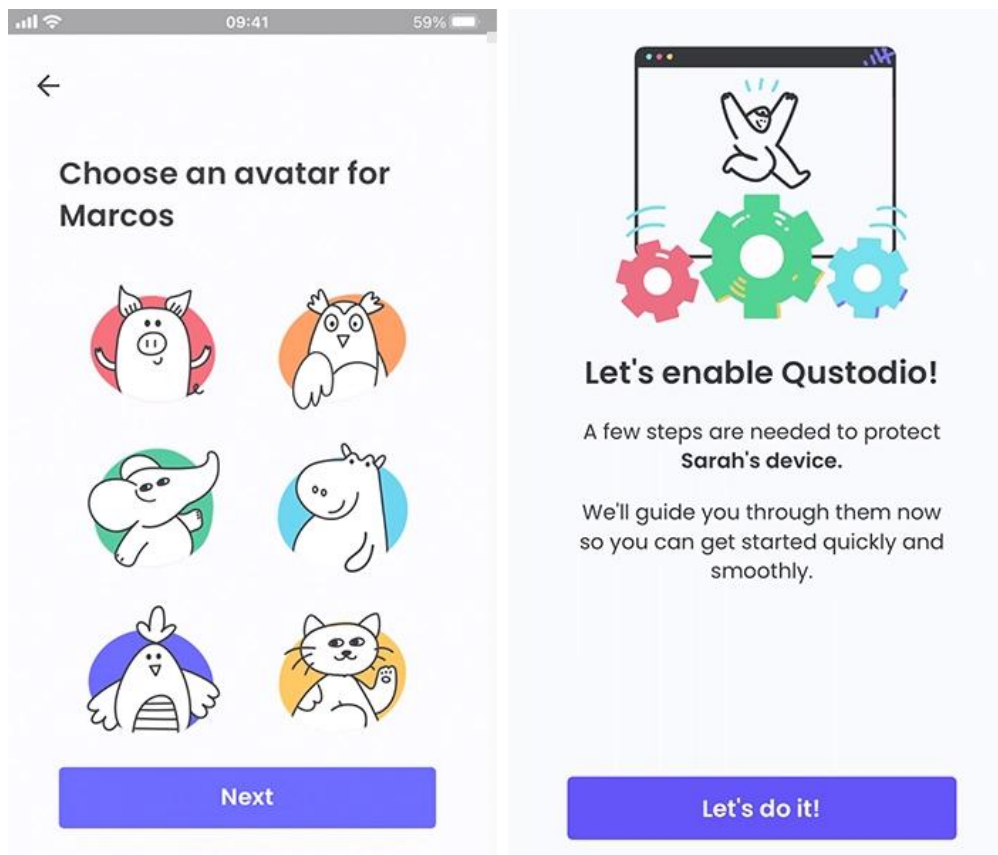
Gender

Select ▼

Next

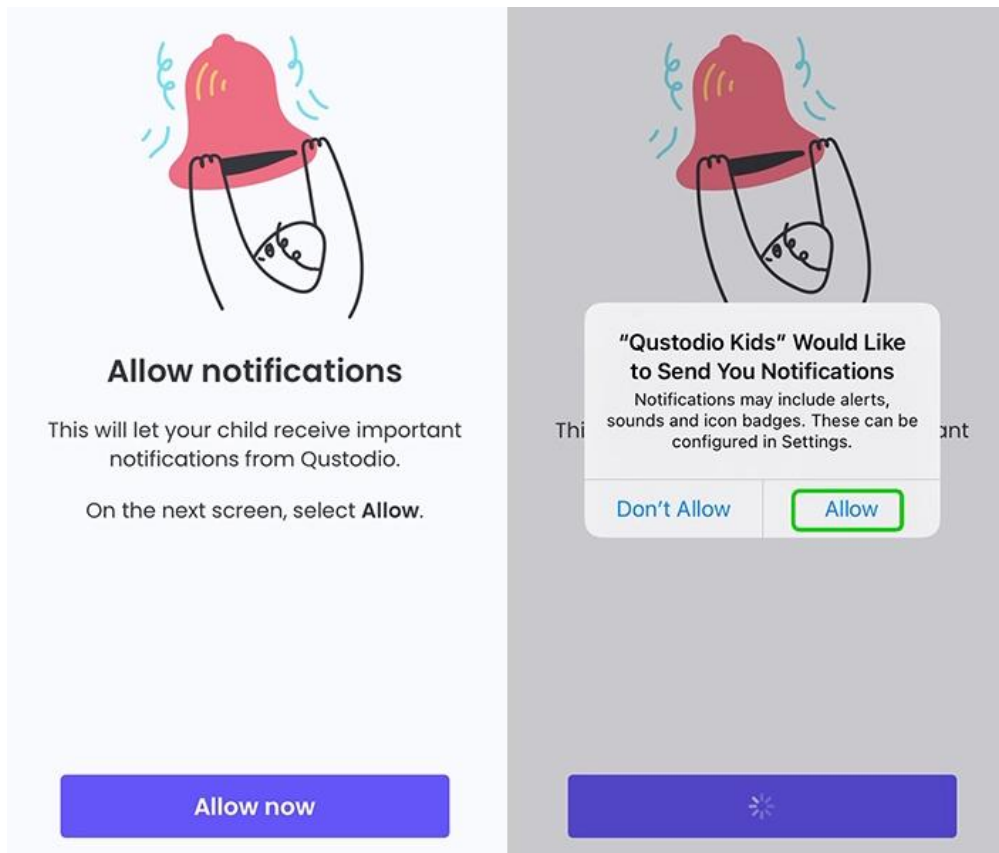
**Step 7** – Select an avatar for your child.

**Step 8** – Click **Let's do it!**.

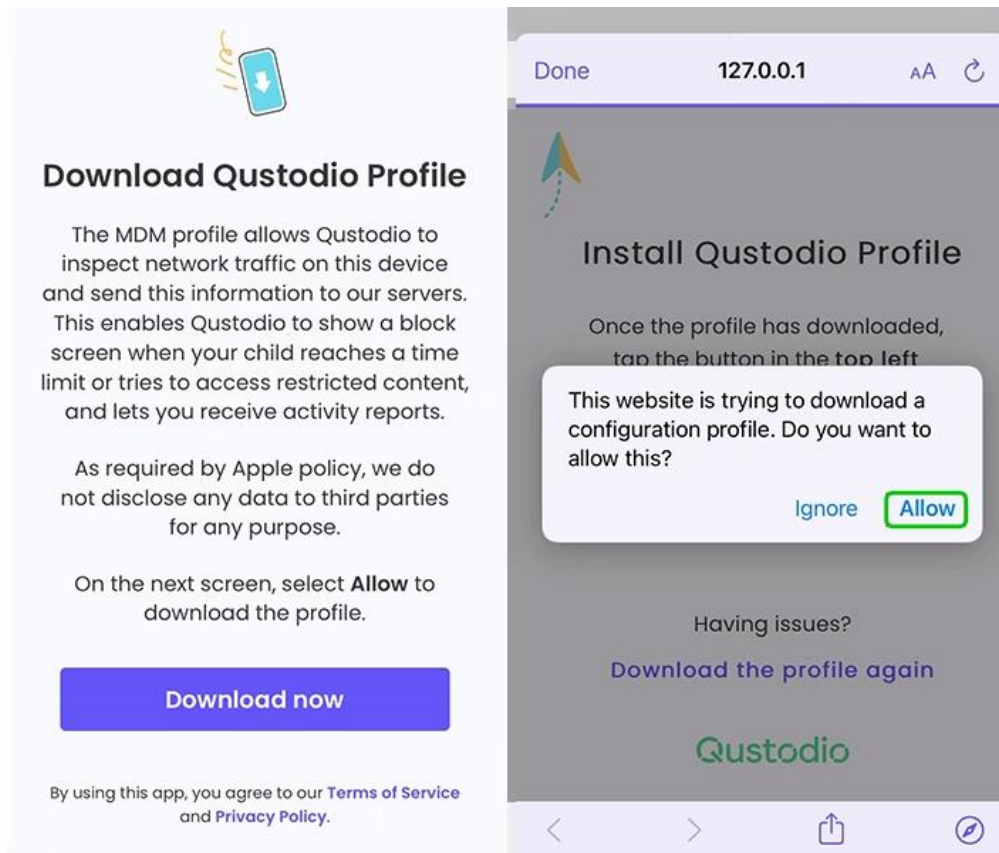


**Step 8** – Click **Allow now**.

**Step 9** – When a popup appears, **select Allow**.

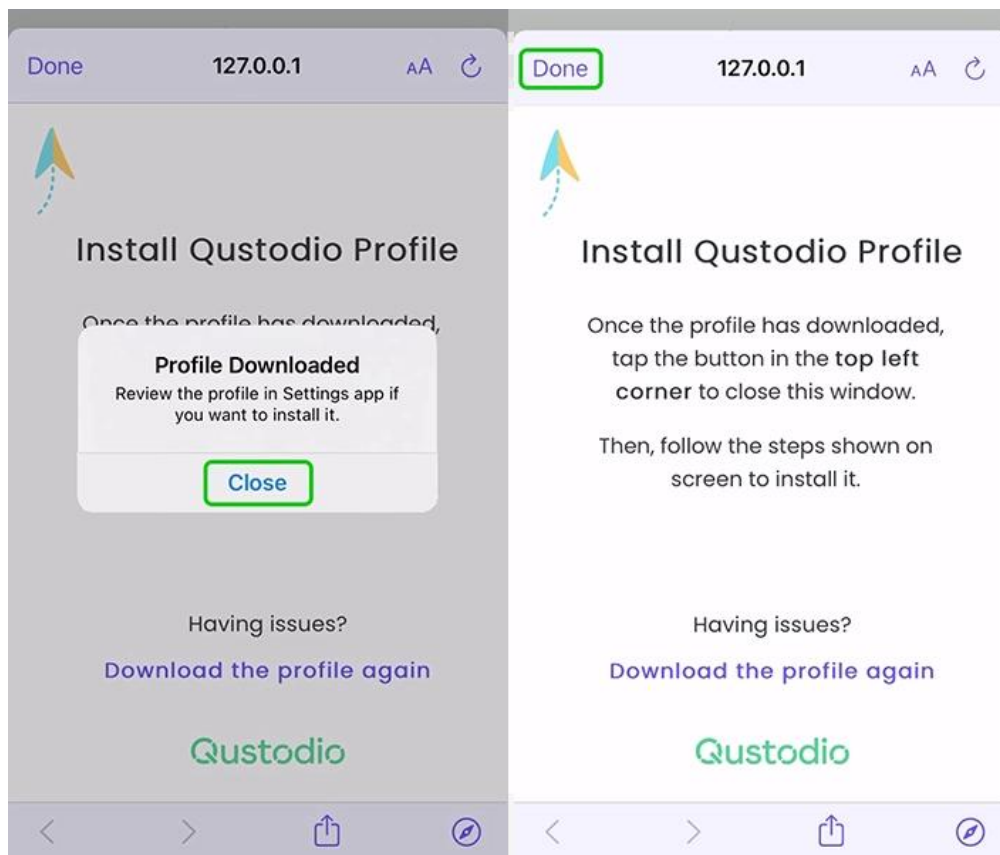


**Step 10** – On the next page, click **Download now**. When a popup appears, **select Allow**.



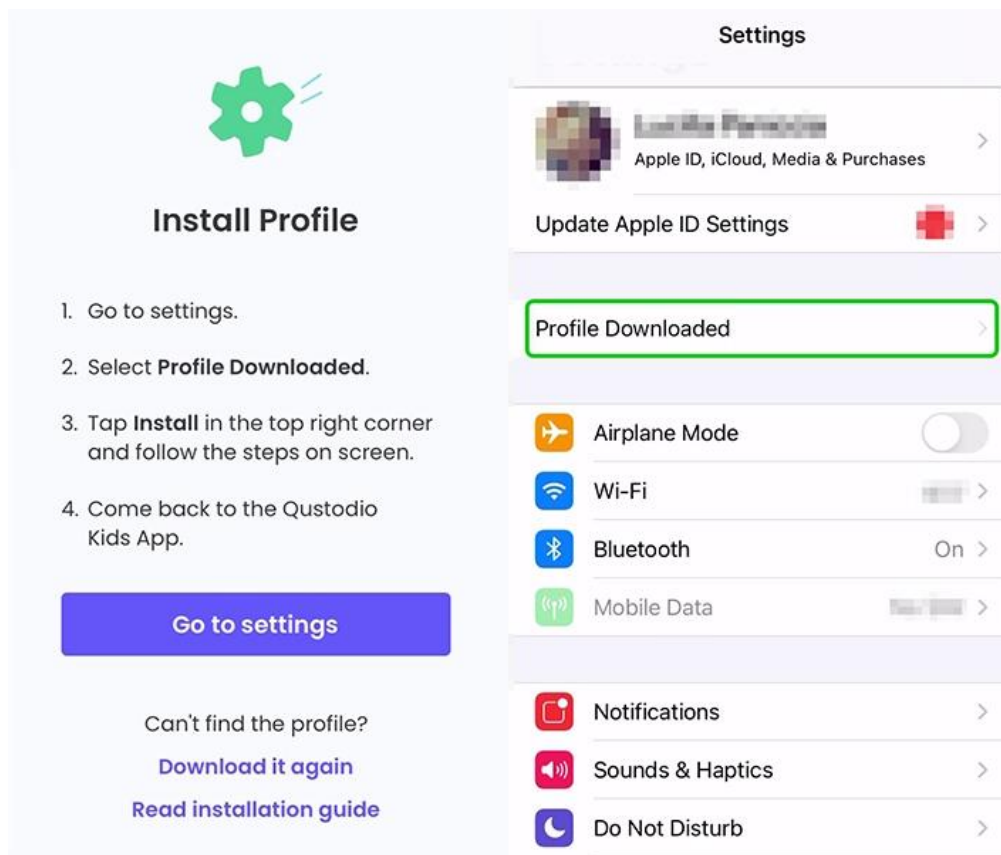
**Step 11** – Once the profile is downloaded, **click Close**.

**Step 12** – **Click Done** in the top left corner of the screen.

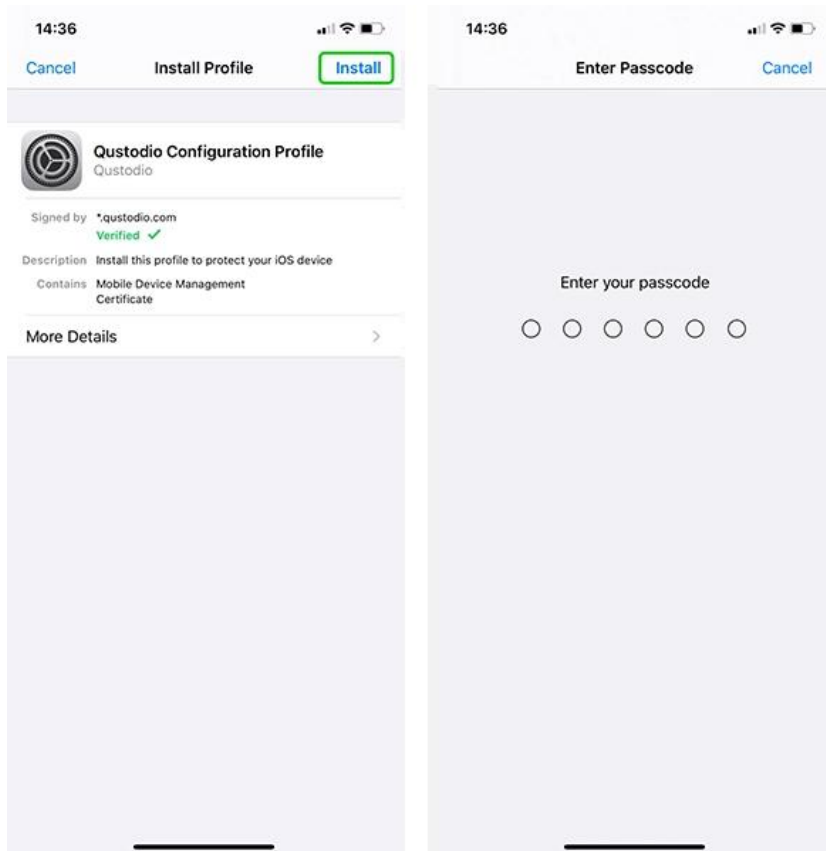


**Step 13** – Tap **Go to settings**.

**Step 14** – In Settings, click **Profile Downloaded**.

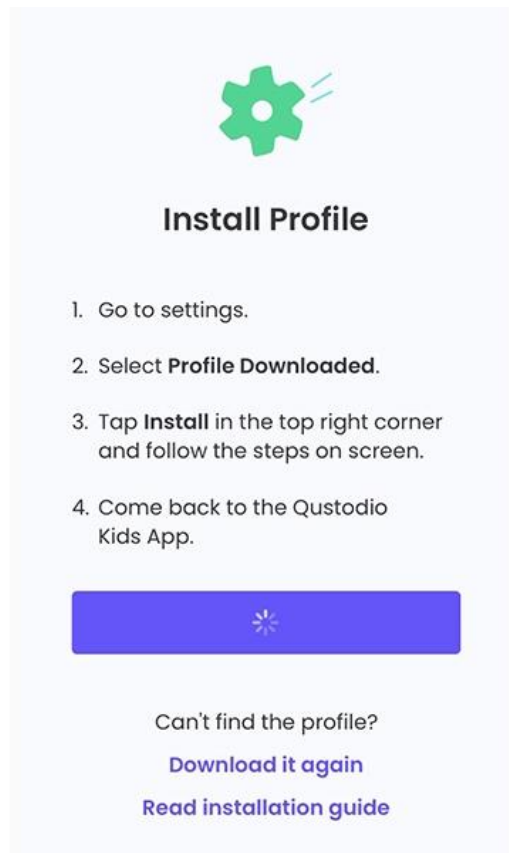
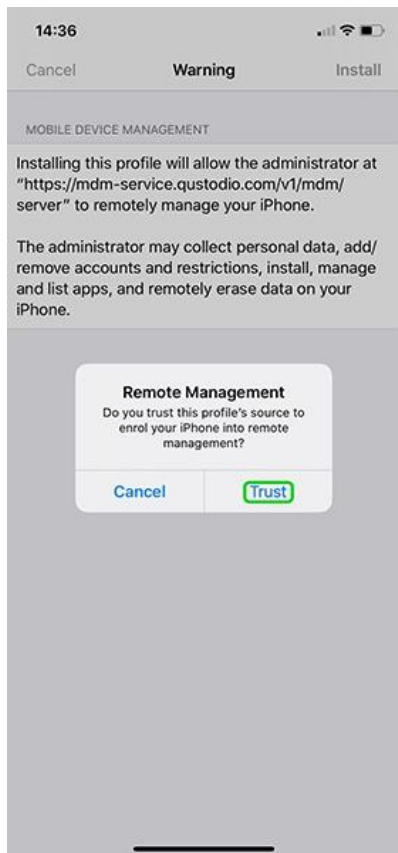


**Step 15** – On the Install Profile screen, tap **Install**. You must enter your passcode before continuing.

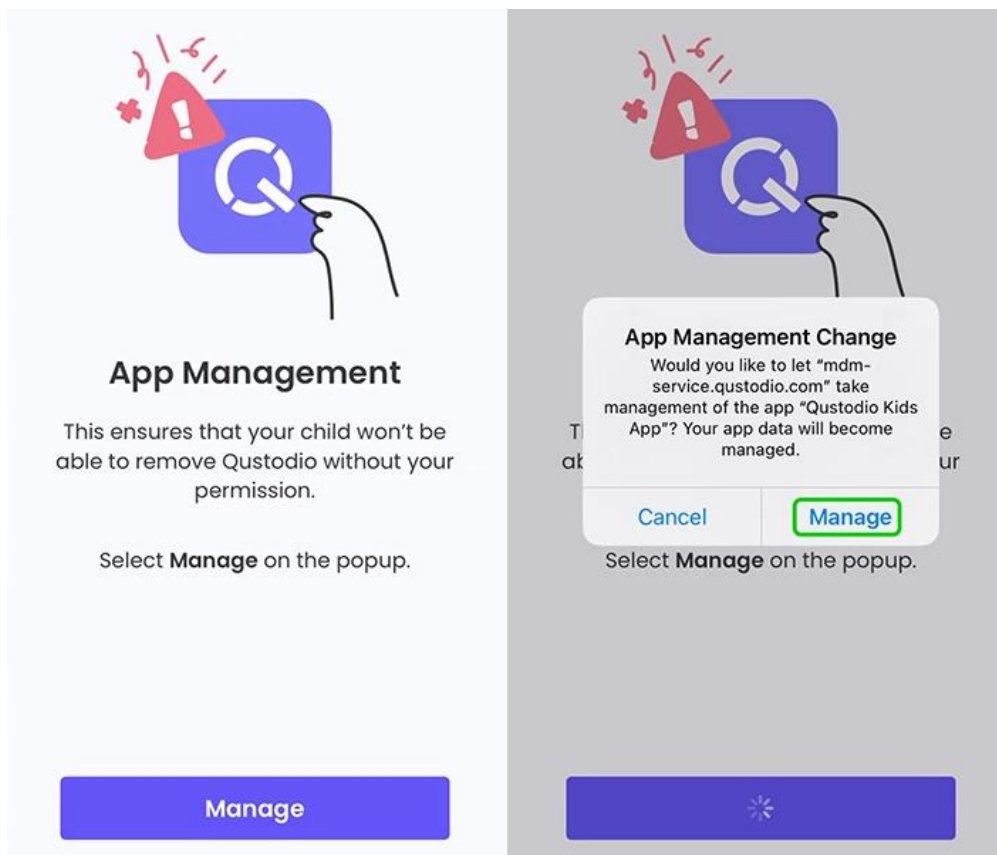


**Step 16** – Read the next screen and then **click Trust**.

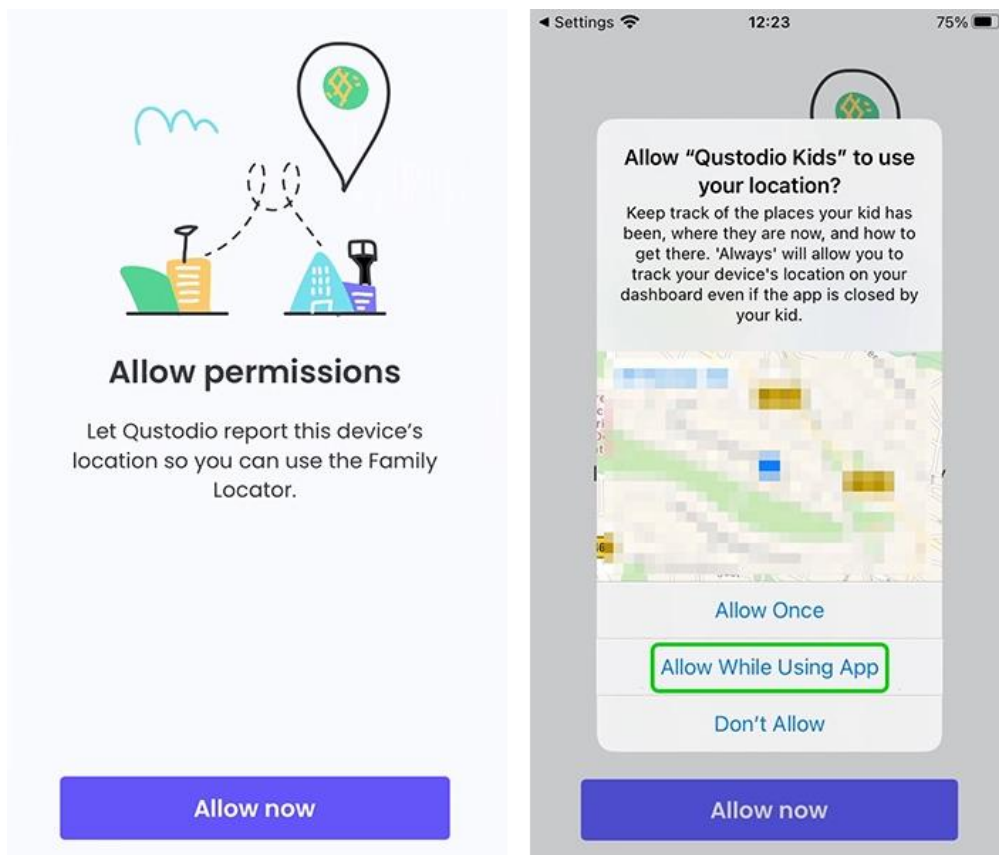
**Step 17** – Wait for Qustodio to install the profile.



**Step 18** – On the next page, **click Manage** and then **select Manage** on the popup.

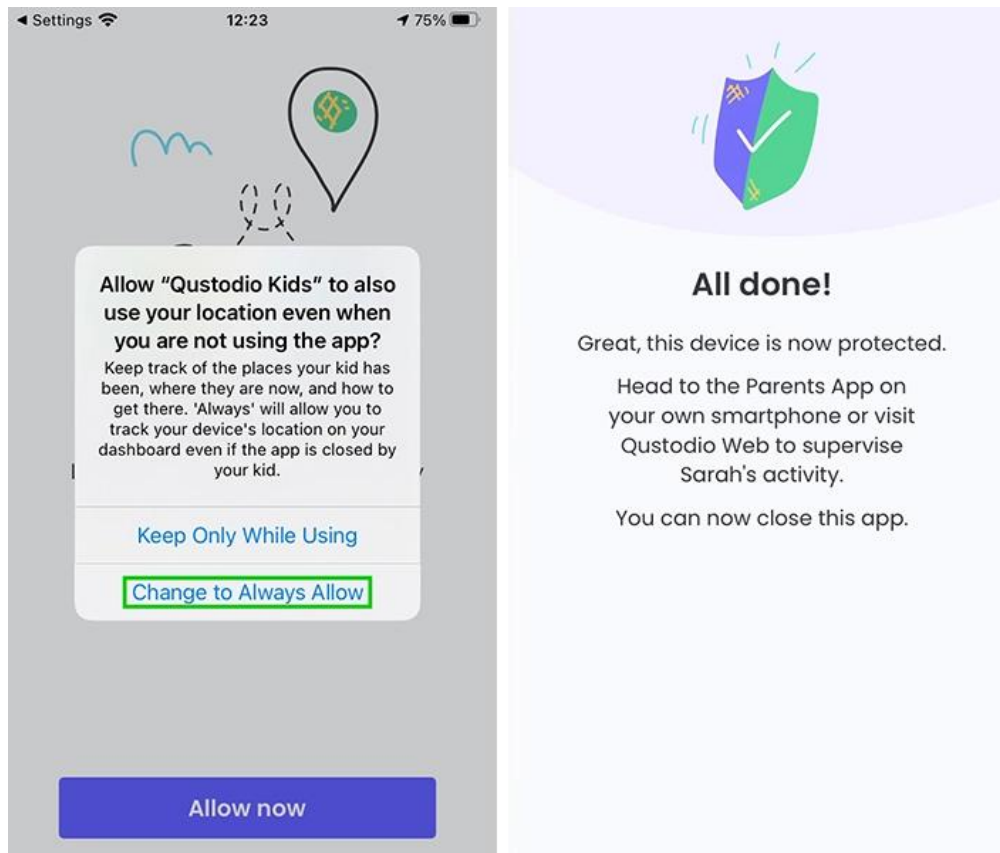


**Step 19 – Click Allow now**, and when the popup appears, **select Allow While Using App**.



**Step 20** – When the app asks to use your location, **click Change to Always Allow**.

**Step 21** – The app is now set up. You can now close the app and begin managing your child's device from your own Parents App.



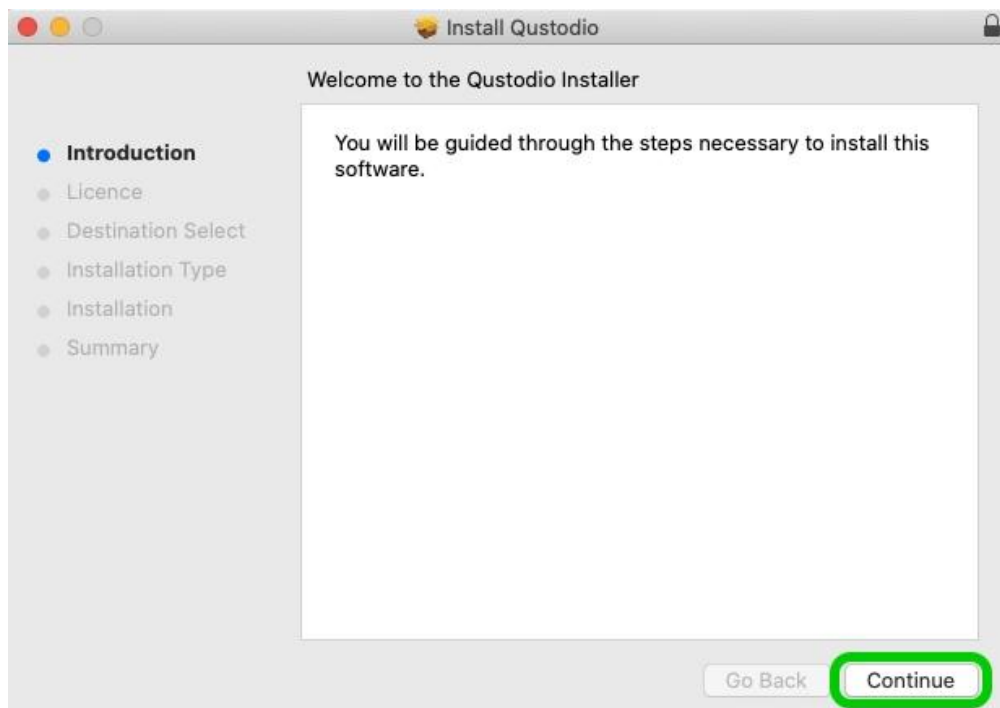
### 3 Setting up Qustodio on a computer

The **Qustodio Kids App** can also be downloaded onto a computer, allowing you to manage and monitor your child's activity on the device.

#### To set up Qustodio on a computer:

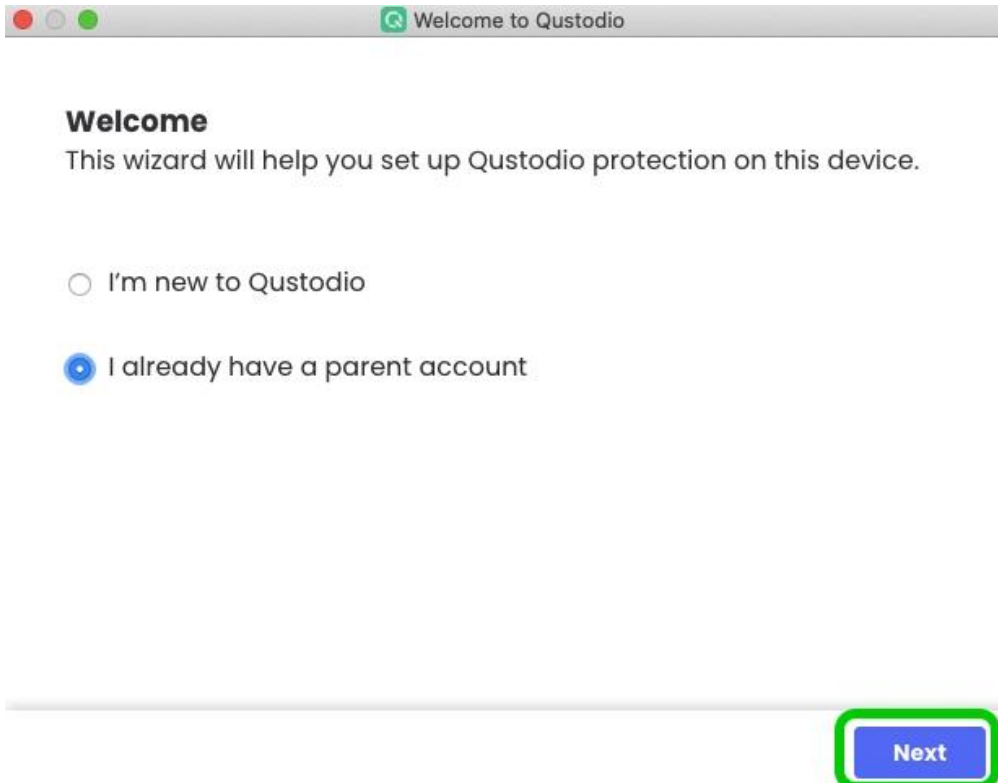
**Step 1** – Log in to your Qustodio account from the device you want to protect. Look for the **Add Device** or **Download** option on your dashboard. Follow the prompts to **download the installer file**.

**Step 2** – Run the downloaded installer file.



**Step 3** – Follow the on-screen instructions. You'll be asked to log in with your Qustodio account details.

**Step 4** – Next, choose the appropriate option, depending on if you already have a Qustodio account or not. Click **Next**.



Welcome to Qustodio

## Welcome

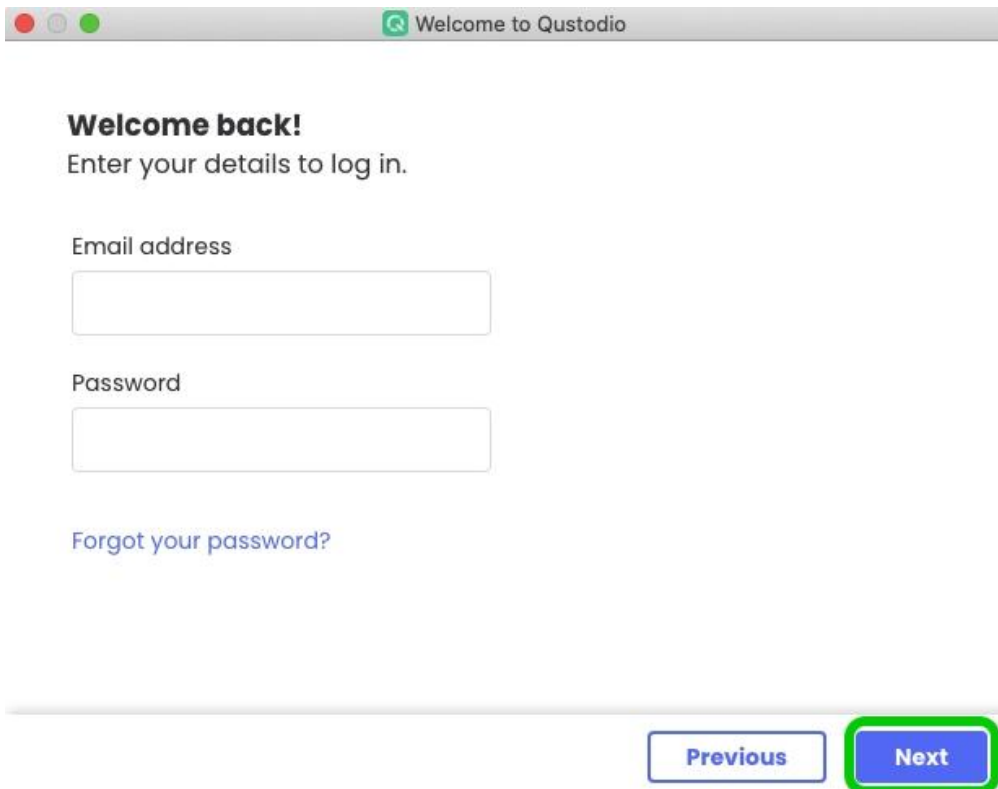
This wizard will help you set up Qustodio protection on this device.

☐ I'm new to Qustodio

☒ I already have a parent account

Next

**Step 5 – Create a profile** if you haven't already, or login to **an existing one**.



Welcome to Qustodio

## Welcome back!

Enter your details to log in.

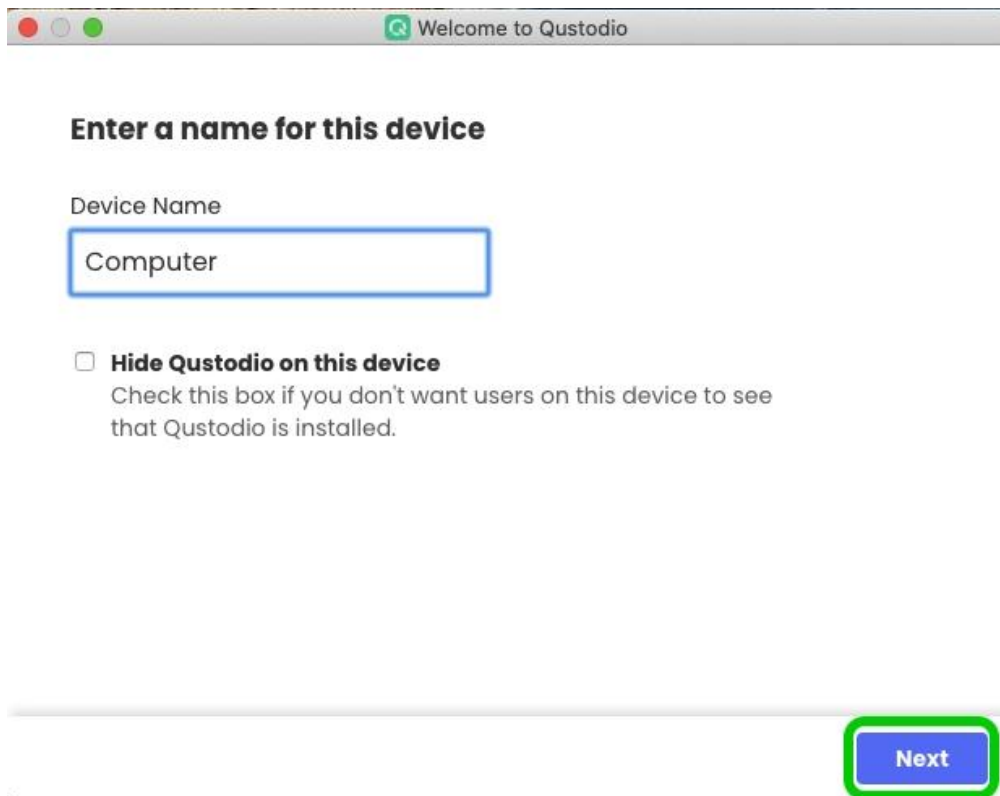
Email address

Password

[Forgot your password?](#)

Previous Next

**Step 6** – Choose a name for the computer to help identify the device.



Welcome to Qustodio

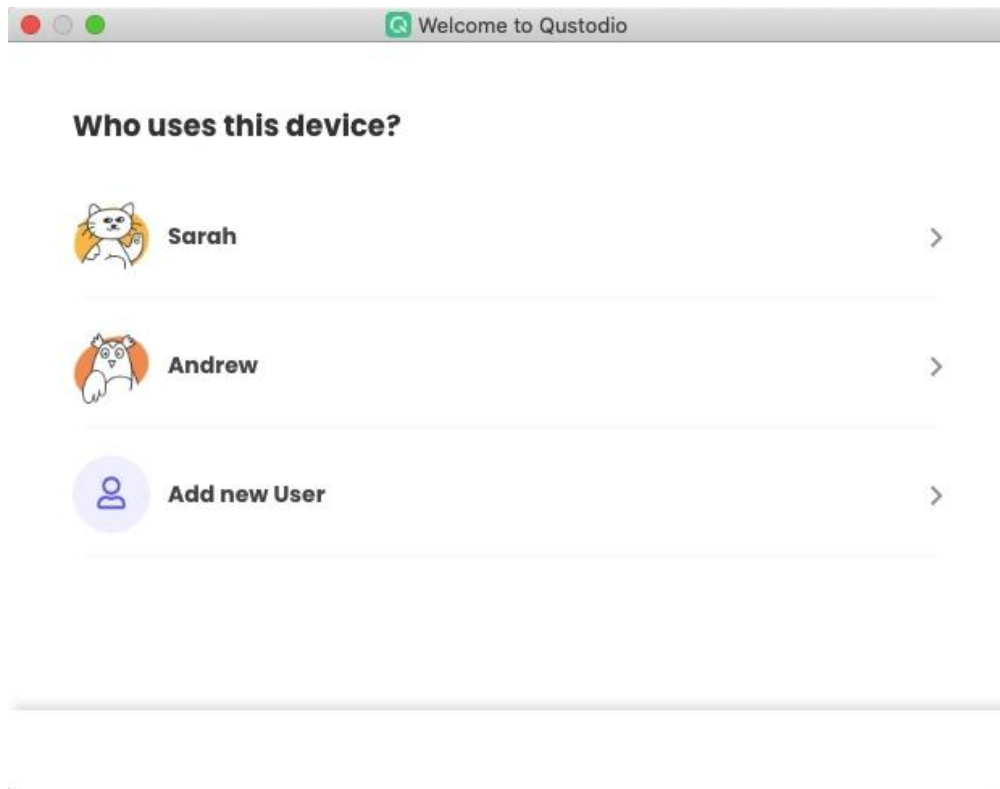
### Enter a name for this device

Device Name

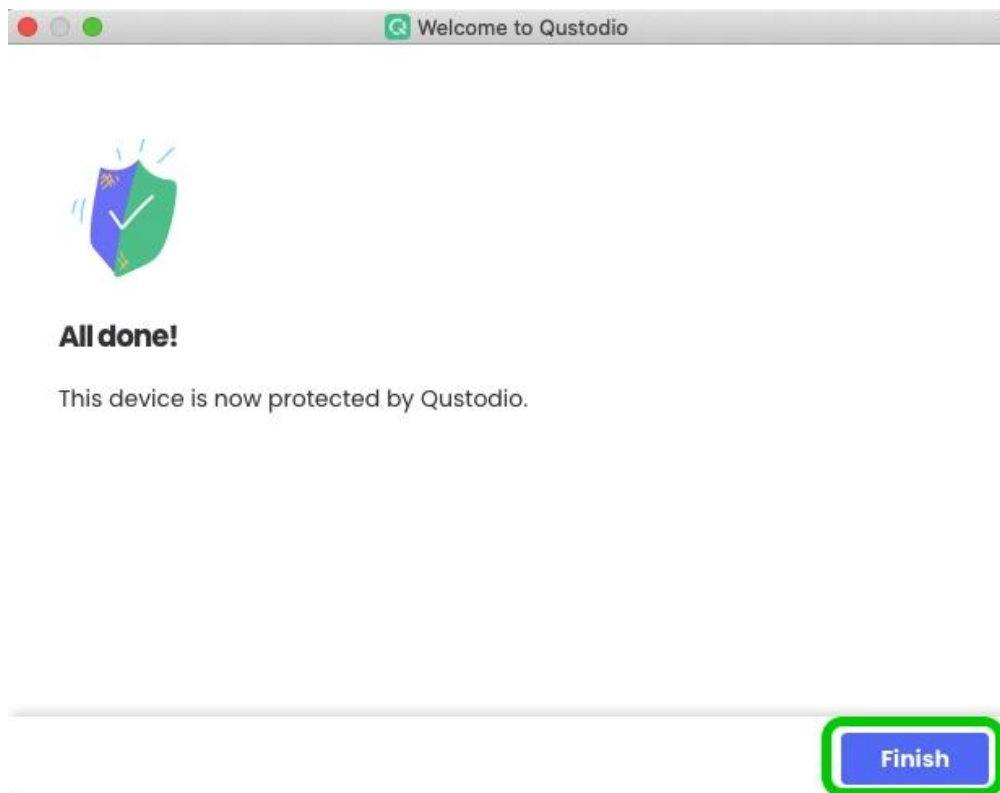
☐ **Hide Qustodio on this device**  
Check this box if you don't want users on this device to see that Qustodio is installed.

Next

**Step 7** – Create or select your child's profile.



**Step 7** – Qustodio is now set up on the device. Click **Finish** to close the installer.



## 4 Managing settings

Once installed, the kids' device will be linked to your Qustodio parent account. Now, you can manage its settings from your **Qustodio Family Portal** (your online dashboard).

### To manage settings:

**Step 1** – Log in to your Qustodio Family Portal from any web browser or into your Qustodio Parents app.

**Step 2** – You should now see the newly installed device listed under your **protected devices**.

On the device you can:

[Block inappropriate content](#)

[Set screen time limits](#)

[Track app usage and activity](#)

You can [get started with Qustodio here](#).