



Macos Ventura 13 Safety Controls & settings guide

In 2022, Apple released macOS Venntura 13 as the updated operating system for Apple Macs. Set up content and privacy restrictions in Screen Time on Mac to manage what your child can access and download. You can also use the Privacy and Security settings in the operating system to manage more options.

1 Where to manage location

To help enhance your child's safety, macOS Ventura's location tracking can be turned off for system and apps.

To choose which apps and system services can use Location Services:

Step 1 – Choose the **Apple icon** on the menu and go to the **System Settings**. Then, click **Privacy & Security** in the sidebar.

Step 2 – Toggle **Location Services** on or off for each app that you would like to restrict or grant access.

If you turn off this setting on an app, the next time it tries to get your location, it will prompt your child to turn it back on. Therefore, it's important to talk to your child about this control and its importance.

2 How to set up malware protection

Any device that connects to the internet runs the risk of malware. On a Mac, there are some built-in features to help limit this risk.

To protect the system from malware:

Step 1 – Go to the **Systems Settings** menu > Allow application downloaded from.

Step 2 – Under **App store**, select **Allow only apps that have been downloaded from the App Store**.

Step 3 – Under **App Store** and identified developers, choose **Allow apps only from App Store and from developers identified by Apple**.

This will prevent automatic downloads, including those that contain malware.

3 Manage privacy settings

Within Ventura and Screen Time, you can easily restrict explicit content, purchases,

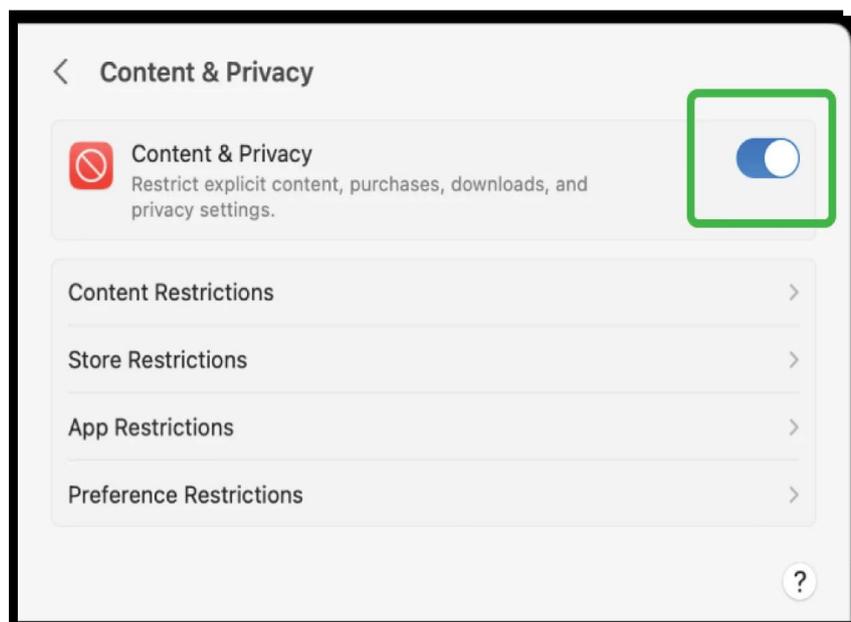
downloads and privacy settings.

To turn privacy settings on:

Step 1 – Select the **Apple icon** in the menu and click on the **Screen Time icon** in the sidebar.

Step 2 – If you are using Family Sharing, select the **Family Member** pop-up menu on the right and then choose the family member.

Step 3 – Select **Content & Privacy**. If it's off, turn it on.



4 How to set up content restrictions

With Ventura, you can limit adult and other inappropriate content in various areas.

To restrict web content:

Step 1 – Log into the relevant user account or go through **Family Sharing** and choose the relevant family member.

Step 2 – Click the **Apple icon** and select **Screen Time**.

Step 3 – Go to **Web content > Limit Adult Websites**. Or you can choose **Allow Websites Only** and then create a custom list for your child of allowed websites.

To set restrictions with Siri:

Step 1 – Within **Screen Time**, go to **Siri**.

Step 2 – Toggle the following options off:

Explicit language in Siri and Dictionary
Web Search Content Siri

To set restrictions within the Game Centre:

Step 1 – Within **Screen Time**, go to **Game Centre**.

Step 2 – Review and turn off the following options to restrict access:

Adding Friends
Connect and Friends
Private Messaging
Avatar & Nickname Changes
Profile Privacy Changes

To manage multiplayer games:

Step 1 – From **Screen Time**, go to this option to choose who your child can play with in the **Game Centre**. You can choose from the following options:

Allow multiplayer games with – Select Only friends added to their Game Centre account.

Allow Nearby Multiplayer – If you switch this on, your child will be able to play with players who are connected to the same Wi-Fi or Bluetooth range.

5 Where to manage spending

With Screen Time on macOS Ventura, you can restrict films, TV programmes and app purchases.

To restrict spending and store options on Mac:

Step 1 – Choose the **Apple icon** and select **System Settings > Screen Time > Store Restrictions**.

Step 2 – Review the options and decide which you'd like to turn on or off. They fall under the categories of:

Allowed Content

Allowed on iOS

Password & Security

6 Restrict preference changes

If you've had conversations about controls with your child but still worry they'll try to find workarounds, Apple have given you the option to lock these settings.

To lock preference changes:

Step 1 – From the **Screen Time** menu, select **Preference Restrictions**.

Step 2 – Review and turn the options available on or off. These are the options available across Apple devices:

Passcode

Account

Mobile Data

Driving Focus

TV Provider

Background App Activity

If an option is turned off, the Screen Time passcode is required to make a change.