Bt Broadband

Controls & settings guide

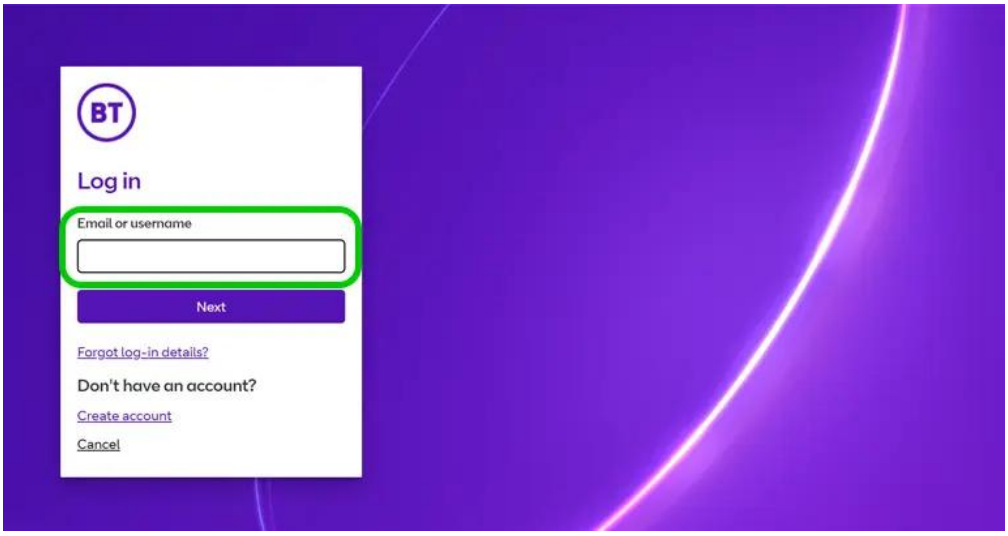
BT Broadband's parental controls let you set content restrictions across your WiFi which impact any connected device. This makes it a good place to start when keeping your children safe online.

1 How to activate BT Broadband parental controls

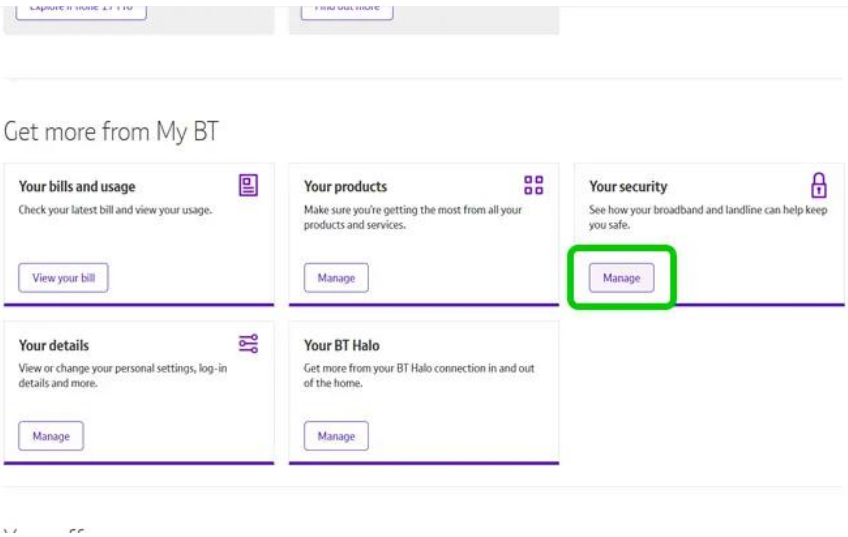
Once you activate parental controls on BT Broadband, you can manage content, block websites and even set certain screen time restrictions. If you need help, you can contact BT here.

To turn on BT parental controls:

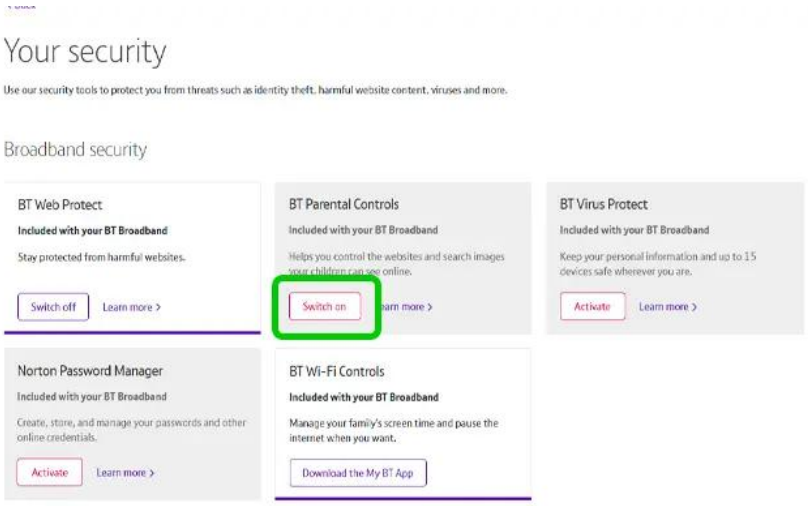
Step 1 – **Login** to MyBT with the username or email you used to sign up to BT Broadband.



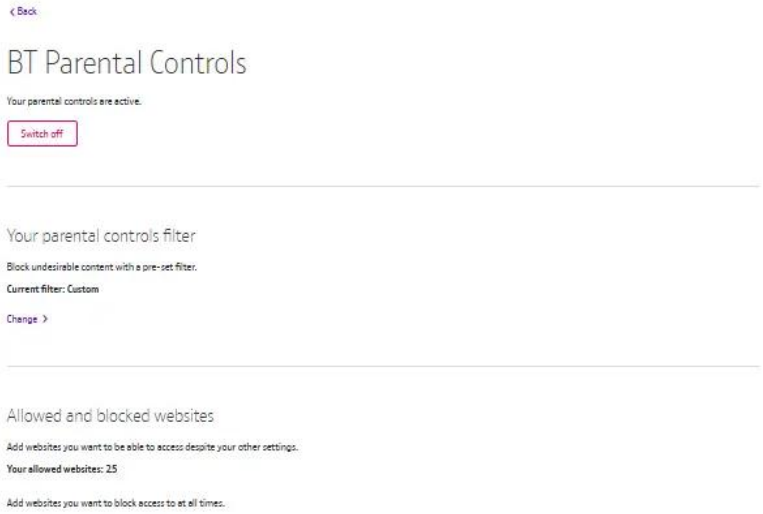
Step 2 – Scroll down to **Get more from My BT** and select '**Manage**' under **Your security**.



Step 3 – Under **Broadband security**, select '**Switch on**' within the **BT Parental Controls** card.



Step 4 – You will now see a range of features which you can customise. This is where you can also turn off parental controls if needed.



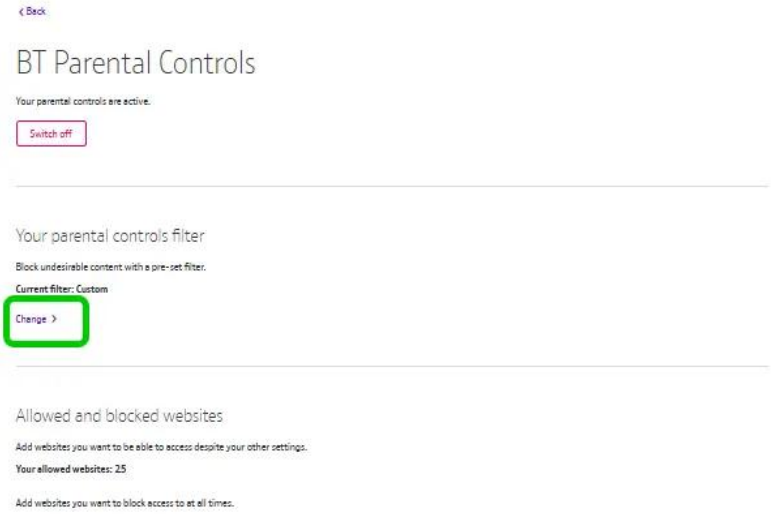
2 Where to set broadband filters

BT Broadband lets you set content filters across a range of categories. That means any device connected to your home WiFi will have these same content filters active as all other connected devices.

You can choose from pre-set filters or create a custom filter. This will apply primarily to websites your household can visit.

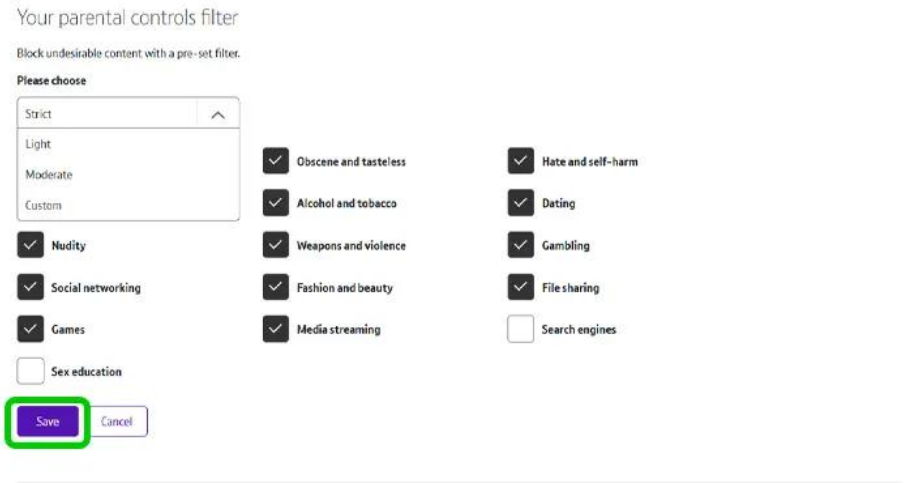
To set your filters:

Step 1 – From the **BT Parental Controls menu**, scroll to '**Your parental controls filter**' and select '**Change**'.



Step 2 – Choose from pre-set filters (**Light** or **Moderate**), or choose **Custom** and select which categories you don't want to be accessible on devices connected to your broadband. Consider age, hobbies and schoolwork when setting these filters.

Save when finished.

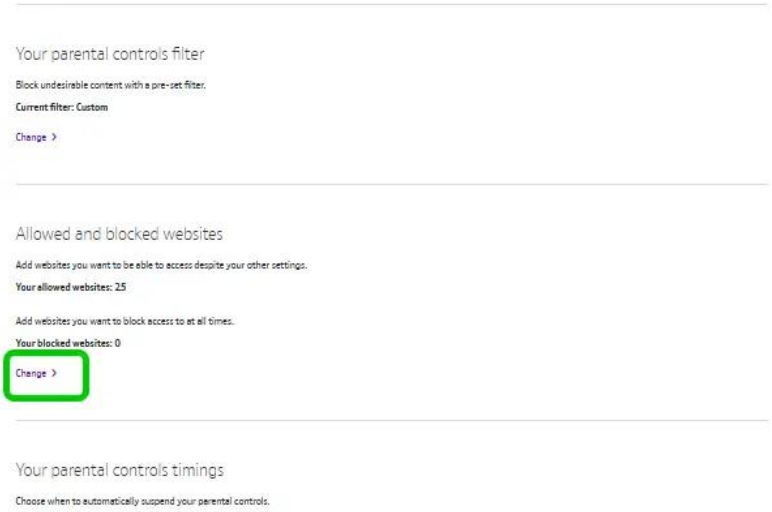


3 How to block specific websites on BT

Along with content filters, you can block specific websites. Use this if you allow access to a certain category but want to block specific websites within the category. You can also block a category but select certain websites from that category to allow.

To block or allow specific website access:

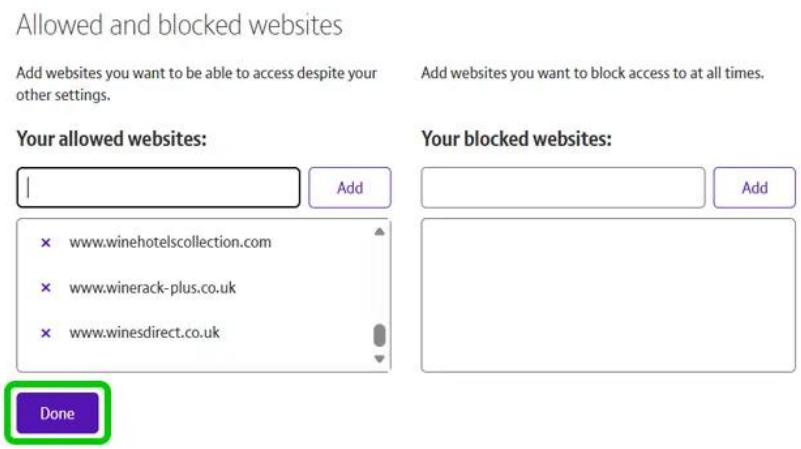
Step 1 – From the **BT Parental Controls menu**, scroll to '**Allowed and blocked websites**' and select '**Change**'.



Step 2 – On the left, add websites which you'd like to **allow**. For example, if you block your family from accessing content within the 'Sex education' category overall but do want to allow one specific website, you can add that here.

On the right, add websites which you'd like to **block**. For example, you might allow the Games category but want to block access to specific ad-heavy websites, and you can add those here.

Save when you're done.



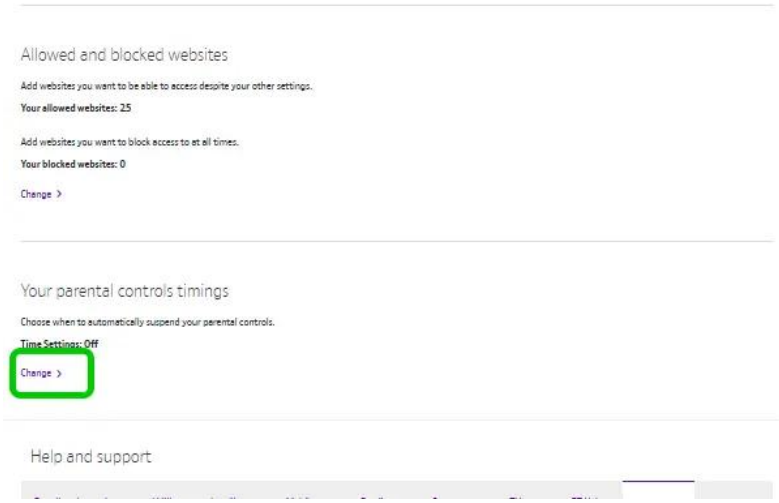
4 Setting WiFi timers on BT Broadband

With BT Broadband parental controls, you can set timers for when you want the parental control filters off. For example, if your child visits another parent at the weekends, you might wish to have parental controls turn off automatically during this time.

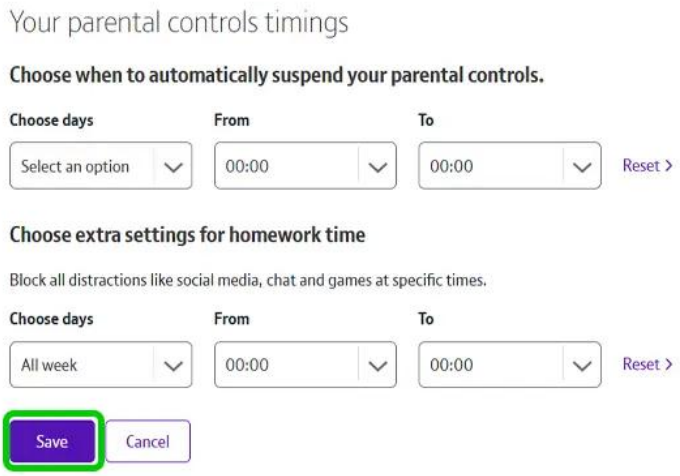
You can also turn on additional filters which can block distractions from social media, chat and games at specific times. This is to help your child focus on their homework while using the WiFi.

To set up time limits:

Step 1 – From the **BT Parental Controls menu**, scroll to '**Your parental controls timings**' and select '**Change**'.



Step 2 – Choose which days you'd like **parental controls to be turned off** and which days you'd like added **restrictions for homework**. **Save** when you're finished.


Your parental controls timings
Choose when to automatically suspend your parental controls.
Choose days
From
To
Select an option
00:00
00:00
Reset
Choose extra settings for homework time
Block all distractions like social media, chat and games at specific times.
Choose days
From
To
All week
00:00
00:00
Reset
Save
Cancel