

internet
matters.org



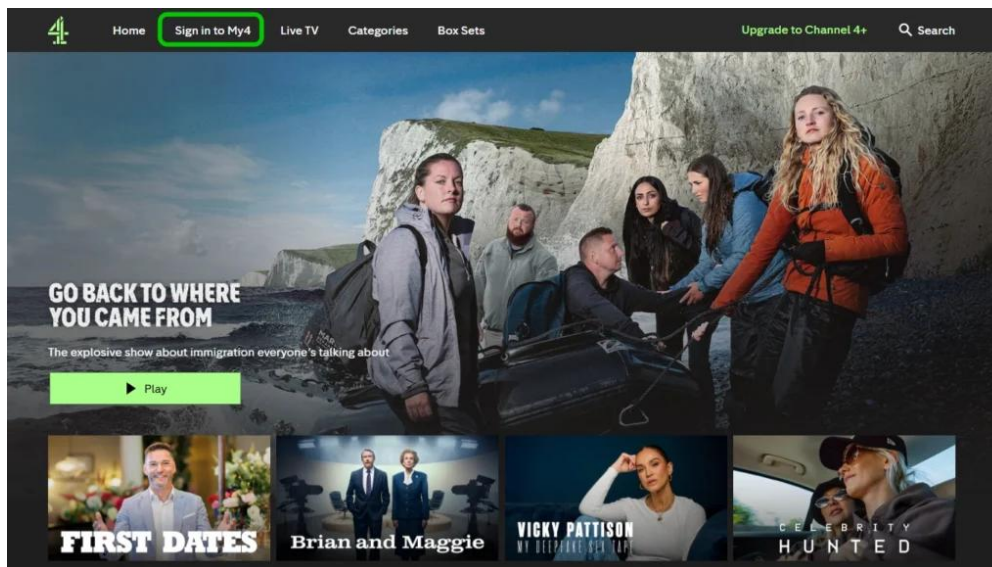
Channel 4 Parental Controls Controls & settings guide

Channel 4, formerly All 4, Parental Controls allows you to set a PIN on your account to restrict access to content. You can set a PIN on one or two levels: All rated content (16+ years of age only) or 18 rated content only (18+ years of age only). Age ratings are set by the BBFC.

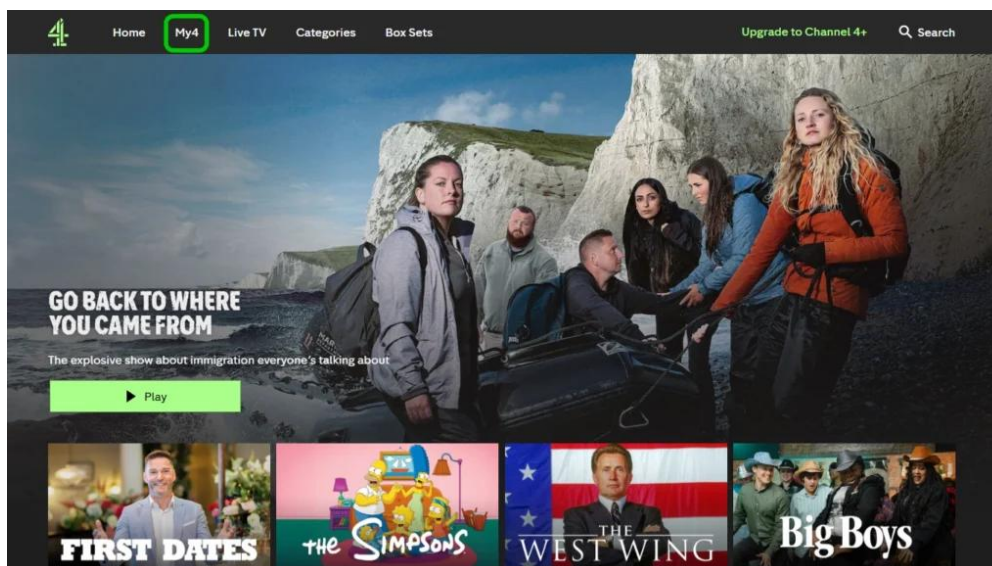
1 Managing parental controls

To set parental controls on your child's Channel 4 account:

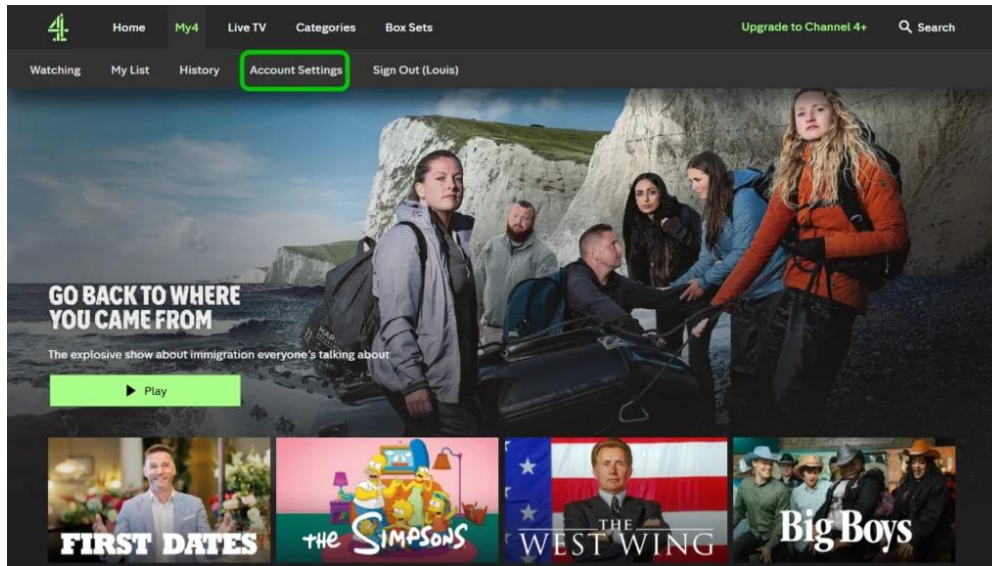
Step 1 – Begin by signing into your account at Channel4.com. To do this, click **Sign in to My4**.



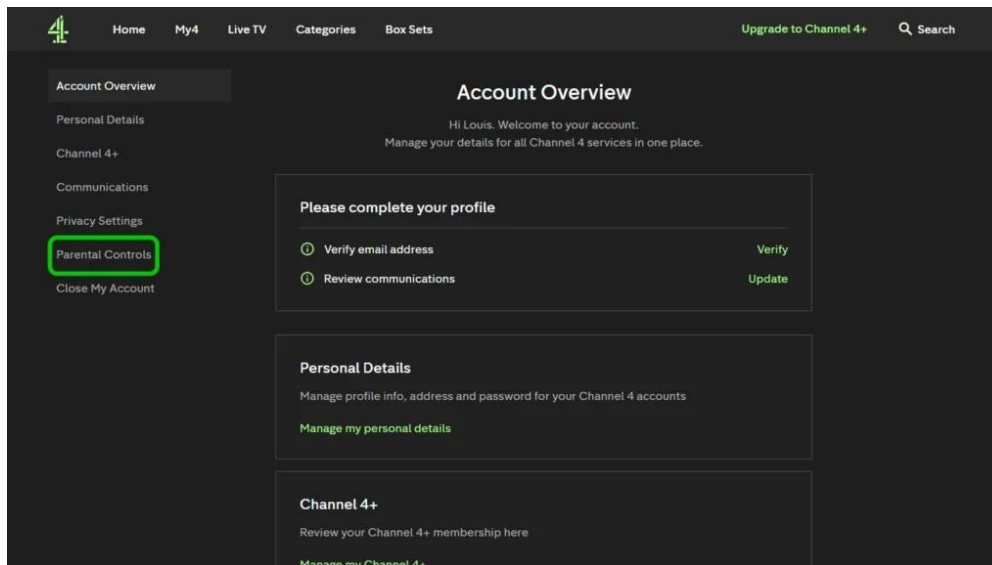
Step 2 – Once signed in, click **My4** at the top of the Channel 4 homepage.



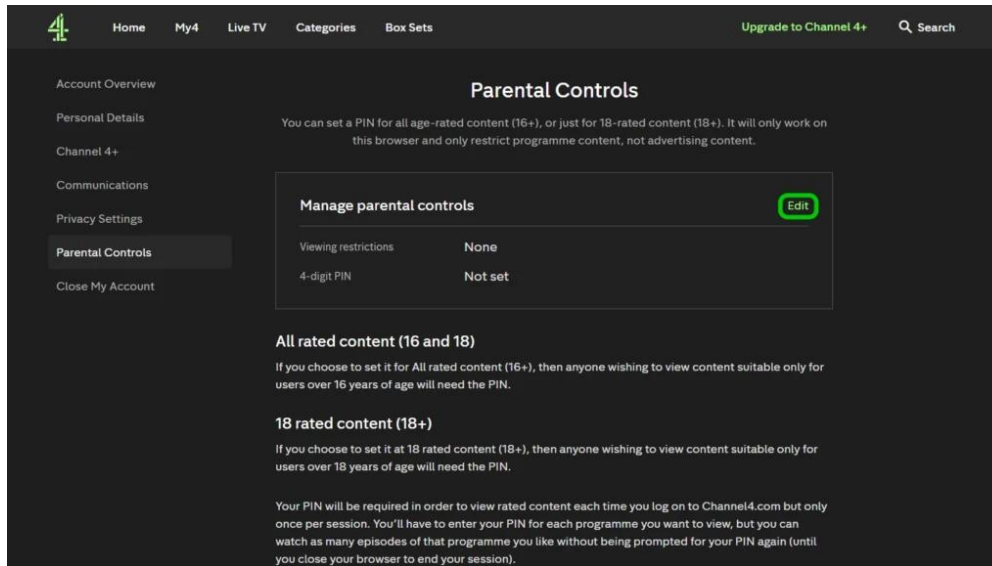
Step 3 – When the sub menu drops down, click **Account Settings**.



Step 4 – Inside Account Overview, click **Parental Controls** from the side menu.



Step 5 – Click the **Edit** button under the **Manage parental controls** header.



Step 6 – From this section you can manage what content your child can watch. There are two options:

All rated content: You will need to enter the PIN if you want to watch content meant for ages **16+**.

18+ rated content: You will need to enter the PIN if you want to watch content meant for ages **18+**.

In the boxes at the bottom, enter the PIN that you will use if you want to watch age-restricted content, then click **Save** to confirm your settings.

